Biology 427 Biomechanics Lecture 15. Basic fluid dynamics: defining properties of fluids.

- Recap hydrostatic structures and adhesion
- •Where we have been and where we are going
- The formal definition of a fluid
- •Viscosity and its determinants: temperature, concentration of dissolved or suspended solutes, even shear stress (non-Newtonian characteristics)
- •Coevolutionary tales: nectar feeding and malaria
- Continuity (conservation of mass)

Categorizing supportive systems

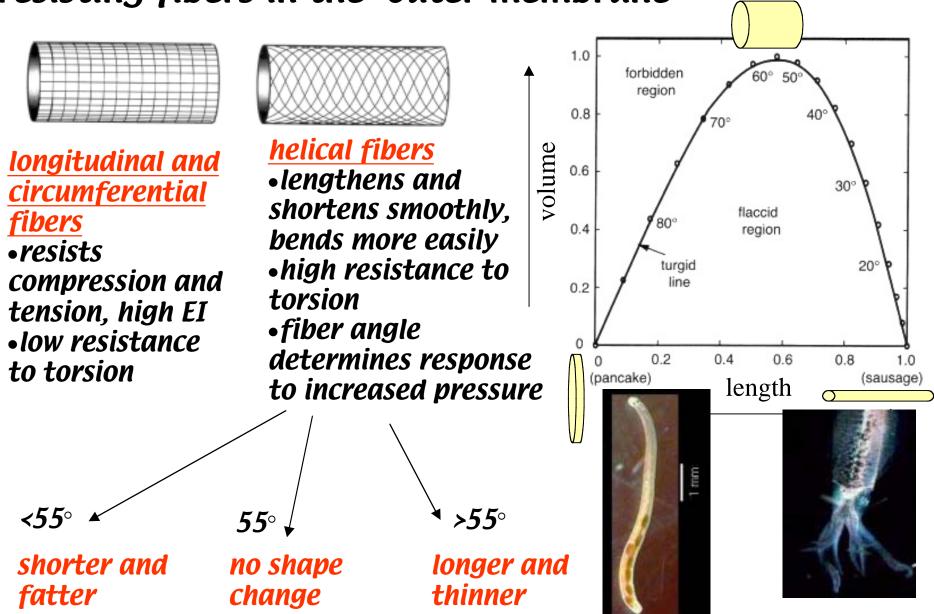
- 1. Tensile systems built to resist tension only (i.e. algal stipes, fruit stems, toepad setae)
- 2. Strutted systems
 - single or branched struts (i.e. tree branches, coral)
 - articulated struts (i.e. vertebrate skeletons, insect exoskeletons)
- 3. Internally pressurized systems
 - hydrostats watery-filled cavities under internal pressure (i.e. worms, plant stems)
 - muscular hydrostats -

contraction of one group of muscles causes extension of another group (i.e. trunks, tentacles and tongues)

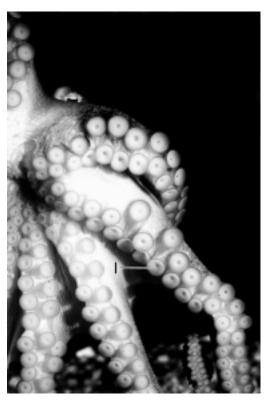




Hydrostat behavior can be controlled by tensionresisting fibers in the outer membrane



Muscular hydrostats rely on the fact that muscles themselves are incompressible



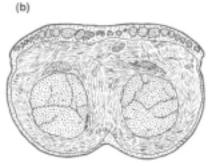


• Contraction of one group causes extension of the other because volume cannot change

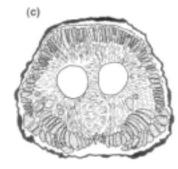


squid tentacle lizard tongue





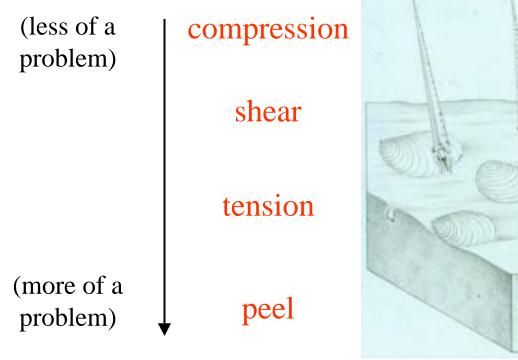
elephant trunk

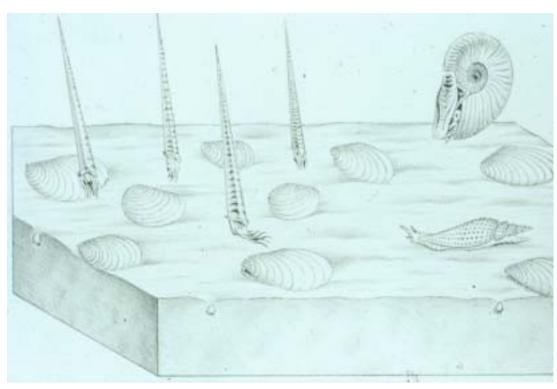


What if you don't want to go anywhere? How can you stay put just where you are?

Attachments may be permanent or temporary, and must resist forces that are often quite large (i.e. gravity, wind and wave currents)

Attachments may fail in:



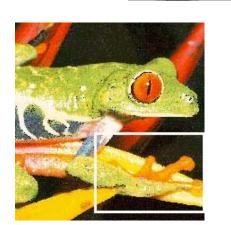


Methods of Adhesion

- Interlocking devices
- Suction
- Extruded goo
- Capillary action
- Intermolecular forces
- electrostatic attraction interaction between charged ions
- polar interactions attraction between molecules
 with a charge separation
 van der Waals forces -
- transient interactions between positive and negative portions of molecules as electrons rotate to opposite sides of orbits











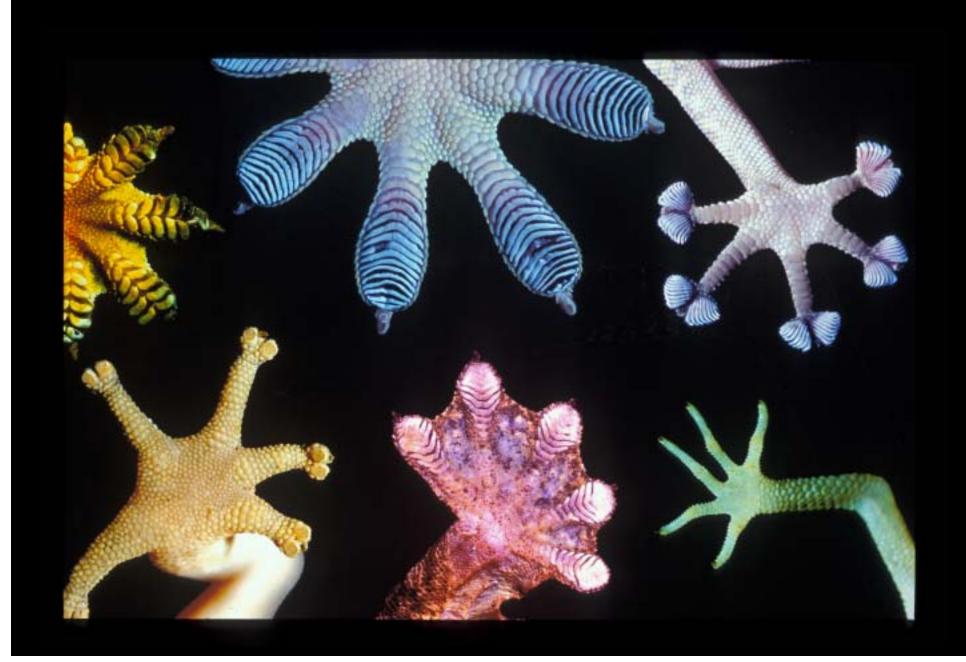


Geckos can run upside down, accelerate on polished glass, and hang from one toe.....

How do gecko feet adhere to surfaces so well?



Huge diversity of gecko feet.....



Gecko Foot Structure



Rows of Sticky Leaves (Lamellae)

Lamellae

Rear of animal



(From Genatro 1975)



How do gecko feet adhere to surfaces so well?

- *Interlocking devices* → no hooks, can stick on perfectly smooth surface
- Suction

- Extruded goo
- Capillary action
- Intermolecular forces
 - electrostatic attraction
 - polar interactions
 - van der Waals forces



How do gecko feet adhere to surfaces so well?

- Interlocking devices → no hooks, can stick on perfectly smooth surface
- **Suction** → dead geckos remain stuck to a wall in a vacuum (no pressure difference for suction to function)
- Extruded goo → no glands in feet, no footprints on surfaces
- *Capillary action* → toes are hydrophobic, stick equally well to hydrophobic and hydrophilic surfaces
- Intermolecular forces
 - electrostatic attraction → works in ionized environment
 - **polar interactions** → toes hydrophobic, works on nonpolar surface
 - van der Waals forces !!!

Gecko Foot Structure



Rows of Sticky Leaves (Lamellae)

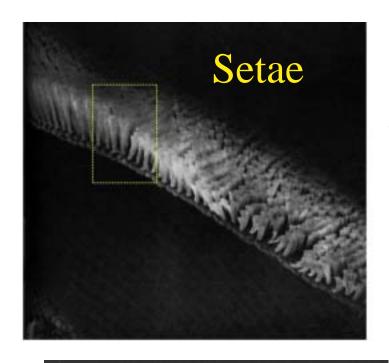
Lamellae

Rear of animal

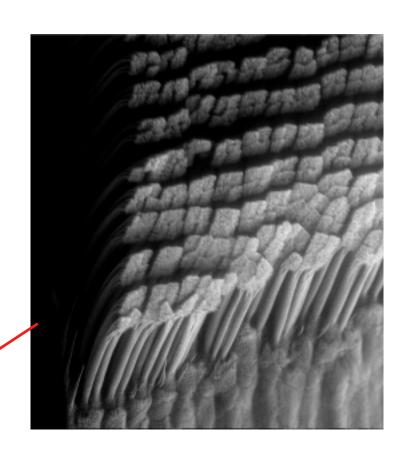


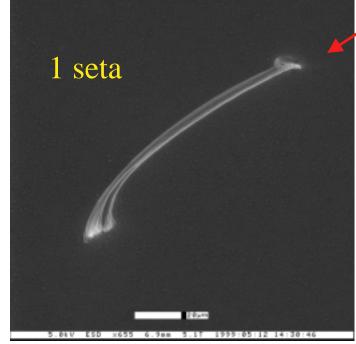
(From Genatro 1975)



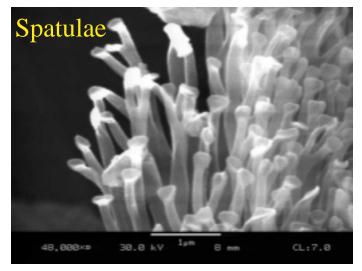


500,000 setae per foot!

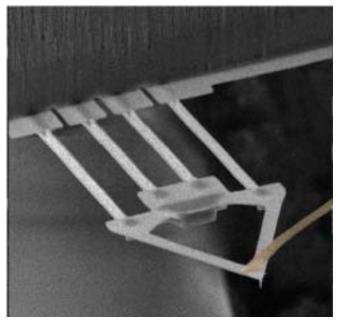




100 - 1000 spatulae per seta!



How much force can one seta withstand?



One seta (~1/10 diameter of a human hair) produces 200 μ N, enough to support the weight of a large ant.

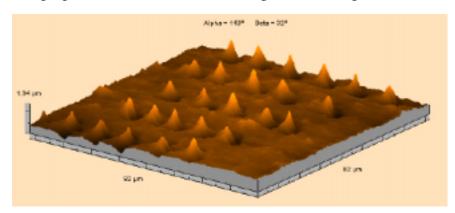


If all setae on a gecko's feet were engaged at once, they could support a 90-pound person!

There is a large, unexplored diversity of setae found in.....

- 850 species of geckos
- other species of lizards (anoles, skinks)
- some insects

Applications of artificial setae....



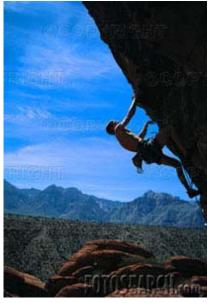
• <u>climbing gecko robots</u> for rescue operations, planetary exploration, etc.

Dry, self-cleaning adhesive:

- •underwater use
- •surgical sutures
- •use in outer space
- moving silicon chips without scratching or residue







Rock climbing for dummies?

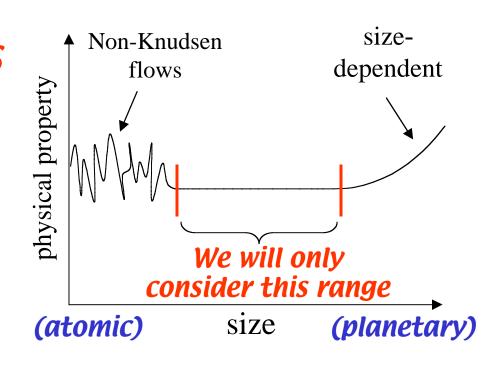
Where we have been....
Solid and structural mechanics: stress and strain distributions, movements of bodies and their parts in response to muscle forces and gravity.

Fluid dynamic issues underlie:

- Internal flows (blood, respiratory flow, liquid food...)
- External flows (swimming, flying, running in air and water)
- Wind and water forces on sessile creatures
- Dispersal
- Transport of nutrients and heat to and from biological surfaces

Definition: A fluid deforms continuously under an applied stress....

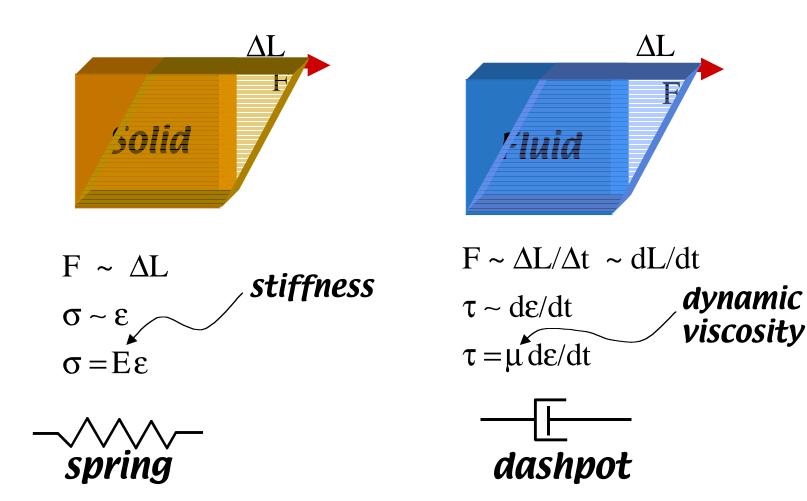
The CONTINUUM HYPOTHESIS will dominate our studies: density, temperature, momentum, energy all vary continuously. We can actually calculate their spatial derivatives if we have to.



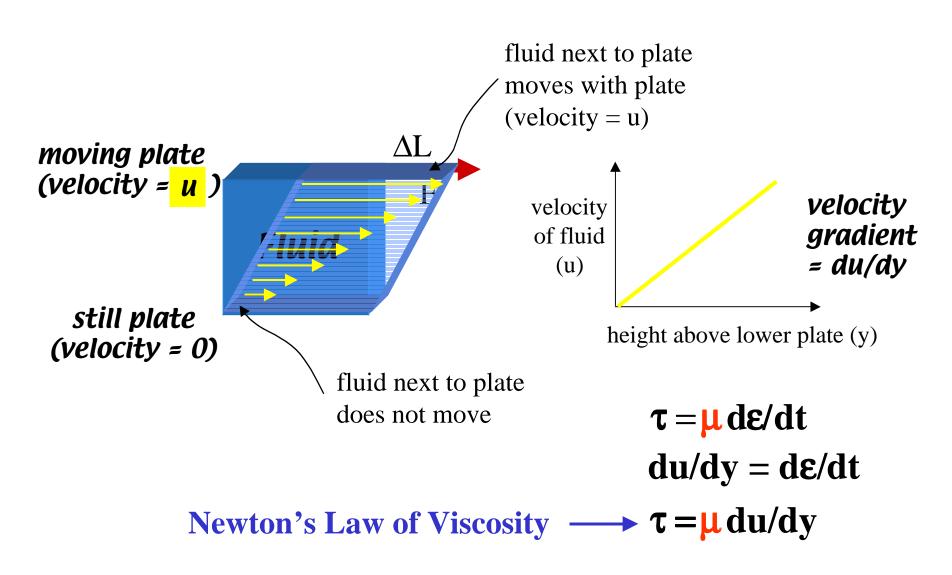
But, when the spatial scale of the problem (L) is of the order of the mean free path of the fluid molecules (λ), we have a problem.

Knudsen number = λ/L . This underlies many subcellular problems and remains rather unresolved

Definition: A fluid deforms continuously under an applied stress....



The no-slip condition: Fluid velocity is zero immediately adjacent to a solid surface (fluid sticks to surface)

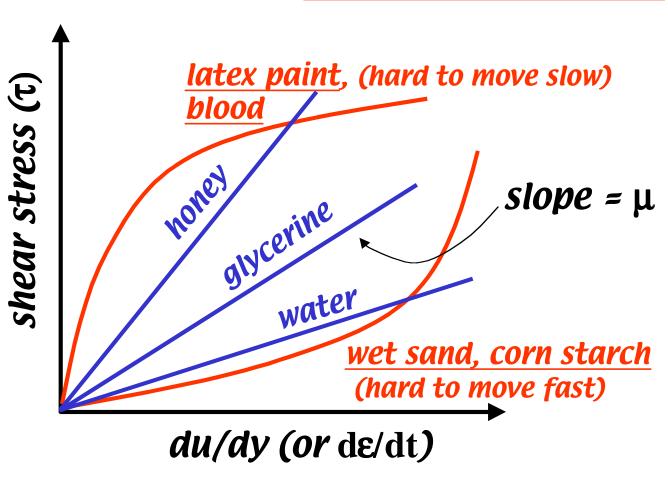


Newtonian fluids......

non-Newtonian fluids

shear stress is directly proportional to strain rate

viscosity is independent of strain rate



dynamic viscosity (µ)
measure of resistance to shear

$$\tau = \mu d\epsilon/dt$$

$$\tau = \mu du/dy$$

Dynamic vs. kinematic viscosity in biologically relevant fluids

<u>dynamic viscosity</u> (µ) measure of resistance to shear

kinematic viscosity $V = \mu/\rho$ ratio of dynamic viscosity to density --> measure of how readily momentum diffuses through fluid

| | dynamic viscosity, µ | density, p | kinematic viscosity, V |
|---------------|-----------------------------|--------------------|--------------------------|
| | (Pa s) | (kg/m^3) | (m^2/s) |
| | | | |
| air | 18.1×10^{-6} | 1.20 | 15.00 x 10 ⁻⁶ |
| water | 1.00×10^{-3} | 1.00×10^3 | 1.00×10^{-6} |
| seawate | $r = 1.07 \times 10^{-3}$ | 1.02×10^3 | 1.05×10^{-6} |
| * all at 20 ° | C | | |

Determinants of dynamic viscosity (µ):

Temperature ... there is a huge latitudinal gradient in ocean water temperatures

```
6 - 26° C along the west coast
```

2 - 32 ° C along the east coast

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viscosity of water at 0 = 0.0018 kg/m s \frac{1}{2} almost \frac{1}{2} at \frac{20}{40} = 0.001 kg/ms \frac{1}{2} viscosity with \frac{20}{2} at \frac{40}{2} = 0.0006 kg/m s \frac{1}{2} rise in temperature
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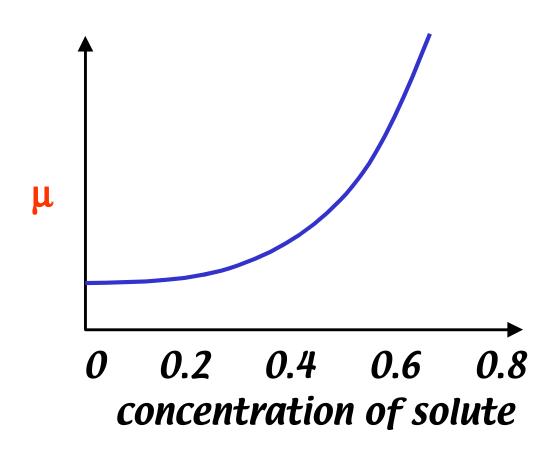
```
viscosity of air at 0 = 0.0017 g/ m s
at 20 = 0.0018 g/ms
at 40 = 0.0019 g/m s
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^{*} viscosity declines with temperature in fluids (heat disrupts order of fluids and allows flow)

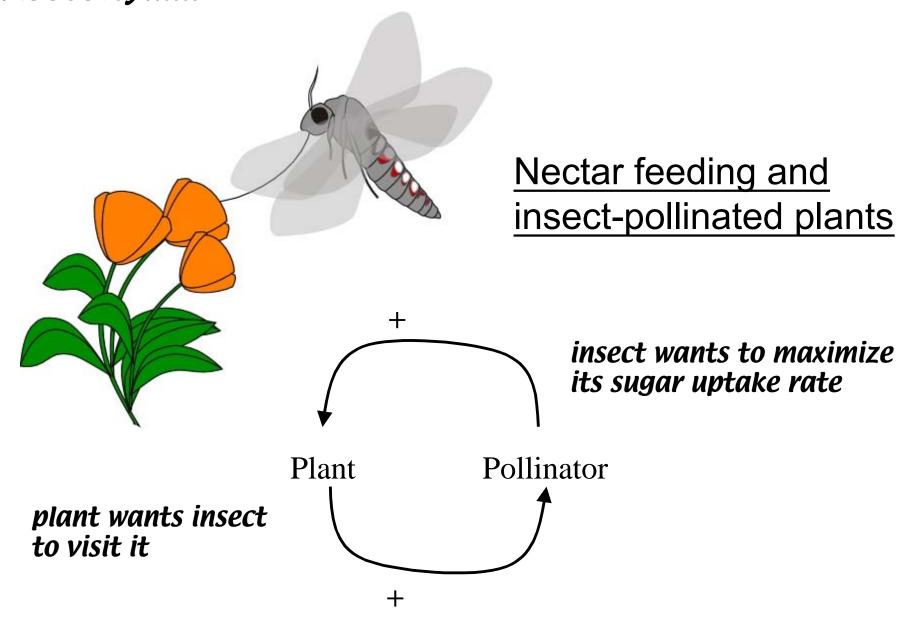
^{*} viscosity increases with temperature in gases (heat increases molecular collisions)

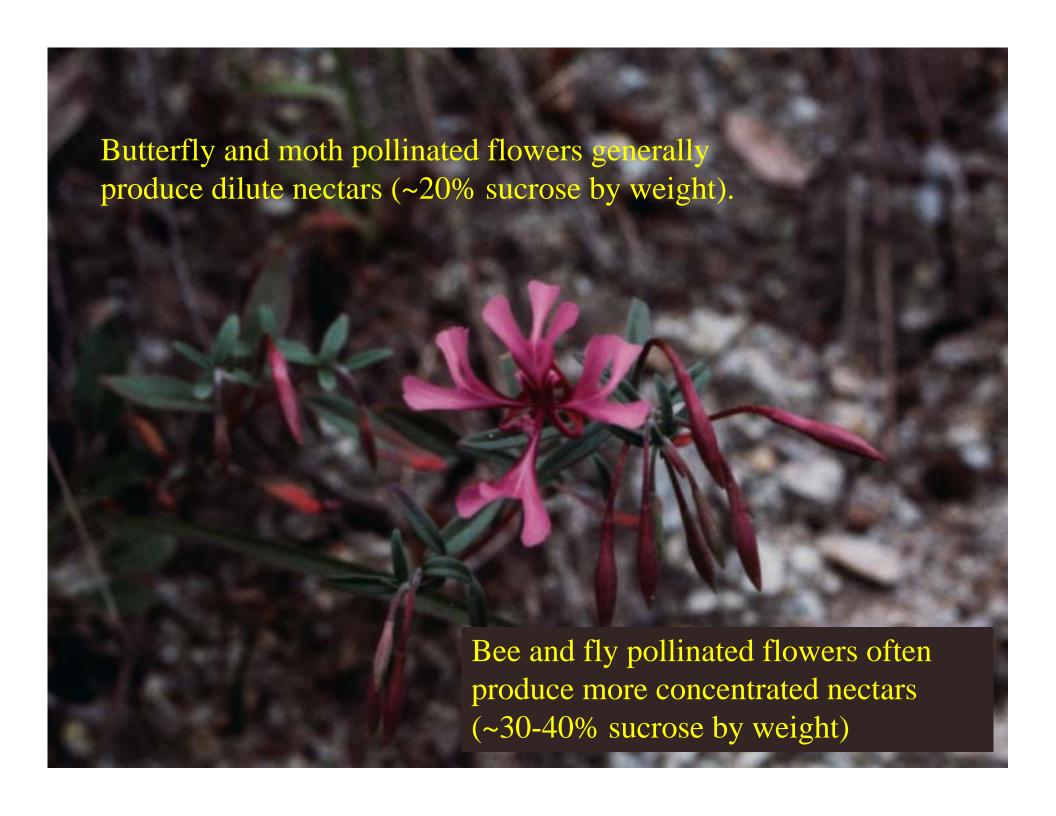
Determinants of dynamic viscosity (µ):

Concentration of dissolved or suspended solutes ... Viscosity increases exponentially with concentration



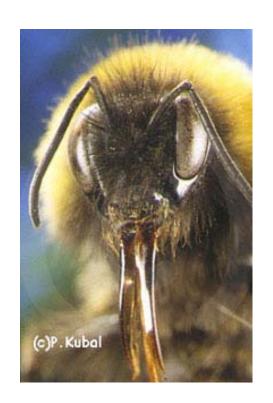
Coevolutionary tales of solute concentration and viscosity.....



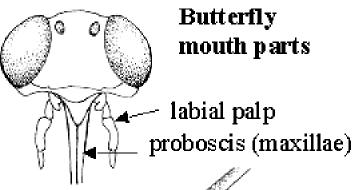


House fly sponging mouth proboscis (labium) labrum maxillary palp labella

Honeybee modified hairy tongue to lap up nectar

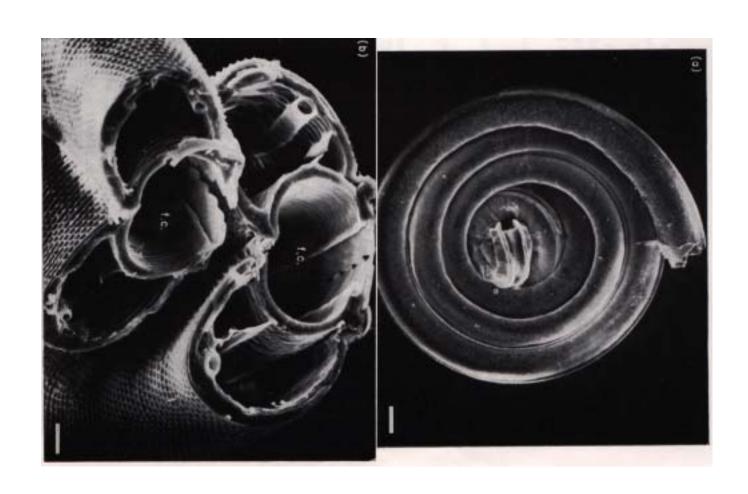




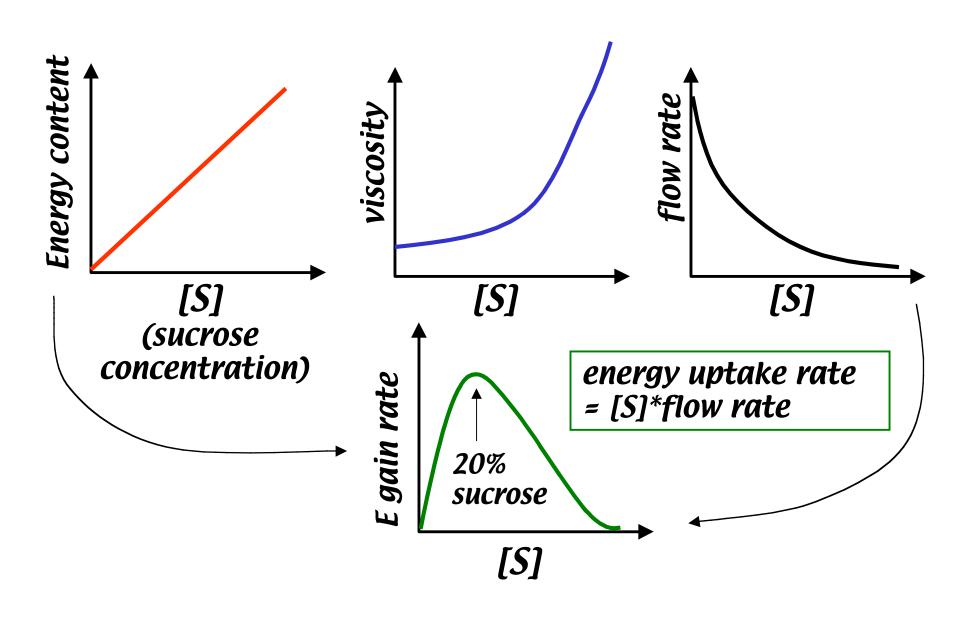


cross-section of the proboscis

Butterfly proboscis unwinds and inflates to suck up nectar



Why are nectars in moth and butterfly-pollinated flowers dilute?

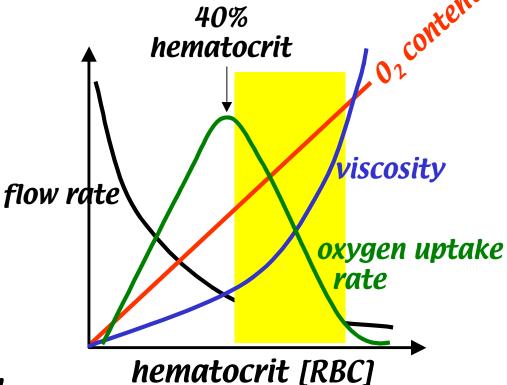


Blood is also a viscous fluid with suspended red blood cells

If red blood cells carry oxygen and more oxygen is good, why do we only have ~40% hematocrit (RBC concentration)?



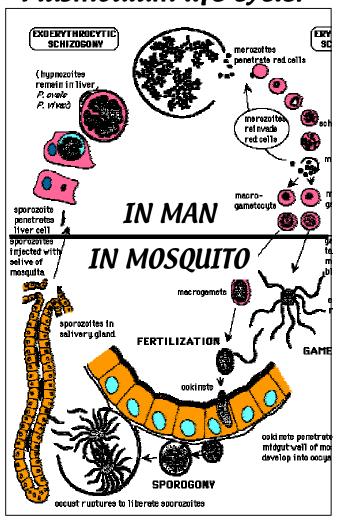
Blood doping - athletes stockpile their own RBCs and re-infuse into bloodstream before a competition



* increasing hematocrit over 40% leads to a dramatic increase in blood viscosity!

Coevolutionary tales of solute concentration and viscosity..... Mosquitoes and Plasmodium parasite

Plasmodium life cycle:

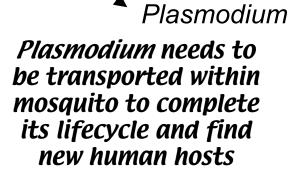


Plasmodium parasite (protozoan) causes malaria in humans, and is transmitted by mosquito vector

Human

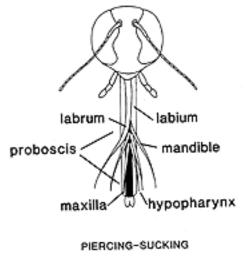
mosquito wants to maximize protein uptake rate from blood

Mosquito



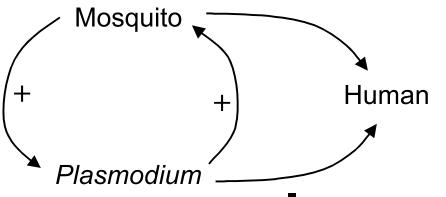
Coevolutionary tales of solute concentration and viscosity..... Mosquitoes and *Plasmodium* parasite

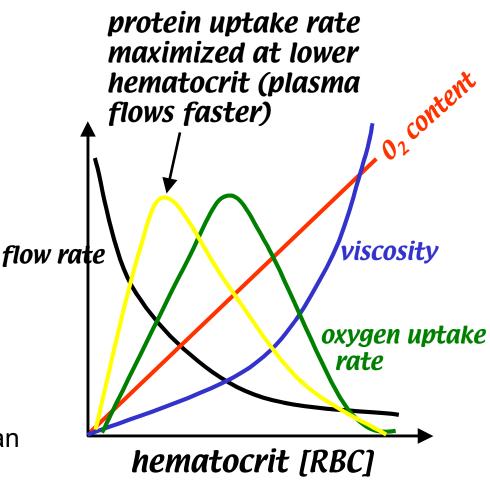
Malaria lowers hematocrit [RBC] in humans



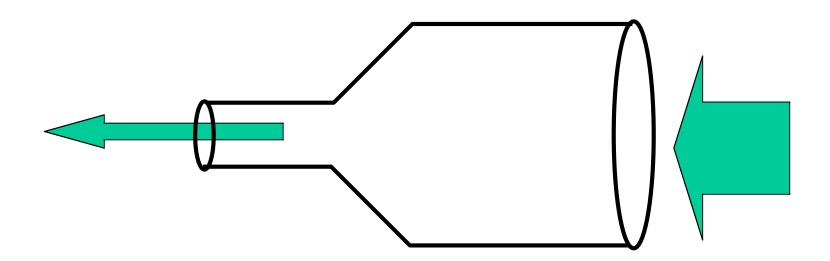
Mosquito

Mosquitoes have piercingsucking mouthparts





Continuity: what goes in must come out (mass may not appear or disapear)



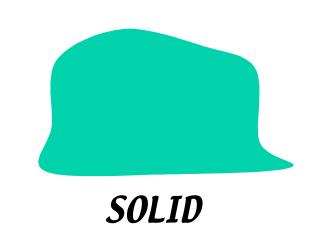
Volume_{out}/time u_{out} A_{out} Volume_{in}/time u_{in} A_{in} $(m/s * m^2)$

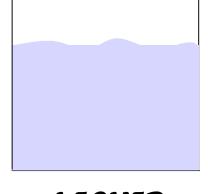
 $\sum u_{in} A_{in} = \sum u_{out} A_{out}$

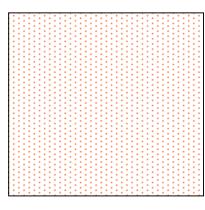
Biology 427 Biomechanics Lecture 16. Bernoulli's principle and applications

- Properties of gases vs. liquids, pressure, and buoyancy
- •Recap definition of a fluid and Newton's law of viscosity.
- Conservation of mass and continuity
- •Conservation of energy and Bernoulli's principle
- Conservation of momentum

States of matter







LIQUID

GAS

resists compression, tension, and shear

has size and shape

resists compression and tension (cohesion of water allows root to tip flow in plants)

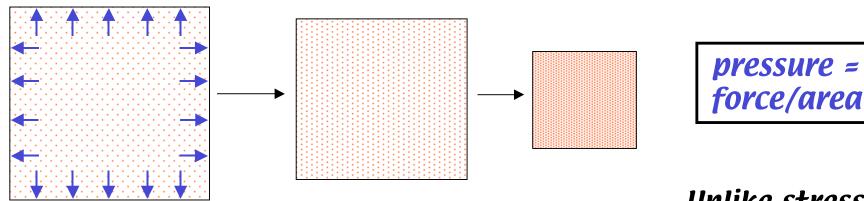
has size but no shape

resists compression (can be done, but takes work) > gases rarely compress much in biological systems

> has no size or shape

How do liquids and gases behave differently in biological systems?

✓ Gases can be compressed



chamber filled with gas molecules

lower volume =
higher pressure

•pressure and volume inversely proportional in gases

Ideal Gas Law

Unlike stress, pressure acts in all directions, perpendicular to surfaces

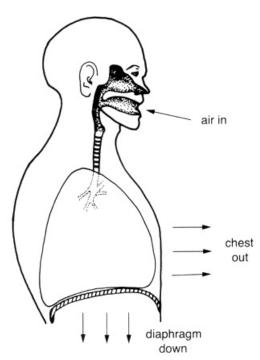
assume constant if no change in temperature

Fluids want to move from areas of high pressure to areas of low pressure

Breathing

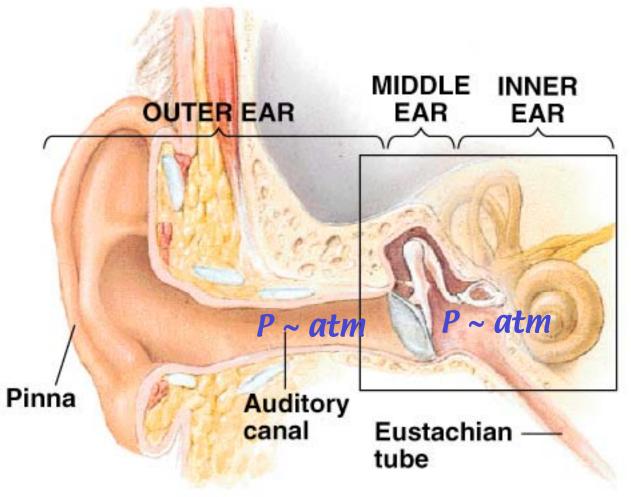
diaphragm drops and chest expands

volume of lungs ≠, pressure



Air outside (P = 101,000 Pa) wants to flow into lower pressure lungs (P = 90,000 Pa)

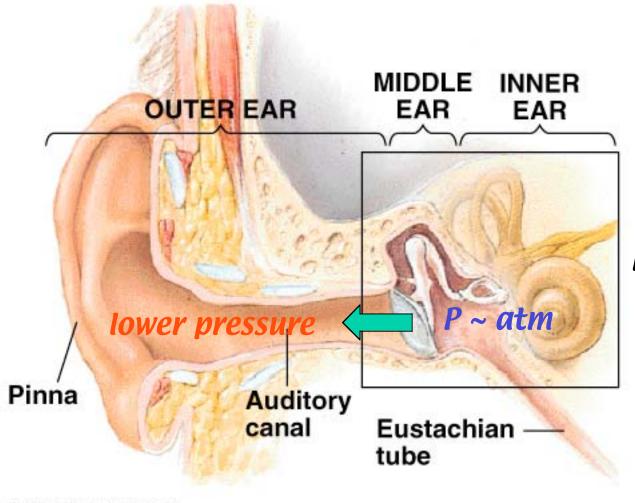
P 1/V



Eustachian tube is a (relatively) sealed air cavity inside the ear

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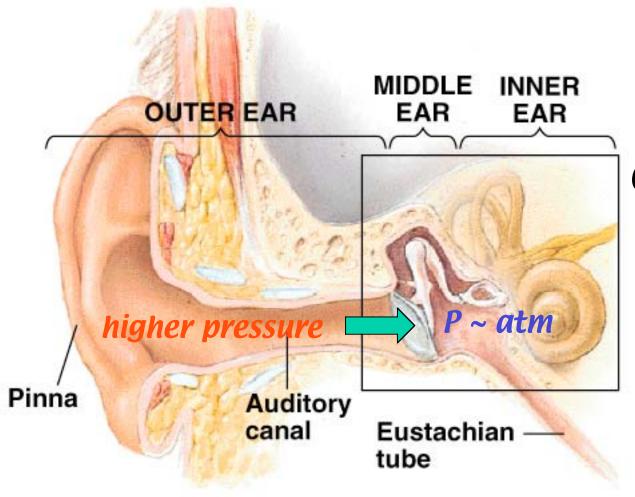
At sea level, both the outside air and the Eustachian tube are at ~ atmospheric pressure



Lower pressure at higher altitudes - eardrums are pulled (pushed) out

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P 1/V

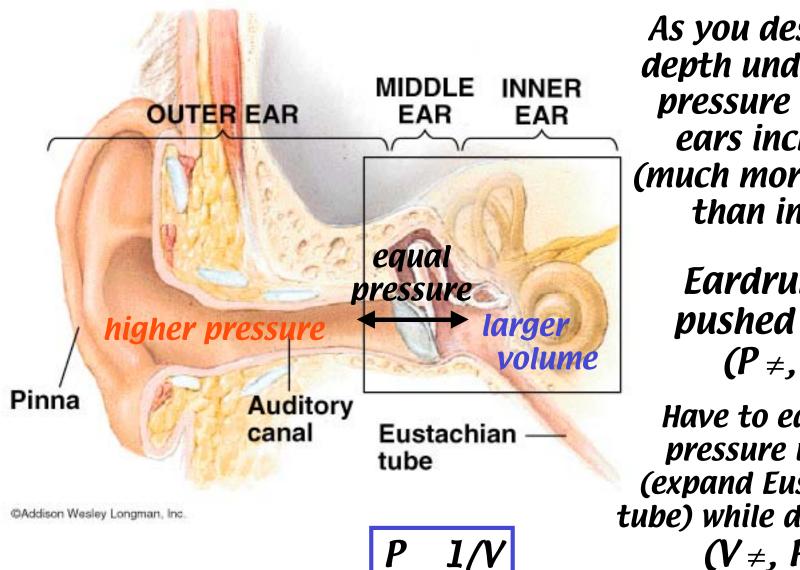


As you descend in depth underwater, pressure outside ears increases (much more quickly than in air!)

Eardrums are pushed inward $(P \neq V)$

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P 1/V

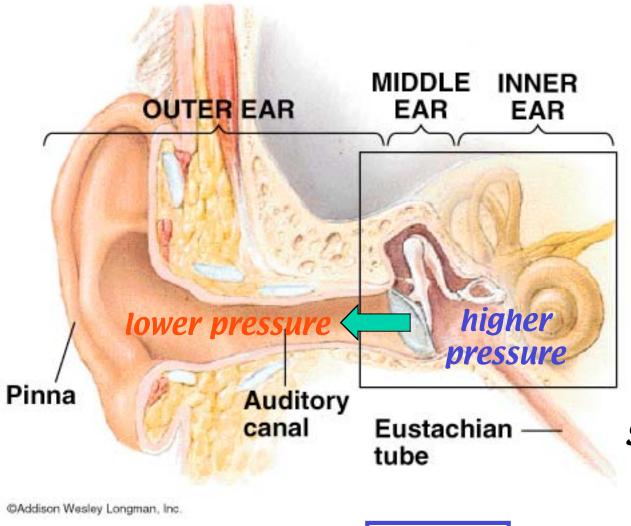


As you descend in depth underwater, pressure outside ears increases (much more quickly than in air!)

> Eardrums are pushed inward $(P \neq V)$

Have to equalize pressure in ears (expand Eustachian tube) while descending

$$(V \neq P)$$



As you ascend, pressure outside decreases

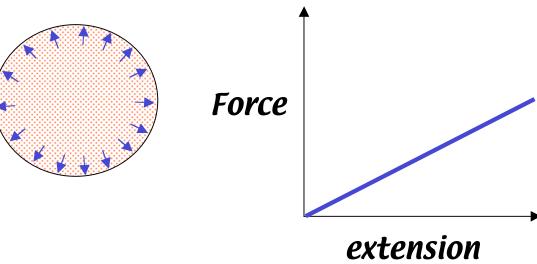
Eardrums are pushed outward

Must ascend slowly to allow air to escape from Eustachian tube

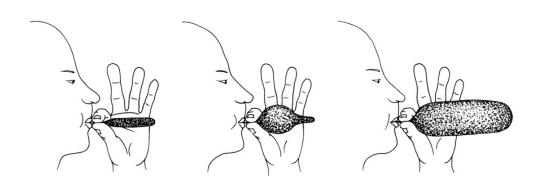
P 1/V

Pressure and tension in flexible walls

LaPlace's Law
T = Pr
tension in wall =
pressure difference*
radius of curvature



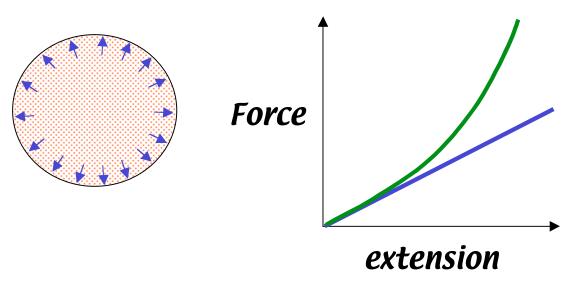
•This means that for a given pressure difference, a flexible membrane will extend more where the radius is bigger (i.e. where it has already expanded!)



Balloons extend in one part to the point of almost bursting, then expansion extends lengthwise

Pressure and tension in flexible walls

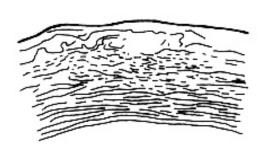
LaPlace's Law
T = Pr
tension in wall =
pressure difference*
radius of curvature



Why don't our arteries expand in a local spot until they burst (aneurysm)?

Arteries have kinked collagen fibers that initially unwind under tension, then become much stiffer to applied force





stretched

How do liquids and gases behave differently in biological systems?

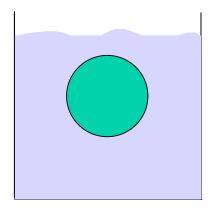
✓ Buoyancy is generally only a consideration in liquids

If less dense than displaced fluid, object feels upward force (positively buoyant)

If more dense than displaced fluid, object feels downward force (negatively buoyant)

If more same density as displaced fluid, object feels no net force (neutrally buoyant)

A submerged object displaces a volume of fluid



 $F = mg = (-_{o})Vg$ where $_{o} =$ density of medium and = density of object

Most biological materials are denser than fresh water

water = 1000 kg/m³ seawater = 1000 kg/m³ fat = 940 kg/m³, but bone = 1700 kg/m³ - 2500 kg/m³ How do aquatic creatures stay afloat?



Carry large reservoirs of fats and oils

Avoid dense materials

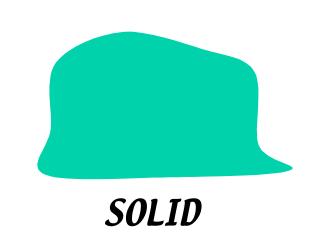


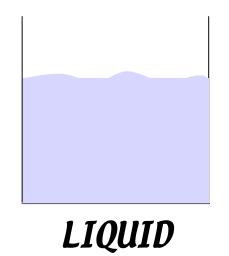
Carry air-filled chambers

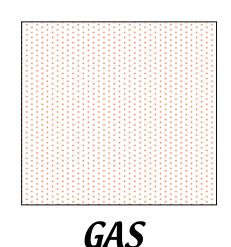
If incompressible chamber (i.e. chambered nautilus, cuttlefish), don't need to worry about compression at depth

With flexible chambers such as swim bladders, need to infuse and release air as change depth

States of matter







resists compression, tension, and shear

has size and shape

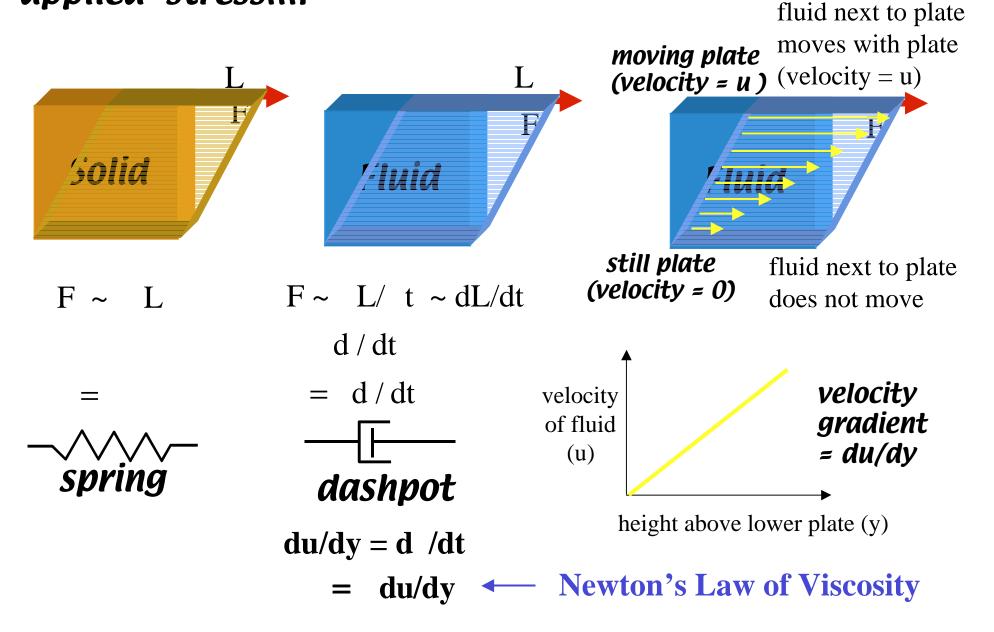
resists compression and tension (cohesion in plants)

has size but no shape

resists compression
(can be done, but
takes work)
> gases rarely
compress much in
biological systems
> has no size or shape

Despite differences, liquids and gases share many common behaviors - we will lump them as "fluids"

Definition: A fluid deforms continuously under an applied stress....



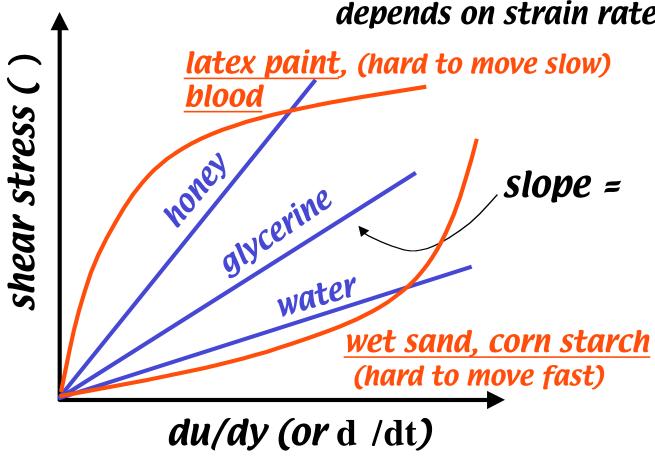
Newtonian fluids.....

non-Newtonian fluids

depends on strain rate!

shear stress is directly proportional to strain rate

viscosity is independent of strain rate



dynamic viscosity () measure of resistance to shear

$$= d / dt$$

$$= du/dy$$

Dynamic vs. kinematic viscosity in biologically relevant fluids

<u>dynamic viscosity</u> () measure of resistance to shear

kinematic viscosity = /
ratio of dynamic viscosity to density
--> measure of how readily momentum diffuses through fluid

| dynamic viscosity, | | density, | kinematic viscosity, |
|--------------------|-----------------------|--------------------|------------------------|
| (Pa s) | | (kg/m^3) | (m^2/s) |
| | | | |
| air | 18.1×10^{-6} | 1.20 | 15.00×10^{-6} |
| water | 1.00×10^{-3} | 1.00×10^3 | 1.00×10^{-6} |
| seawater | 1.07×10^{-3} | 1.02×10^3 | 1.05×10^{-6} |
| * all at 20 ∞C | | | |

Determinants of dynamic viscosity ():

Temperature ... there is a huge latitudinal gradient in ocean water temperatures

6 - 26∞C along the west coast

2 - 32 ∞C along the east coast

viscosity of water

 $at 0 = 0.0018 \, kg/m \, s$

 $at 20 = 0.001 \, kg/ms$

at 40 = 0.0006 kg/m s

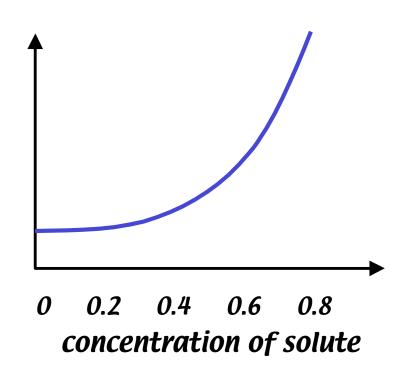
viscosity of air

at 0 = 0.0017 g/m s

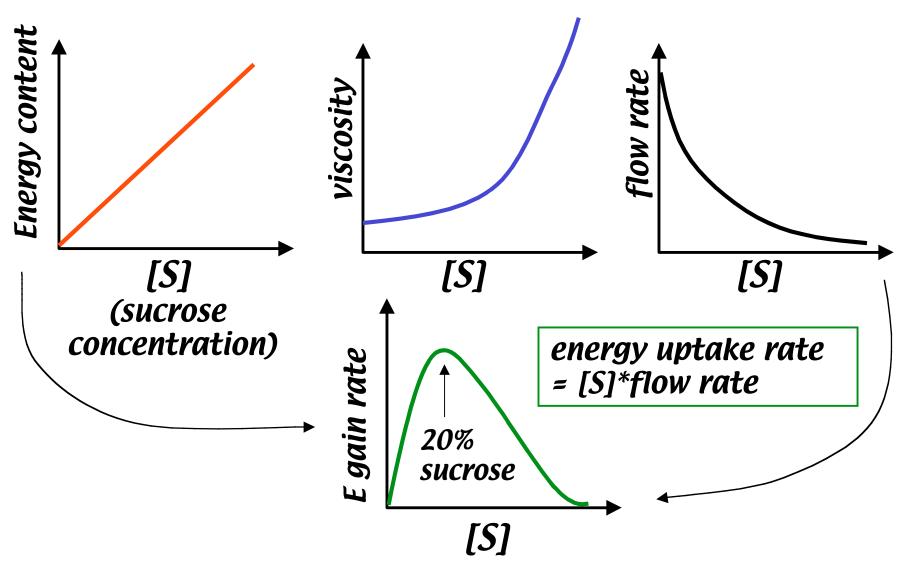
at 20 = 0.0018 g/ms

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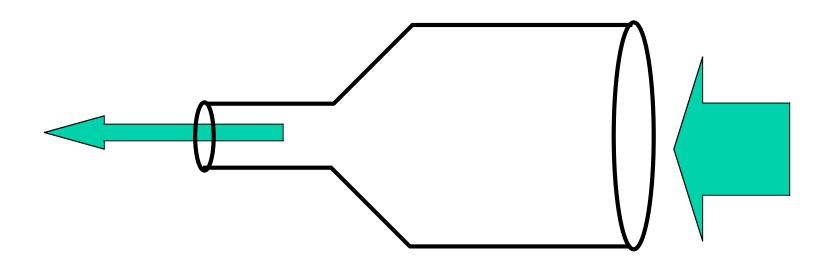
<u>Concentration of dissolved or</u> <u>suspended solutes</u> ... Viscosity increases exponentially with concentration



Nectars in moth and butterfly-pollinated flowers are produced at concentrations that maximize pollinators' energy uptake rate

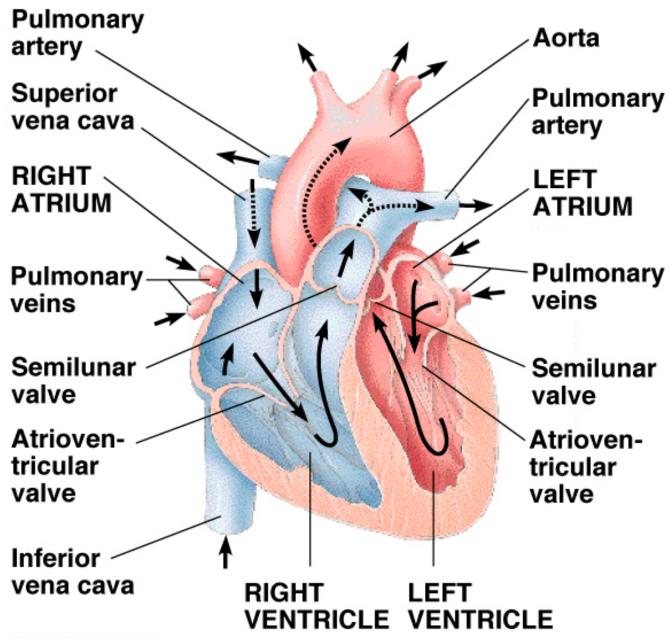


Continuity (Conservation of mass) What goes in must come out (mass may not appear or disapear)



Volume_{out}/time u_{out} A_{out} Volume_{in}/time u_{in} A_{in}

 $u_{in} A_{in} = u_{out} A_{out}$



@Addison Wesley Longman, Inc.

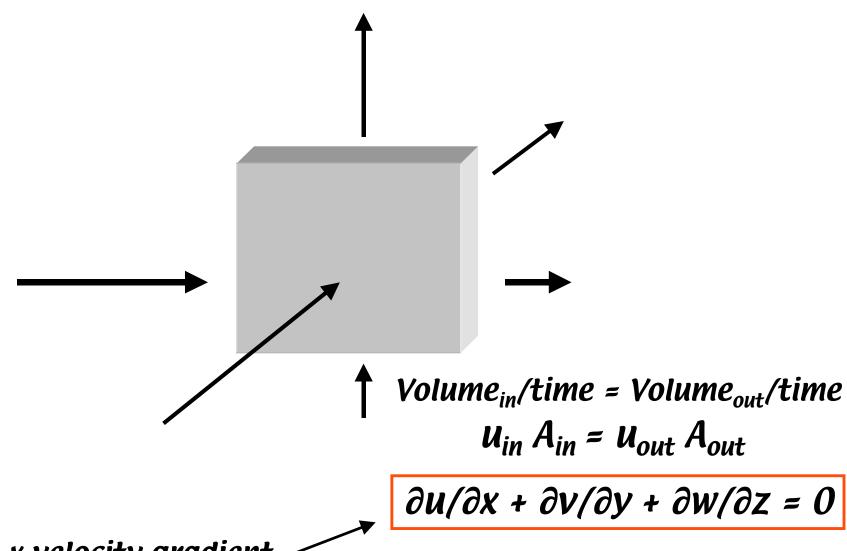
How many capillaries (N)?

Aorta Area 1 cm²
Aorta velocity 10 cm/s

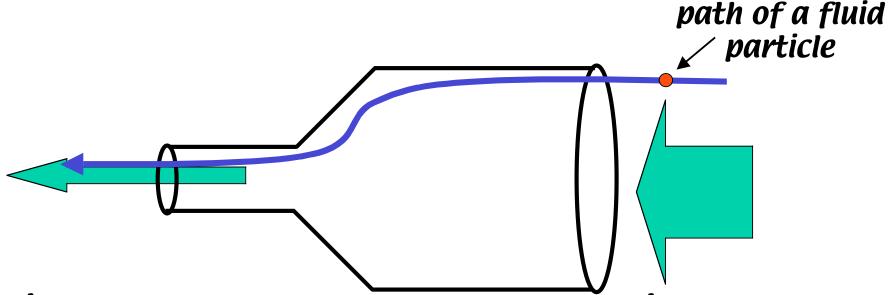
Capillary velocity = 0.1 cm/s
Each capillary has 5 m diameter

 $u_{in} A_{in} = u_{out} A_{out}$ $u_{aorta} A_{aorta} = N u_{cap} A_{cap}$ $N = u_{aorta} A_{aorta} / (u_{cap} A_{cap})$

Continuity applies at every point in space!



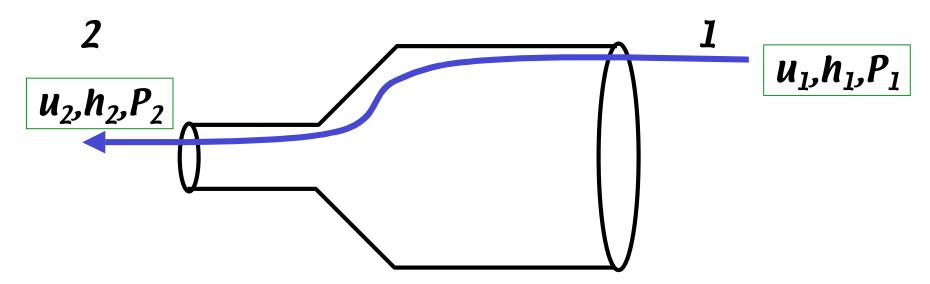
x velocity gradient (change in velocity in x direction) (x velocity_{in}/x velocity_{out})



Like mass, energy cannot appear or disappear unaccountably -- it is conserved. We will follow this along a streamline.

3 assumptions:

- ► flow is steady (no change in velocity at a fixed point in space i.e. no pulsing)
- ► fluid is incompressible (= constant)
- ► flow is "inviscid" (= 0) \Rightarrow ignoring viscosity and noslip condition!



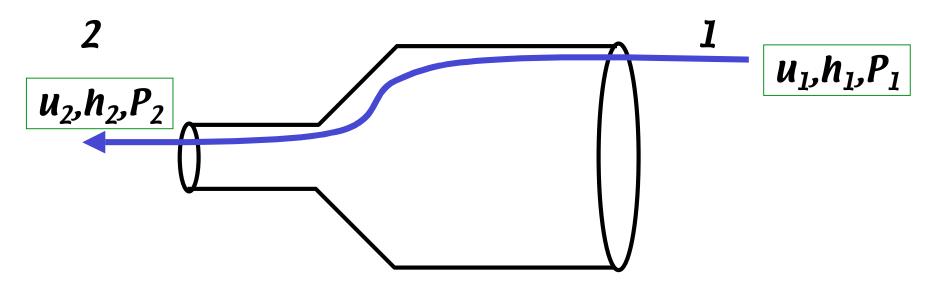
Along a stream line we consider three forms of energy

```
Potential energy (PE = m g h)

Kinetic energy (KE = m u^2/2)

Mechanical work (W = F d = [P Area] d = P V = P m/)

Along a streamline PE + KE + W = constant
```



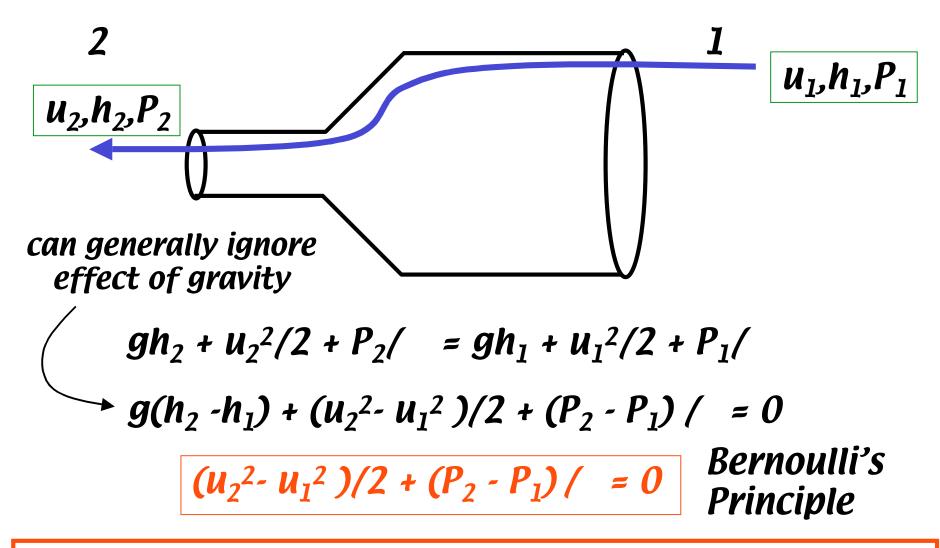
Along a stream line we consider three forms of energy per unit mass of fluid

```
Potential energy (PE = g h)

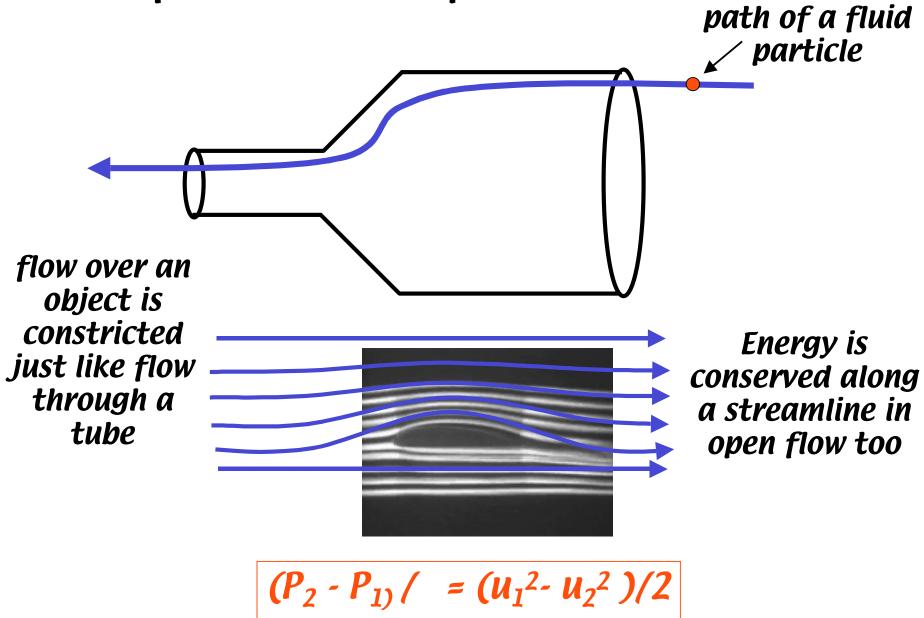
Kinetic energy (KE = u^2/2)

Mechanical work (W = F d/m = [P Area] d/m = P V/m = P / )
```

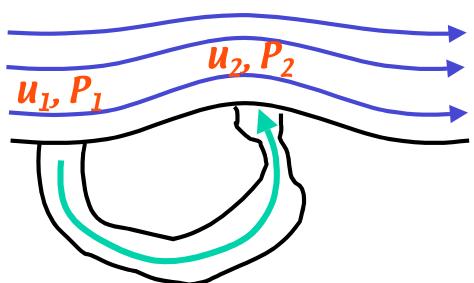
Along a streamline $gh + u^2/2 + P/ = constant$



Along a streamline $gh + u^2/2 + P/ = constant$



Prairie dogs live in two-sided burrows up to 15 m and 3 m under the ground



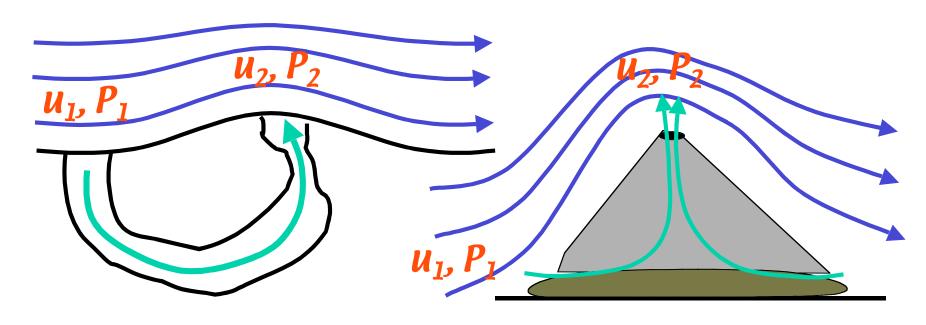
$$u_2 > u_1$$
, so $P_2 < P_1$

1 mile/hr wind can ventilate burrow completely every 10 minutes!



Based on this size, prairie dogs should asphyxiate in their burrows if they just rely on oxygen diffusion --> they need some mechanism of ventilation

$$(P_2 - P_{1)} / = (u_1^2 - u_2^2)/2$$



sponges, termite mounds, teepees.....

keyhole limpet

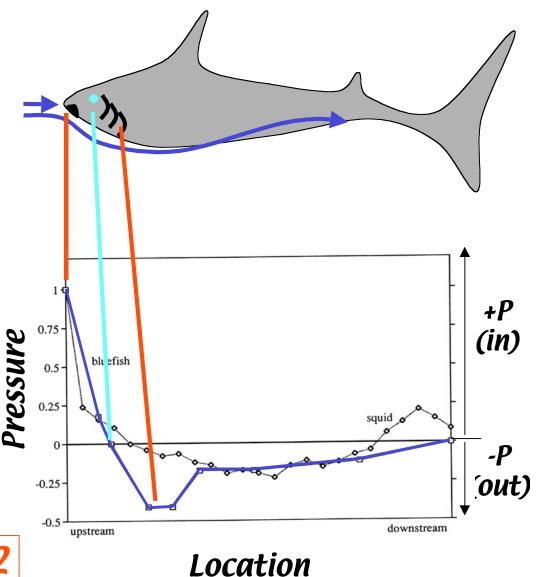
$$(P_2 - P_{1}) / = (u_1^2 - u_2^2)/2$$



Ram ventilation (sharks, tuna, mackerel)

- ►ventilate gills by pressure difference
- ► must swim constantly to breathe!

$$(P_2 - P_{1)} / = (u_1^2 - u_2^2)/2$$

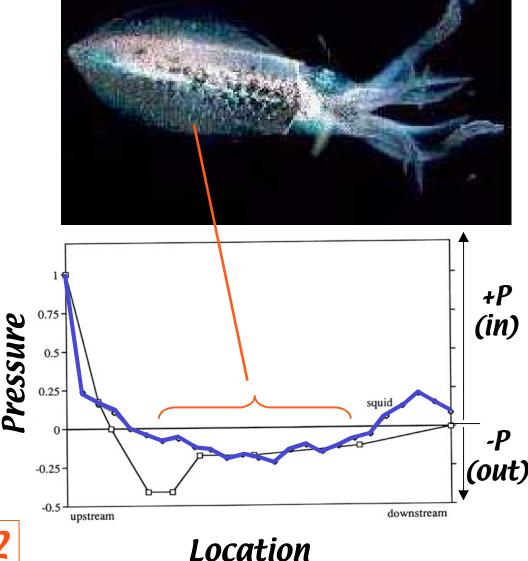


► Negative pressure on squid mantle helps mantle expand and refill passively

Ram ventilation (sharks, tuna, mackerel)

- ►ventilate gills by pressure difference
- ► must swim constantly to breathe!

$$(P_2 - P_{1}) / = (u_1^2 - u_2^2)/2$$



✓ Mass

✓ Energy

Conserved quantities: ► Momentum is also conserved

Momentum = mu ← velocity has

Momentum = ISu

magnitude and direction

Conservation of mass: $V_{out}/time = V_{in}/time$ $A_{out}u_{out} = A_{in}u_{in}$



Water nozzle reduces A_{out}, so u_{out} increases

But mass (volume) out is same as mass in, so there must be some velocity backwards to balance velocity out of nozzle

► hose kicks back to conserve momentum

✓ Mass

✓ Energy

Conserved quantities: ► Momentum is also conserved

Momentum = mu ← velocity has

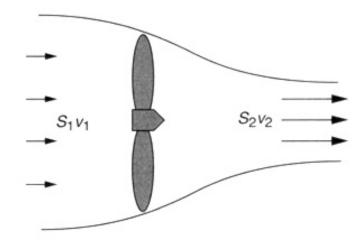
Momentum = ISu

magnitude and direction

Conservation of mass: $V_{out}/time = V_{in}/time$

 $A_{out}u_{out} = A_{in}u_{in}$

Fan or propeller reduces area and increases velocity of airstream



 $mass_{out} = mass_{in}$, so backward velocity must balance forward velocity to conserve momentum



▶ backwards momentum from propeller moves boat forward

How does momentum change relate to motion through fluids?



$$F = ma = m(u/t) = (mu)/t = change in momentum$$

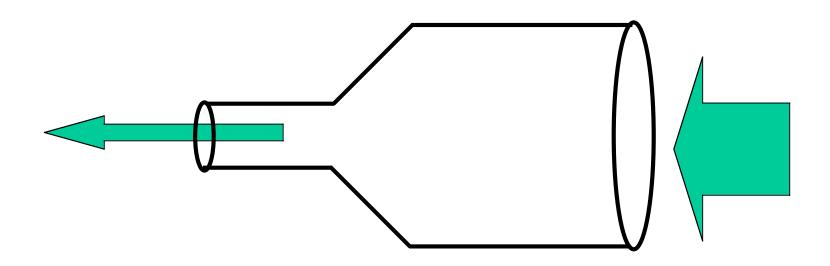
 $F = (Slu)/t = Sv^2$

fish swims forward by imparting rearward momentum to the water (muscle forces produce change in momentum of water)

Biology 427 Biomechanics Lecture 17. Drag and the Reynolds number.

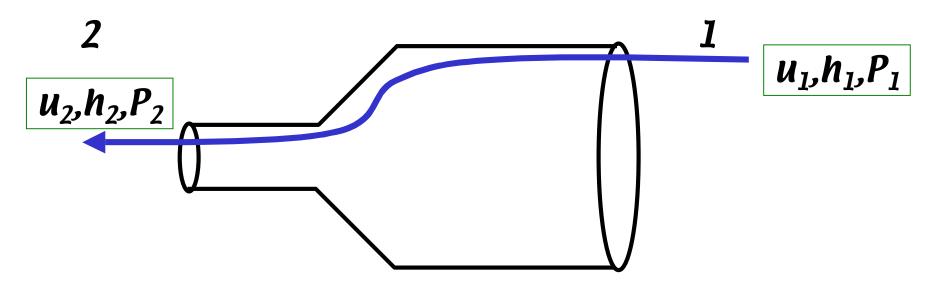
- Recap conservation of mass and energy
- Conservation of momentum
- D'Alembert's Paradox and the missing energy
- •The Reynolds number measures the relative importance of viscous and inertial stresses
- •A wake is a separate issue
- •Reynolds number and the function of hairy little appendages

Continuity (Conservation of mass) What goes in must come out (mass may not appear or disapear)



Volume_{out}/time u_{out} A_{out} Volume_{in}/time u_{in} A_{in}

 $\sum u_{in} A_{in} = \sum u_{out} A_{out}$



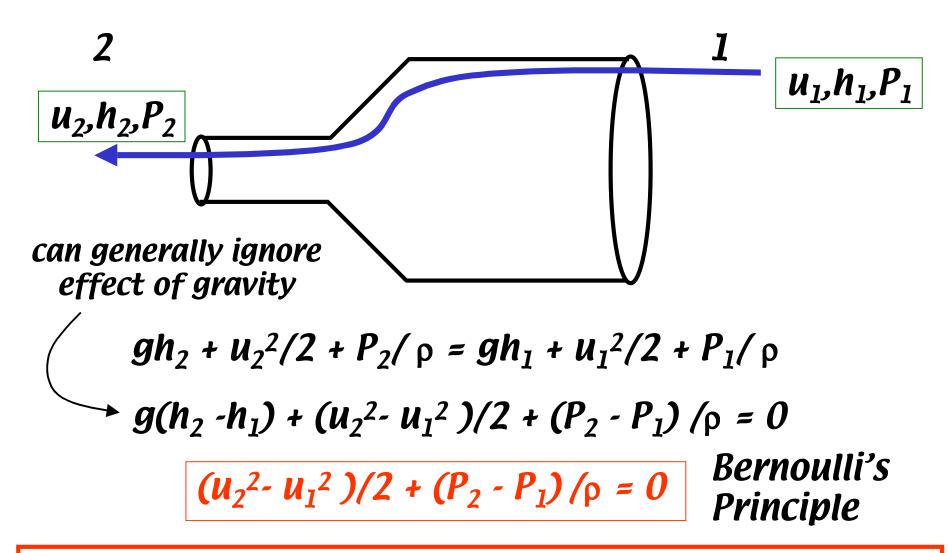
Along a stream line we consider three forms of energy per unit mass of fluid

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Potential energy (PE = g h)

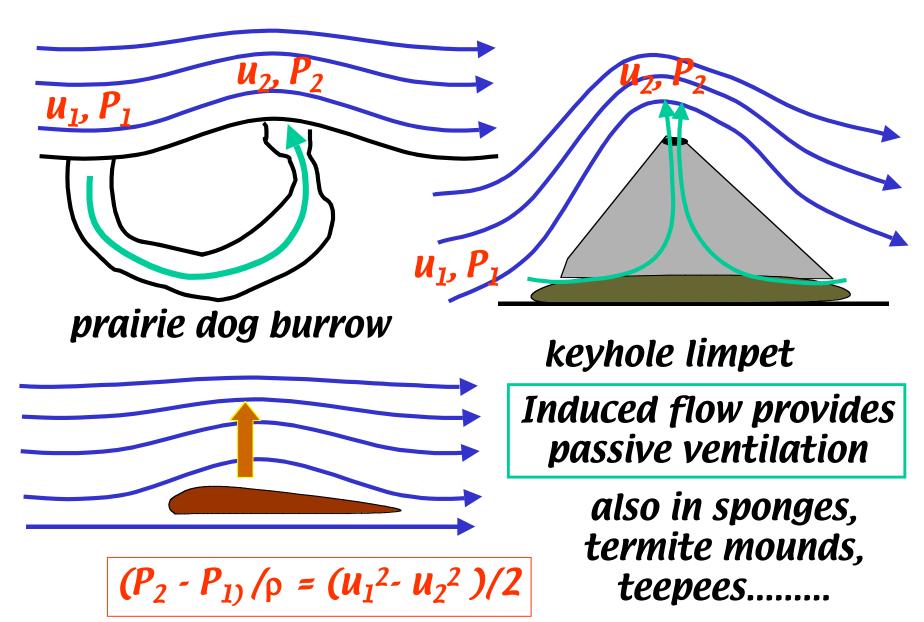
Kinetic energy (KE = u^2/2)

Mechanical work (W = F d/m = [P Area] d/m = P V/m = P / \rho)
```

Along a streamline $gh + u^2/2 + P/\rho = constant$



Along a streamline $gh + u^2/2 + P/\rho = constant$



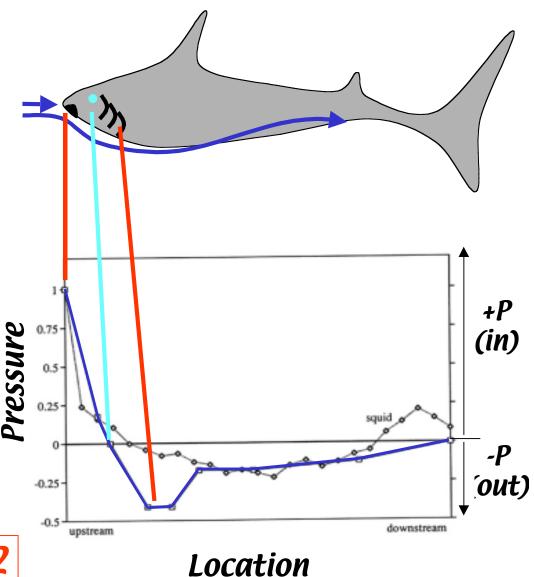
Conservation of Energy: what is the relationship between fluid motion and pressure?



Ram ventilation (sharks, tuna, mackerel)

- ►ventilate gills by pressure difference
- must swim constantly to breathe!

$$(P_2 - P_{1})/\rho = (u_1^2 - u_2^2)/2$$



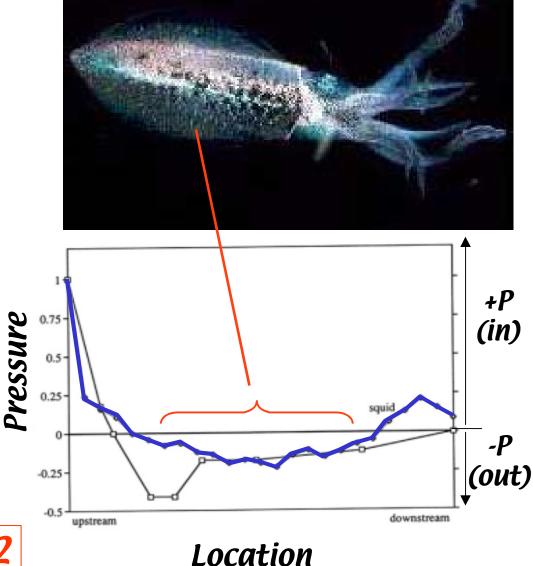
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$$(P_2 - P_{1})/\rho = (u_1^2 - u_2^2)/2$$



Conserved quantities: ► Momentum is also conserved

✓ Mass

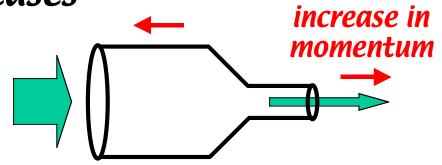
√ Energy

Momentum = mu ← velocity has magnitude and direction

Conservation of mass: $V_{out}/time = V_{in}/time$ $A_{out}u_{out} = A_{in}u_{in}$



Water nozzle reduces A_{out}, so u_{out} increases



Mass (volume) out is the same as mass in, so there is an increase in forward momentum

► hose kicks back to conserve momentum

✓ Mass

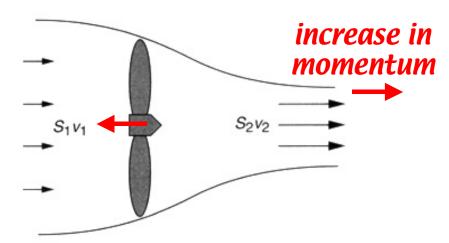
✓ Energy

Conserved quantities: ► Momentum is also conserved

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Conservation of mass: $V_{out}/time = V_{in}/time$ $A_{out}u_{out} = A_{in}u_{in}$

Fan or propeller reduces area and increases velocity of airstream



mass_{out} = mass_{in} backward momentum on fan must balance forward momentum of fluid



▶ backwards momentum from propeller moves boat forward

How does momentum change relate to motion through fluids?

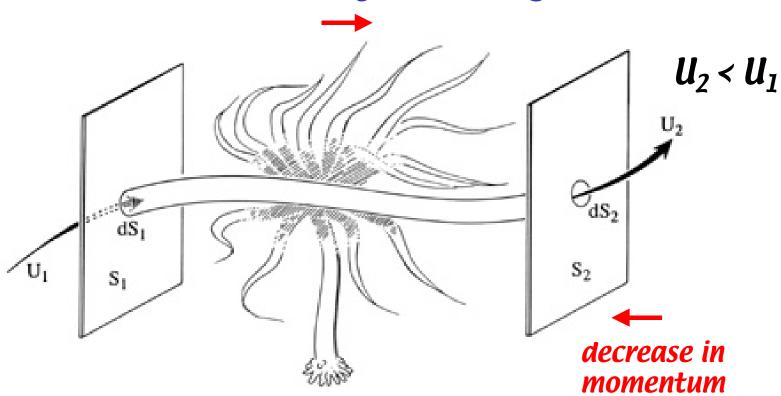


change in momentum = (mu)/t = m(u/t) = ma = F $F = (\rho S | u)/t = \rho S u^{2}$

fish swims forward by imparting rearward momentum to the water (muscle forces produce change in momentum of water which moves fish forward)

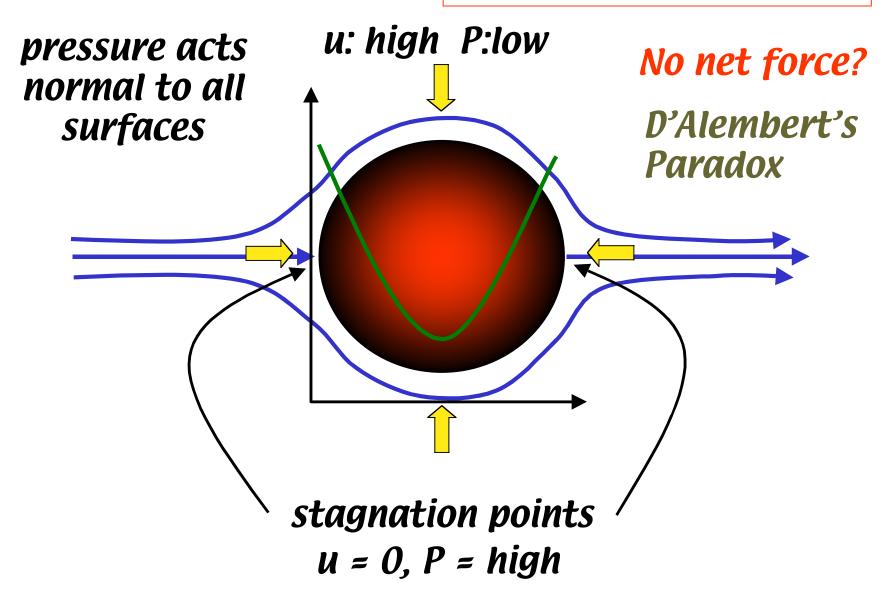
How is momentum conserved when moving fluid passes by an object?

Force on object = Drag



change in momentum = (mu)/t = m(u/t) = ma = F

How is energy conserved when moving fluid passes by an object? $(P_2 - P_1)/\rho = (u_1^2 - u_2^2)/2$

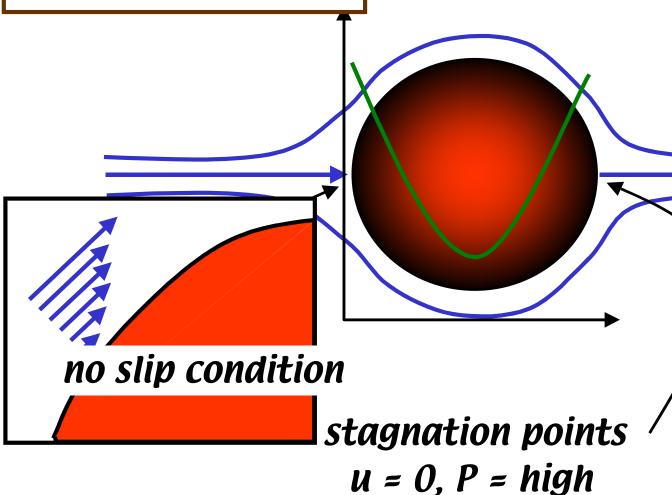


assumptions steady incompressible inviscid $\overleftrightarrow{\times}$ PE + KE + W = const.

D'Alembert's Paradox

$$(P_2 - P_1)/\rho = (u_1^2 - u_2^2)/2$$

u: high P:low



viscosity robs fluid of its momentum. There is a shear stress exerted on the sphere and energy is dissipated by viscosity PE + KE + W + Ediss = const

 $(P_2 - P_1)/\rho = (u_1^2 - u_2^2)/2$

because of viscosity, velocity cannot increase enough to penetrate the high pressure region behind the sphere.

new stagnation point where the flow separates

Wake

PE + KE + W + Ediss = const

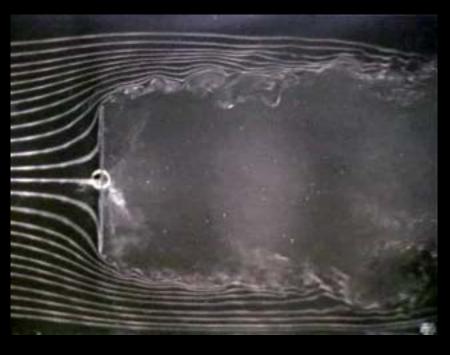
 $(P_2 - P_1)/\rho = (u_1^2 - u_2^2)/2$

Wake

because of viscosity, velocity cannot increase enough to penetrate the high pressure region behind the sphere.

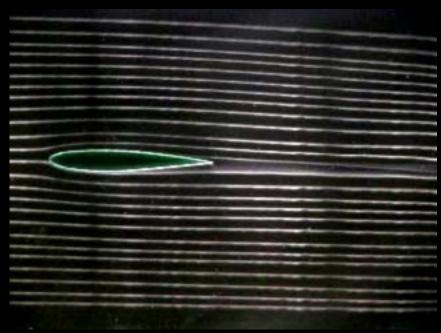
There are two mechanisms leading to drag force:

- ► the fore-aft asymmetry in pressure: pressure drag
- ► shear stress on the sphere: friction drag The total drag is a composite of these and depends on size and shape of the body



An object with a large amount of surface area perpendicular to the flow experiences large pressure drag

An object with a large amount of surface area parallel to the flow experiences large friction drag



How can we quantify the relative contributions of pressure stress and shear stress to total drag?

Pressure stress: $P \sim \rho u^2$

$$(P_2 - P_{1})/\rho = (u_1^2 - u_2^2)/2$$

How can we quantify the relative contributions of pressure stress and shear stress to total drag?

Pressure stress:
$$P \sim \rho u^2$$
Shear stress: $\tau \sim \mu u/L$ = $Re = \frac{\rho u L}{\mu}$

Reynolds number measures the relative importance of inertial (pressure) and viscous (friction) stresses

Inertial effects: fluid particles want to keep moving as they have been moving (resist acceleration or deceleration)

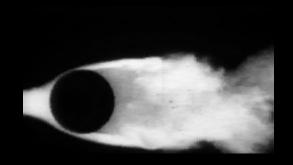
Viscous effects: fluid particles want to stay together (resist shear and formation of velocity gradients)

Re is a non-dimensional measure: \(\mu\) (\(Pa*s\))

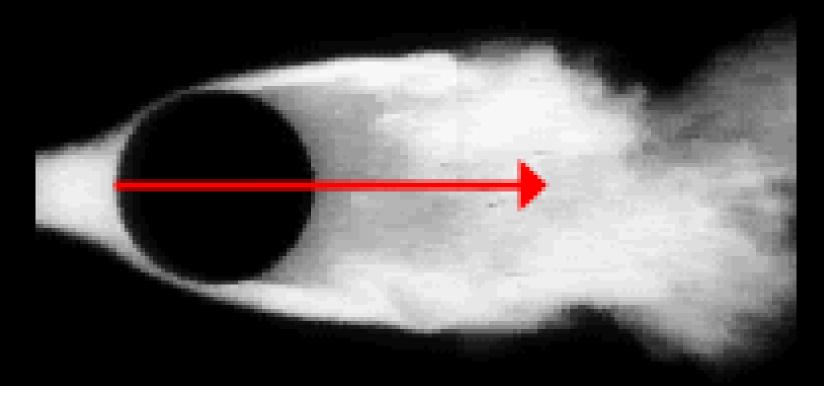
$$Re = \frac{\rho u L}{\mu} \left[\frac{m}{L^3} \frac{L}{t} \frac{L}{m} \frac{t^2 L^2}{m L} \right]$$

The Reynolds number measures the relative importance of inertial and viscous stresses in determining the pattern of flow.

Conservation of Re implies identical flow patterns!



$$Re = \frac{\rho u L}{\mu} \qquad \stackrel{L\uparrow \longrightarrow \rho \text{ or } u \downarrow}{} \qquad \qquad \mu\uparrow$$



Reynolds scaling allows us to study flows and forces that are otherwise difficult to measure (i.e. too small, too fast....)



Hawkmoth (Manduca sexta)
25 wingbeats per second

hard to visualize fluid flow
around flapping wings

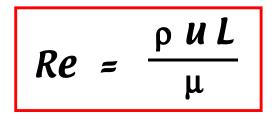
$$Re = \frac{\rho u L}{\mu}$$

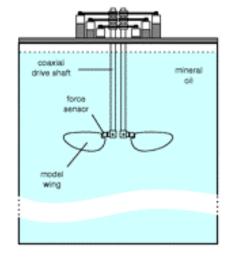
Ellington et al. built a Reynolds-scaled hawkmoth robot robot was much bigger, so velocity of wings could be slower smoke could be released over slowly-beating wings to visualize flow patterns

Reynolds scaling allows us to study flows and forces that are otherwise difficult to measure (i.e. too small, too fast.....)



Fruitfly (*Drosophila*) 200-300 wingbeats per second!







Dickinson et al. built "robofly" - large robotic wings that flap slowly in a vat of mineral oil

► Can measure forces with force sensors and visualize flow with suspended bubbles

How much does Reynolds number vary in moving organisms? >15 orders of magnitude!

Organism

swimming bacterium

Reynolds Number

0.000001

0.01

falling pollen grain or swimming sperm

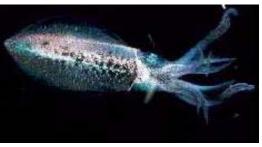
fruit fly flying

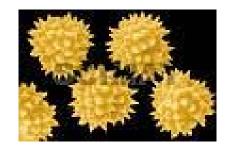
small bird flying

fast jetting squid











100

100,000

1,000,000

swimming large whale



200,000,000

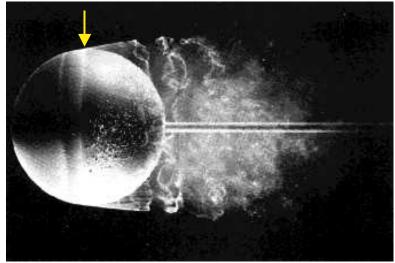
How does fluid flow change with increasing

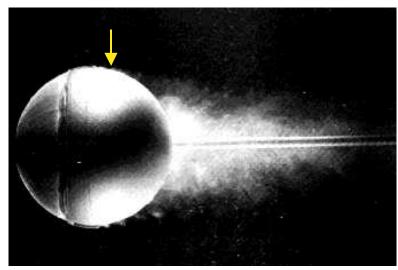
Reynolds number?

lower u (lower Re)

Point of fluid separation from a sphere depends on Reynolds number

higher u (higher Re)

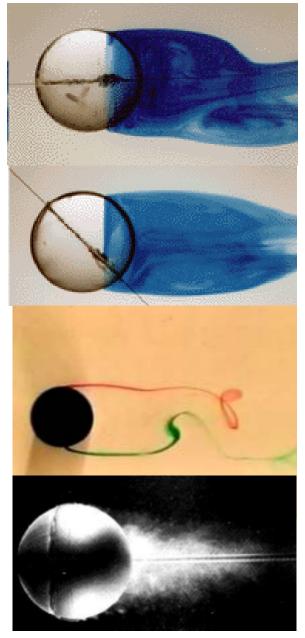


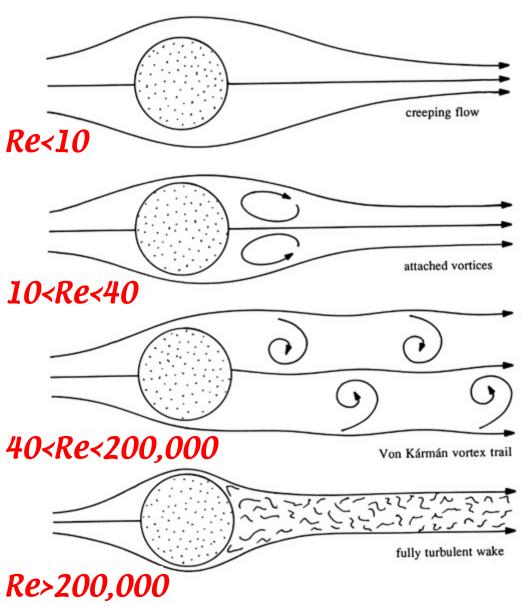


Pressure stress:
$$P \sim \rho u^2$$

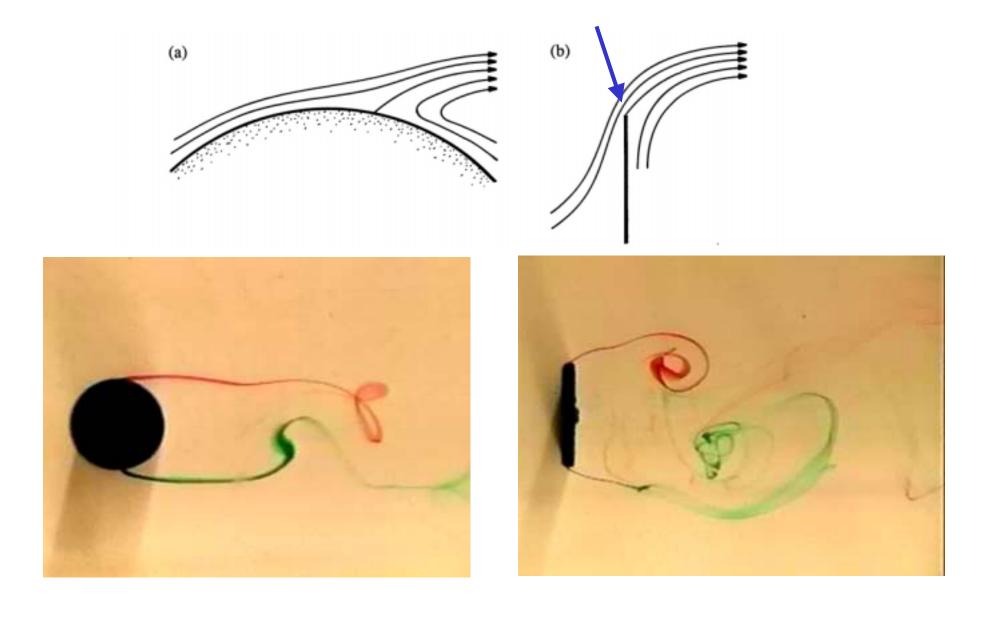
Shear stress: $\tau \sim \mu u/L$ = $Re = \frac{\rho u L}{\mu}$

How does fluid flow around a sphere change with increasing Reynolds number?

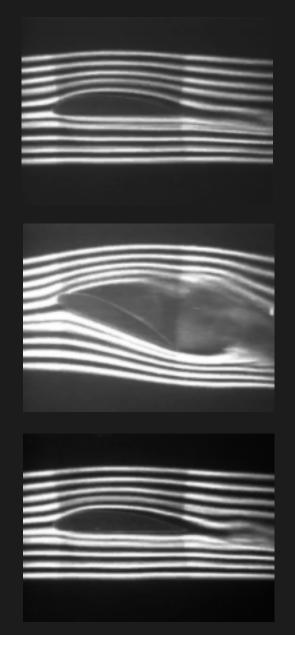




Flow always separates at sharp edges, so drag on a vertical plate is less sensitive to Reynolds number



Orientation of an object to flow can also affect the separation point and pressure drag



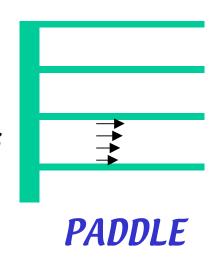
Paddles or brushes? How does Reynolds number affect the functioning of hairy little appendages?



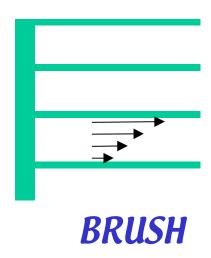
$$Re = \frac{\rho u L}{\mu}$$

Copepods and other tiny creatures can move their appendages slowly to swim (paddles) or quickly to fish for food (brushes)

When viscous effects dominate, fluid will resist forming sharp velocity gradients and much of the fluid will remain stagnant



When inertial effects dominate, fluid will form sharp velocity gradients and will tend to continue moving in the same direction



Biology 427 Biomechanics Winter 2004 Lecture 18. Shape and drag

- Recap sources of drag and the Reynolds number
- Drag force and its coefficient
- •How size, shape, and the Reynolds number determine drag
- Mechanisms of drag reduction in animals and athletes
- Sometimes drag is a good thing

PE + KE + W + Ediss = const

 $(P_2 - P_1)/\rho = (u_1^2 - u_2^2)/2$

because of viscosity, velocity cannot increase enough to penetrate the high pressure region behind sphere behind the sphere.

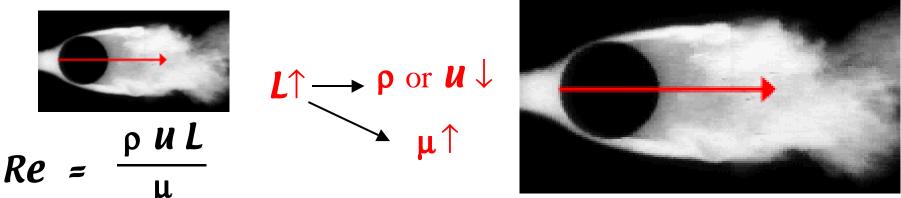
Wake

There are two mechanisms leading to drag force:

- ► the fore-aft asymmetry in pressure: pressure drag
- ► shear stress on the sphere : friction drag The total drag is a composite of these and depends on size and shape of the body

Reynolds number measures the relative importance of inertial (pressure) and viscous (friction) stresses in determining the pattern of flow

Pressure stress:
$$P \sim \rho u^2$$
Shear stress: $\tau \sim \mu u/L$
 $= Re = \frac{\rho u L}{\mu}$



Conservation of Re implies identical flow patterns!

Reynolds scaling allows us to study flows and forces that are otherwise difficult to measure (i.e. too small, too fast....)



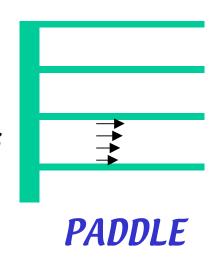
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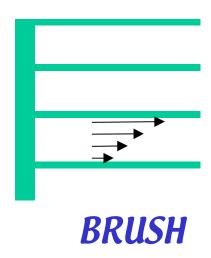
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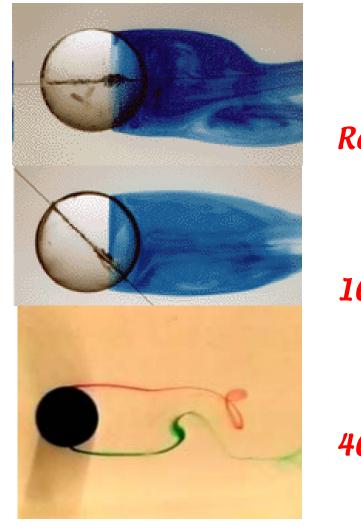
When viscous effects dominate, fluid will resist forming sharp velocity gradients and much of the fluid will remain stagnant

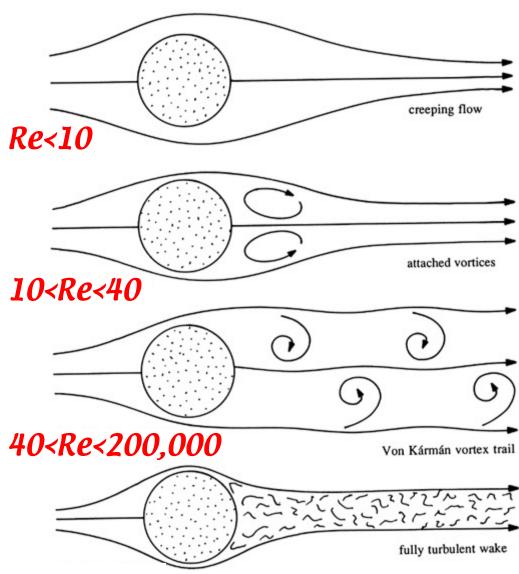


When inertial effects dominate, fluid will form sharp velocity gradients and will tend to continue moving in the same direction

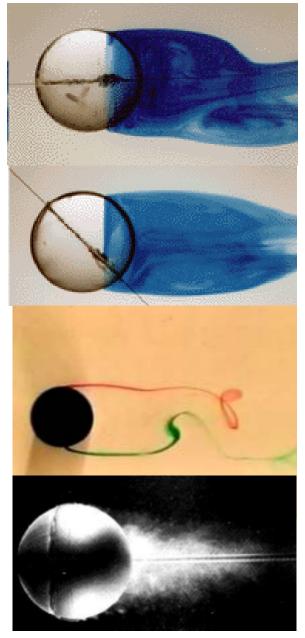


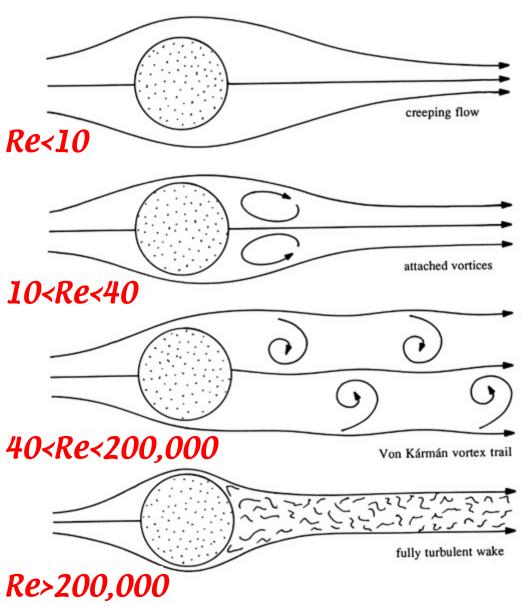
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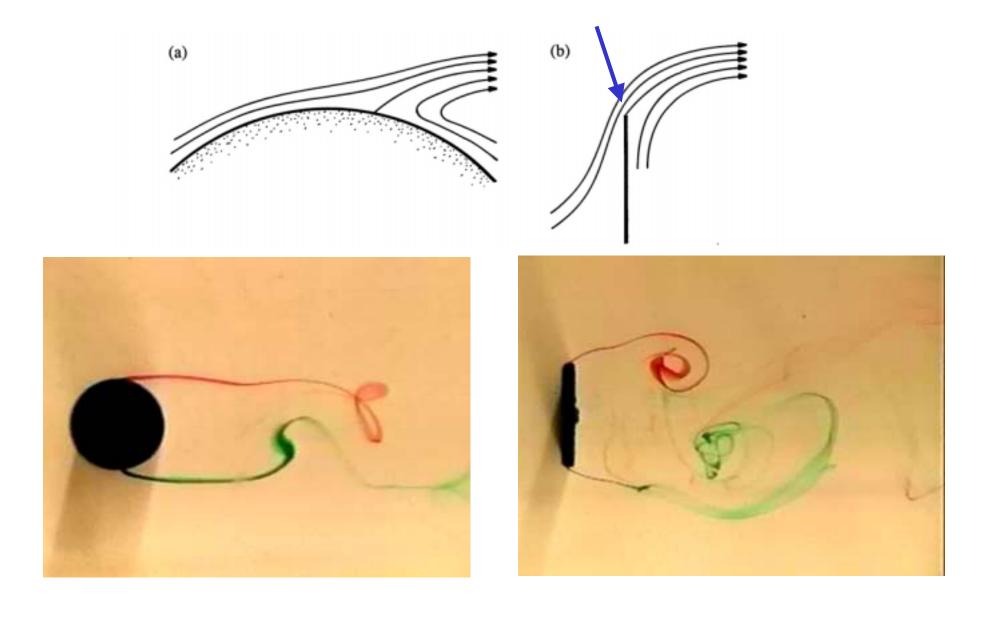


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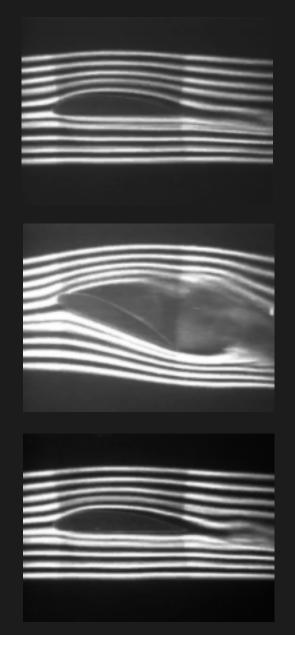




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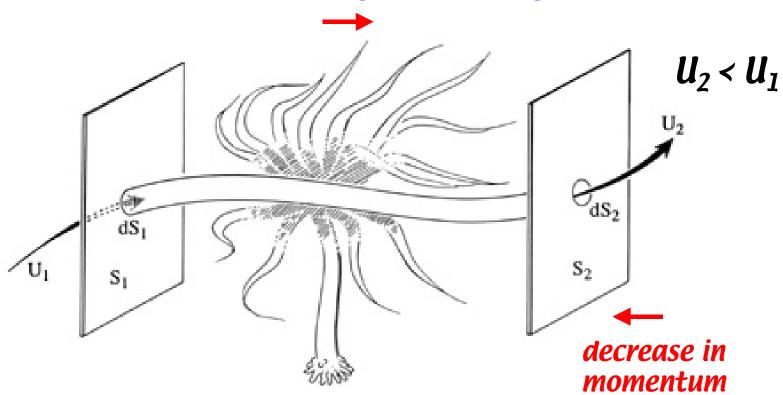


Orientation of an object to flow can also affect the separation point and pressure drag



Organisms moving through a fluid, as well as sessile organisms surrounded by moving fluid experience a drag force parallel to fluid flow

Force on object = Drag



change in momentum = (mu)/t = m(u/t) = ma = F

Why is drag reduction important in biology?

1. Sessile creatures - reducing drag mitigates the forces leading to breakage/dislodgement



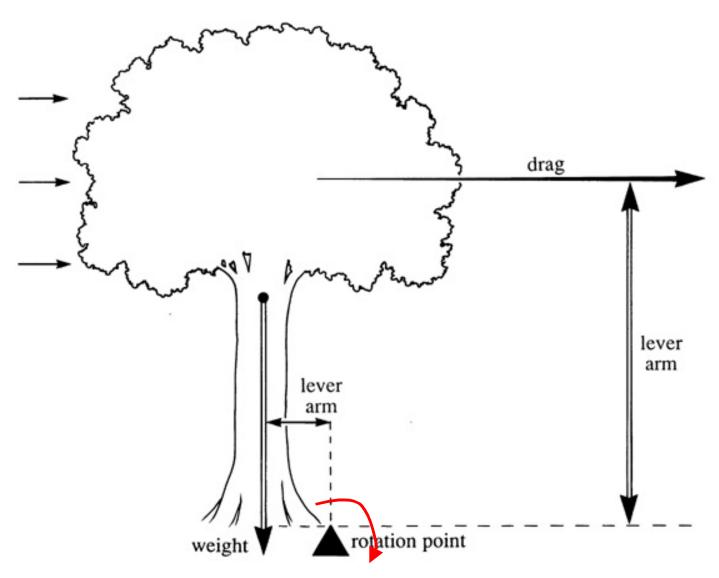


FIGURE 6.8. The principal forces with their lines of action and lever arms caused by a wind blowing on a stiff tree such as a large oak.

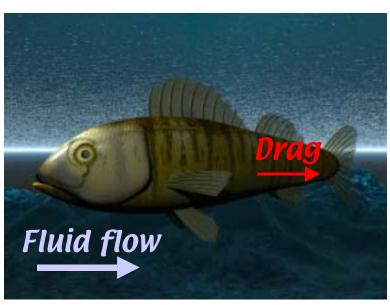
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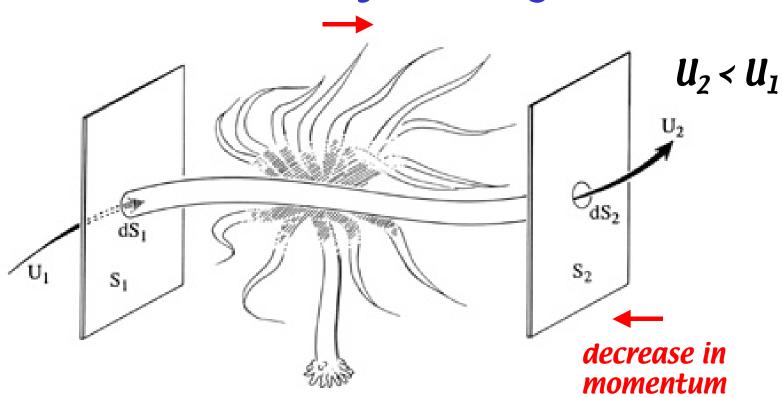
2. Mobile creatures - reducing drag reduces power expended to overcome drag forces

Power = Force x Velocity



How can we quantify the drag force?

Force on object = Drag



F = change in momentum can directly measure loss of momentum in fluid F = ma $D \propto (\rho S \ln t)/t \propto \rho S u^2$

How can we quantify the drag force?

drag force $D \sim \rho S u^2$

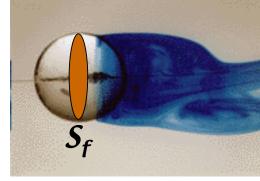
drag / coefficient

$$D = C_d \rho S u^2/2$$

projectedsurface area

size

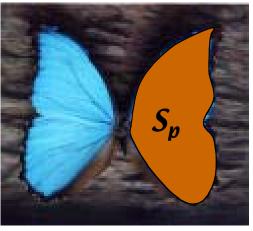
shape, Re, surface features....



 S_f = frontal surface area (perpendicular to flow)

 $Re = \frac{\rho u L}{\mu}$

Pressure stress: Shear stress



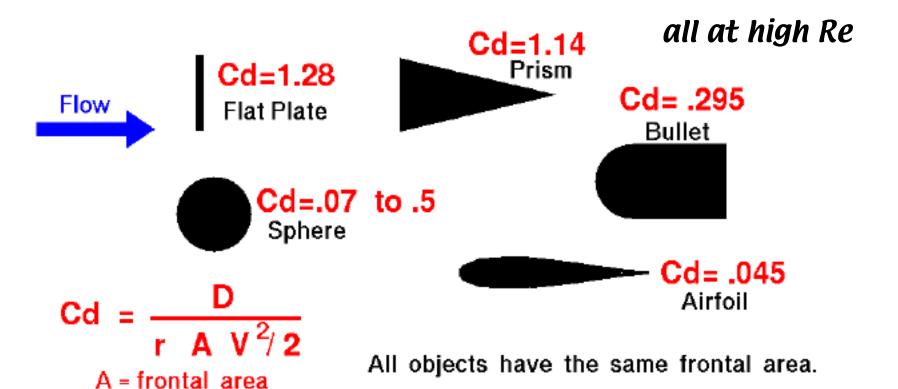
 S_w = wetted surface area (entire surface area)

 S_p = planform area (area of wing when viewed from above)

Shape Effects on Drag

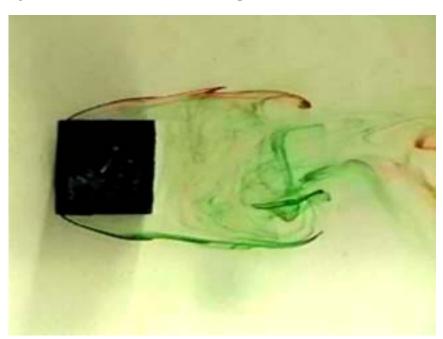
Glenn Research Center

The shape of an object has a very great effect on the amount of drag.

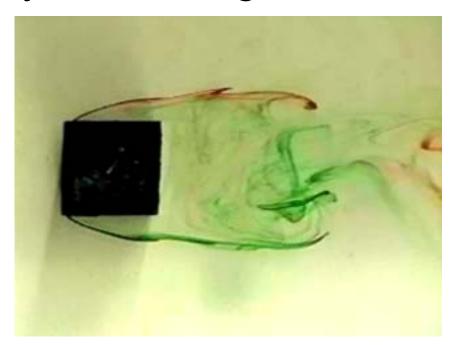


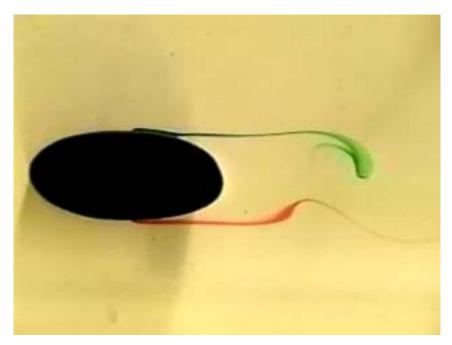
Drag force is >25X larger on plate than on airfoil!

Streamlined shapes reduce flow separation and pressure drag

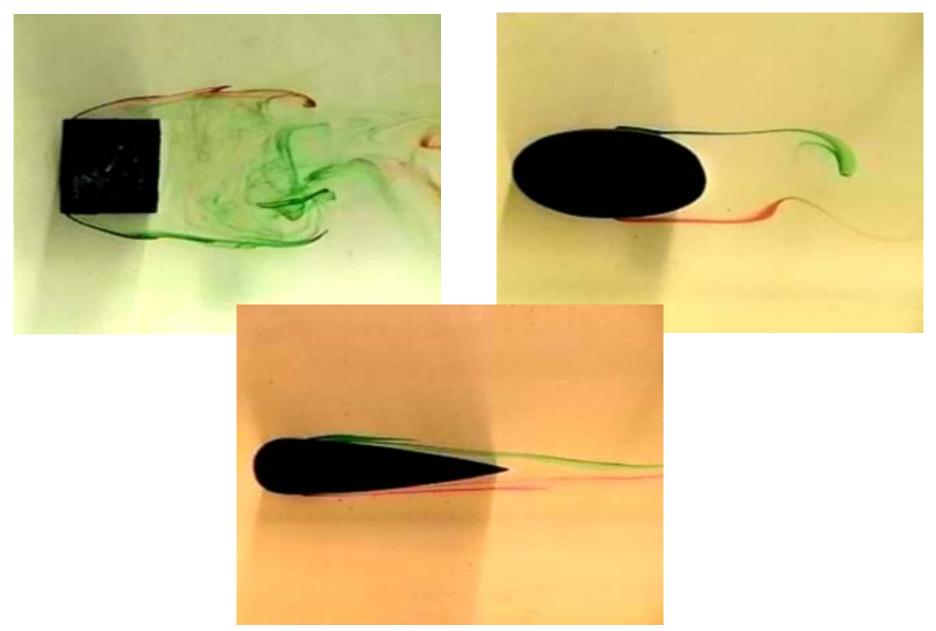


Streamlined shapes reduce flow separation and pressure drag





Streamlined shapes reduce flow separation and pressure drag



Many swimming organisms are streamlined in the direction of flow

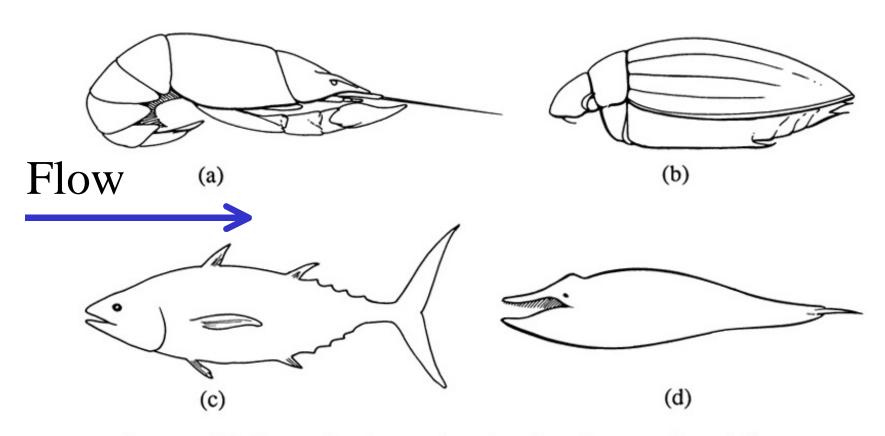


FIGURE 7.3. Streamlined organisms in a flow that goes from left to right: (a) a crayfish going rearward in a rapid escape; (b) a large aquatic beetle; (c) a pelagic fish such as a tuna; and (d) a baleen whale.

Increased fineness ratio (length:width) reduces drag

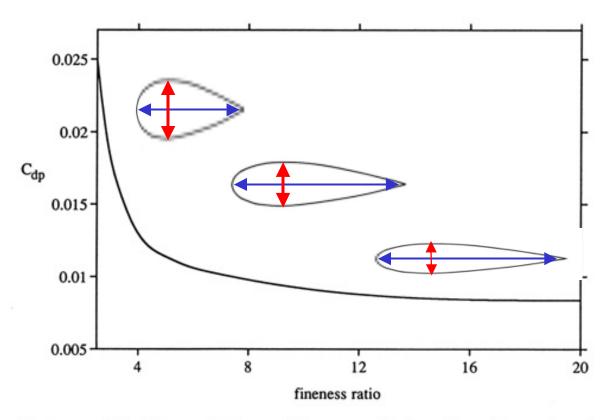
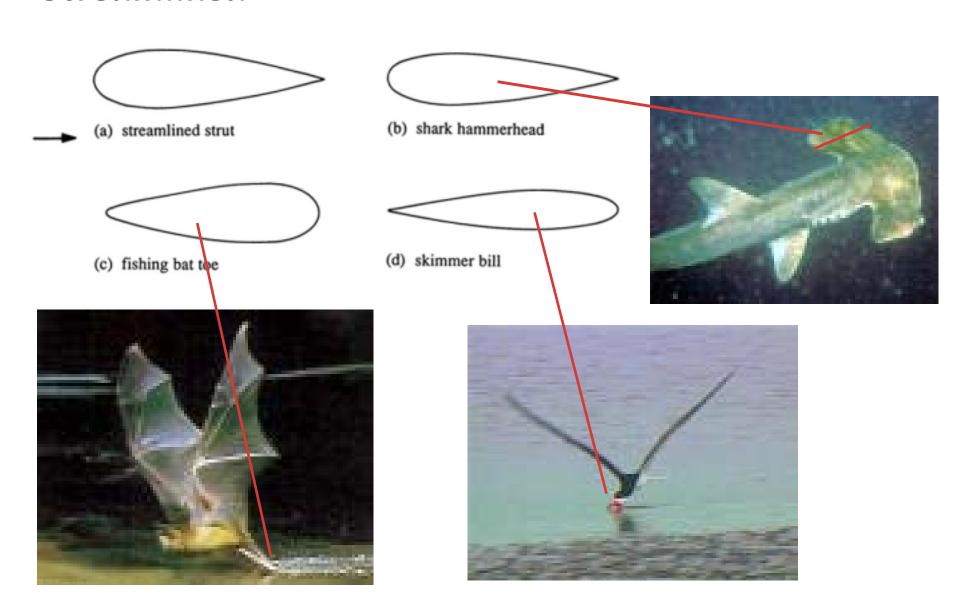
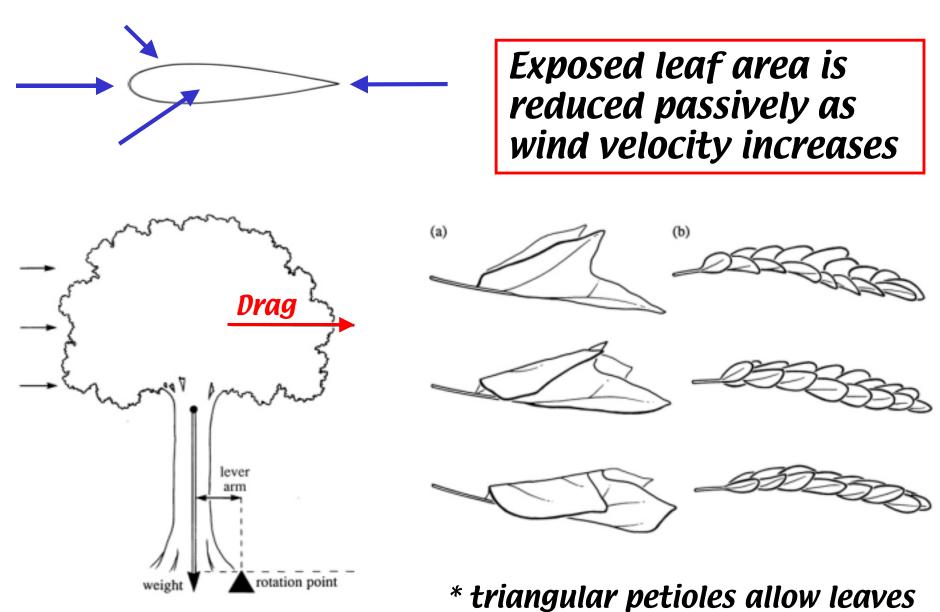


FIGURE 6.2. The variation of drag coefficient, based on plan form area, with fineness ratio (recall 5.7) for an airfoil section at a Reynolds number of 600,000. As an exercise, the reader might try to visualize such a graph with a drag coefficient based on frontal area.

Even individual parts of organisms are often streamlined



But what if flow direction is not predictable?



to twist into the direction of wind

Some sessile creatures can reduce drag via adaptive shape change and reconfiguration

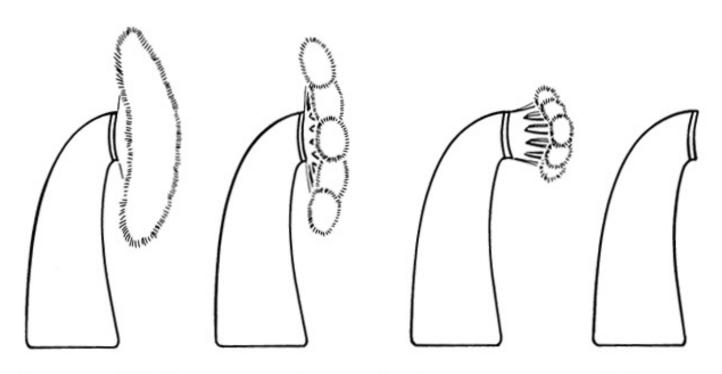


FIGURE 6.6. Successive changes in the appearance of a large sea anemone, *Metridium*, as current increases. Drag coefficients (based on original frontal area) are 0.9, 0.4, 0.3, and 0.2.

Does streamlining make sense at all Reynolds Numbers?

Organism

swimming bacterium



Reynolds Number

0.000001

falling pollen grain or swimming sperm



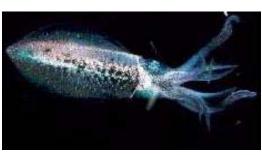
0.01

fruit fly flying



100

small bird flying



100,000

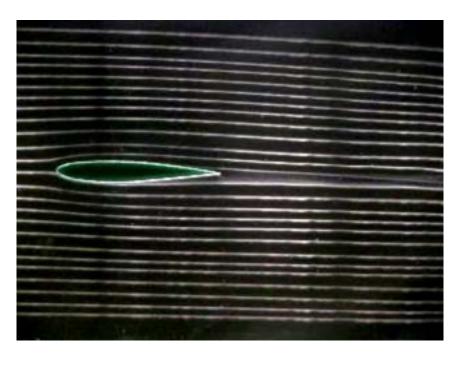
fast jetting squid



swimming large whale

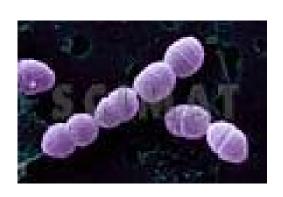


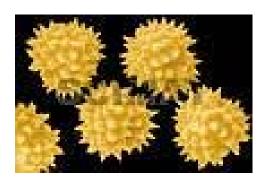
200,000,000



Streamlining reduces flow separation and minimizes pressure drag

But, an object with a large amount of surface area exposed to the flow experiences large friction drag



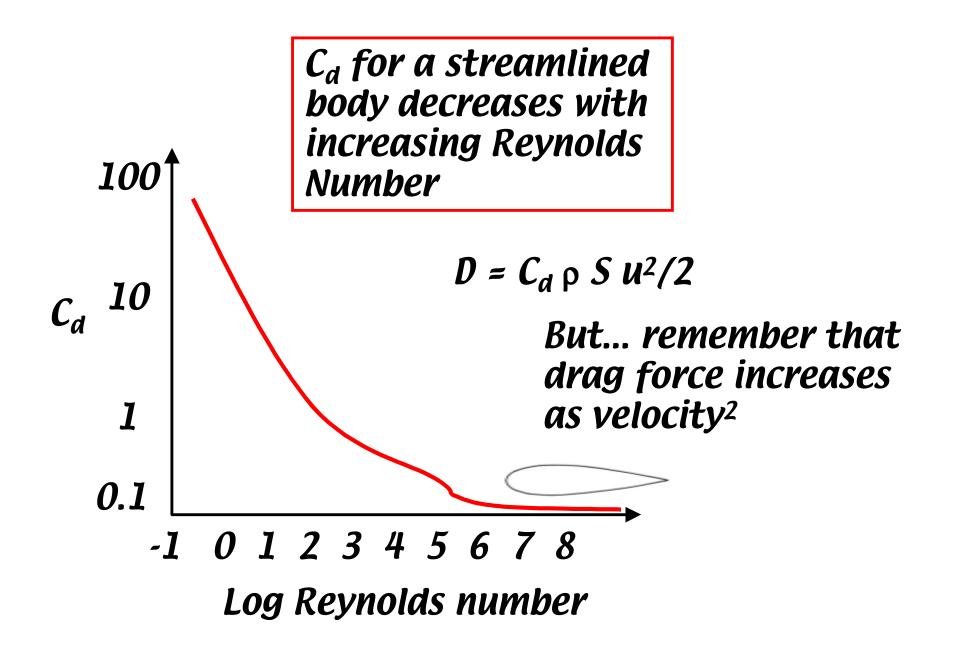


$$Re = \frac{\rho u L}{\mu}$$

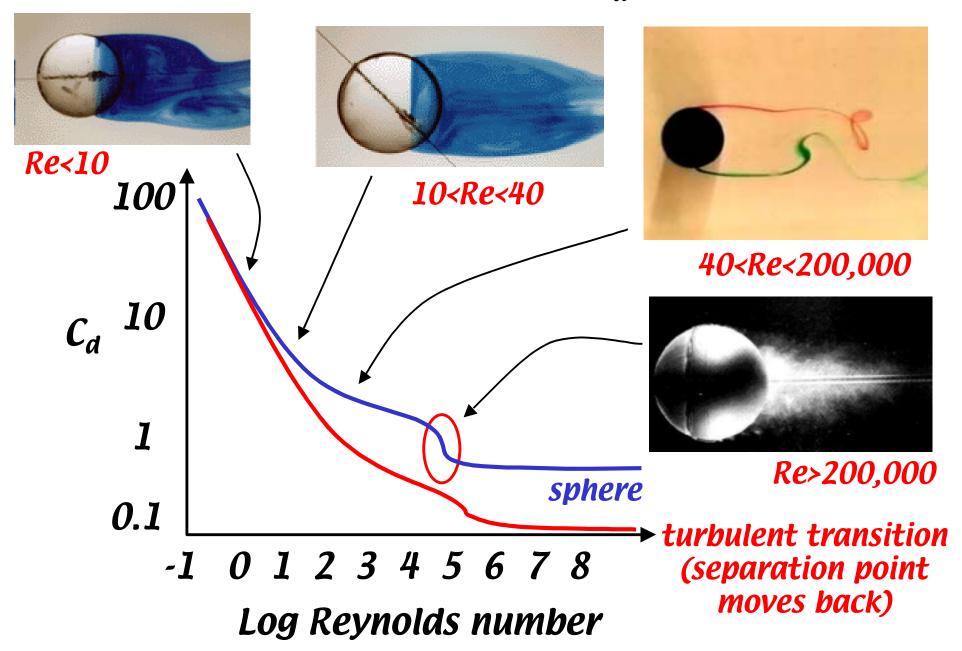
Pressure stress: Shear stress

As shear stresses become more important, minimizing surface area to volume ratio may reduce drag more than streamlining

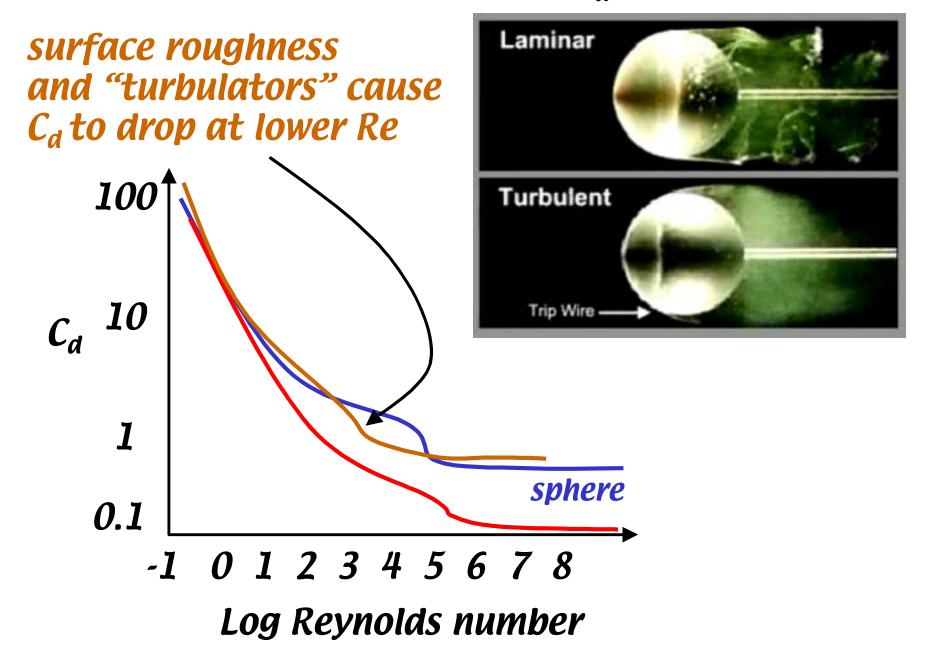
How does Reynolds number affect the drag coefficient?



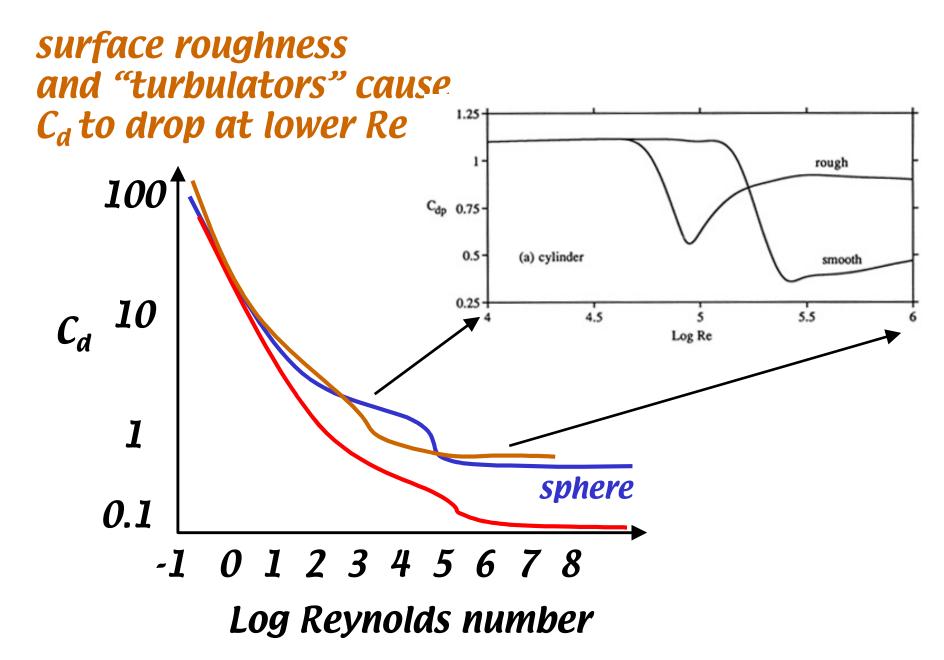
How does Reynolds number affect C_d of a bluff body?



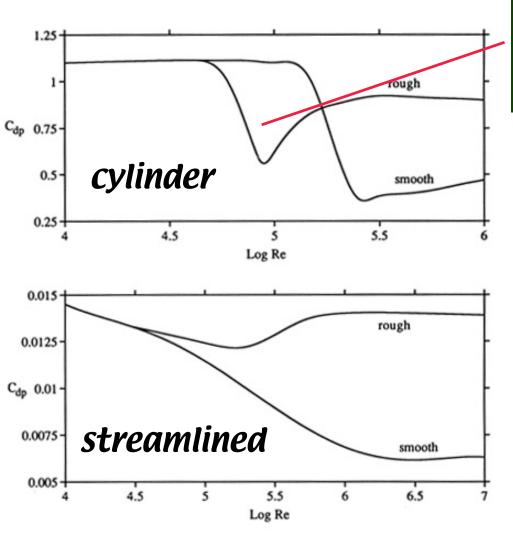
How does Reynolds number affect C_d of a bluff body?



How does Reynolds number affect C_d of a bluff body?



Surface roughness can reduce C_d in bluff bodies over a limited range of Re by increasing boundary layer turbulence and decreasing pressure drag





$$Re = 200,000$$



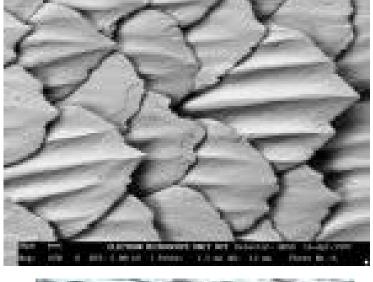
$$Re = \frac{\rho \ u \ L}{\mu} \ L=0.01 \ m$$

$$1 \ m/s < u < 10 \ m/s$$

$$10^{4} < Re < 10^{5}$$

At other Reynolds numbers, microstructures on the surface may channel flow and reduce friction drag



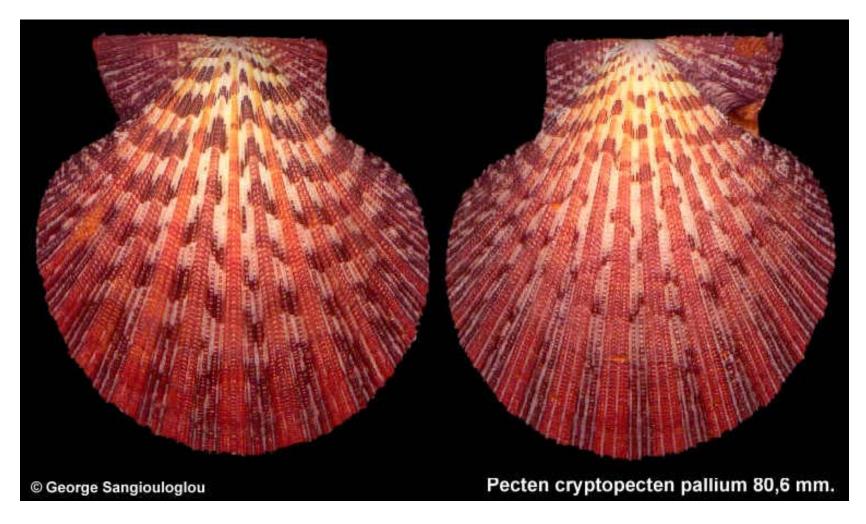


Riblets - artificial coatings with streamwise surface grooves based on shark skin can provide drag reductions up to 8%



*Applied to racing boat hulls and wings of aircraft

Dimensions of riblets on some scallop shells appear to be optimized for drag reduction while swimming



E.J. Anderson, P.S. MacGillivray and M.E. DeMont (1997). Scallop shells exhibit optimization of riblet dimensions for drag reduction. Biological Bulletin 192, 341-344.

Does the "fast-skin" bodysuit by Speedo really help reduce drag on swimmers?

Speedo claims 7.5% drag reduction, due to reduced friction drag

The fabric is a biomimetic knitted construction that has ridges, where small vortices are formed. The ridges are scientifically calculated for height and width to the exact proportion of the Shark's dermal denticles, which is the most efficient configuration for SPEED!

(from Speedo: FAST-SKIN - THE FACTS, 2000)

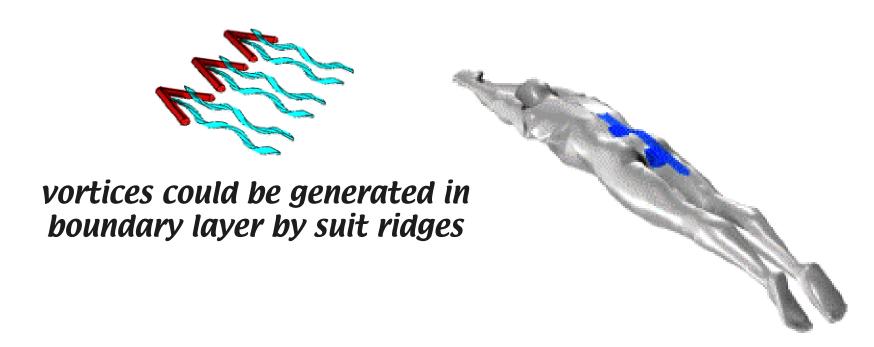
If true, this would lower race times by 1-1.5 s per 100 m!

But...at typical swimmers' Reynolds numbers, friction drag only accounts for about 3-5% of total drag

Source: Scientific Proceedings - Applied Program - XXth International Symposium on Biomechanics in Sports - Swimming

Does the "fast-skin" bodysuit by Speedo really help reduce drag on swimmers?

Maybe the suits actually reduce pressure drag, by increasing boundary layer turbulence and reducing flow separation



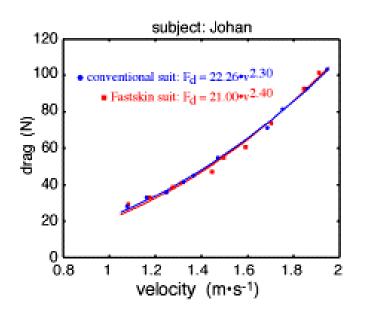
increased boundary layer turbulence could reduce flow separation in small of back and behind buttocks

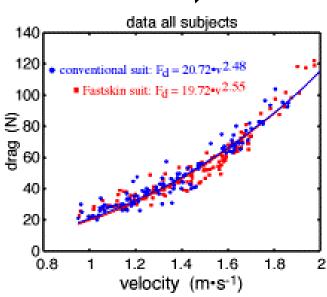
Does the "fast-skin" bodysuit by Speedo really help reduce drag on swimmers?



No significant reduction in drag when tested on 13 Dutch top-level swimmers







Why doesn't the "fast-skin" bodysuit by Speedo really help reduce drag on swimmers?

The boundary layer on the trunk of a swimmer has a thickness of about 4 mm when swimming at race pace.

Hence vortex generators must have a height of at least 4 mm to

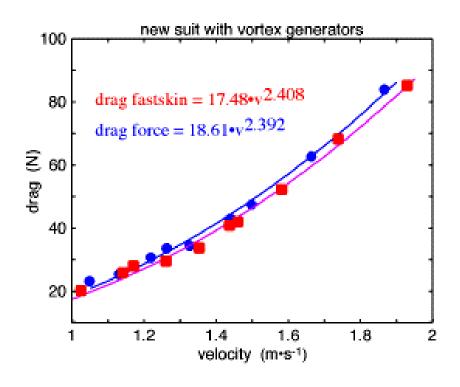
be effective.

The "denticles" on fast-skin only protrude about 0.5 mm)

Larger vortex generators would be useful, but only just upstream of points where flow separation is likely to occur

(at other locations the generators would actually increase resistance)

New series of Speedo body suits was released in 2001, in which strips with vortex generators are positioned on chest and back.



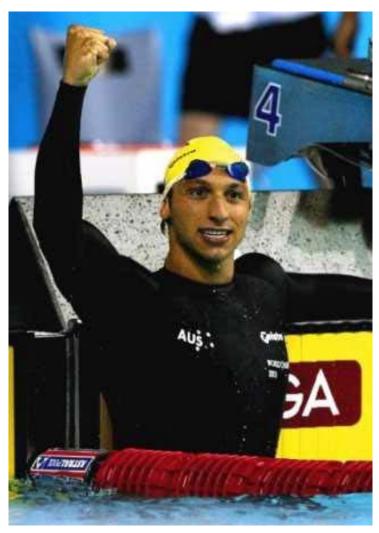
*tests on one subject suggested a modest drag reduction

July 21, 2003

LONDON (Reuters) - Ian Thorpe's 400 meters freestyle victory on Sunday was the first achieved in the Adidas Jetconcept bodysuit

Adidas says new suit focuses on cutting form drag by adding 'riblets' of silicon that run from the underarm to the lower back and over the bottom.

Tests in Finland and Australia showed the riblets could enhance performance by up to 3%



Does drag matter in air? Drag reduction in bicycle riders

helmet can decrease aerodynamic drag by about 2%, even compared to a bald rider

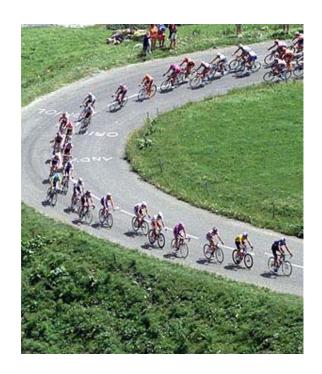
New handlebars allow riders to achieve an optimal aerodynamic position.

proper body position can reduce drag by 31% over an upright riding position.

> bodysuits reduce friction drag (small portion of total drag)

streamlining of bicycle and wheels reduces drag

"Drafting" to reduce drag in bicycle races



lead cyclist produces a turbulent wake behind - low pressure area with eddies

cyclist following very close (within a few inches) is pushed forward by low pressure and eddies



*lead cyclist also gains an advantage by having his eddy filled in

But...lead cyclist still expends 30-40% more energy than riders in the middle of a pack



Back to biology..... Mechanisms of biological drag reduction

- Streamlining
- Adaptive shape change
- •Surface microstructure
- Surface heating (effects on viscosity)

Friction drag depends on viscosity, and viscosity of water decreases with increasing temperature

► Effect is very small



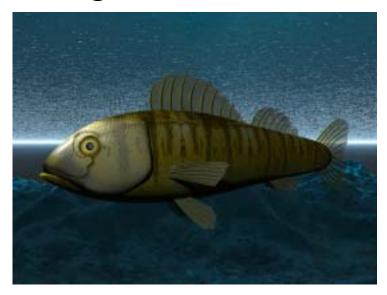
Back to biology..... Mechanisms of biological drag reduction

- Streamlining
- Adaptive shape change
- •Surface microstructure
- Surface heating (effects on viscosity)
- Mucous secretions (slimy fish and the mysterious slimy subs)

Adding long-chained polymers to the velocity gradient near a body can reduce friction drag

Fish slime can reduce drag (Daniel, 1981)





But... slime also has many other functions:

- reduce parasites
- cover wounds
- maintain salt balance
- defensive

(and may be expensive to produce)

Back to biology..... Mechanisms of biological drag reduction

- Streamlining
- Adaptive shape change
- •Surface microstructure
- Surface heating (effects on viscosity)
- Mucous secretions (slimy fish and the mysterious slimy subs)
- •Compliant surfaces (dolphins and Sir James Gray's paradox)

Drag reduction with compliant surfaces (dolphins and Sir James Gray's paradox)



Dolphins seemed to go faster than possible for estimated power output of muscles

-> Gray suggested compliant skin damped turbulence, producing laminar flow and reducing drag

Ends up that dolphins actually swim a little slower than thought and muscles produce more power than thought

After many years and many experiments (!), there is still no evidence for drag reduction via compliant surfaces

Back to biology..... Mechanisms of biological drag reduction

- Streamlining
- Adaptive shape change
- •Surface microstructure
- Surface heating (effects on viscosity)
- Mucous secretions (slimy fish and the mysterious slimy subs)
- •Compliant surfaces (dolphins and Sir James Gray's paradox)
 - Flow splitters (tail feathers)

"Splitter plate" behind an object in flow reduces turbulence and pressure drag

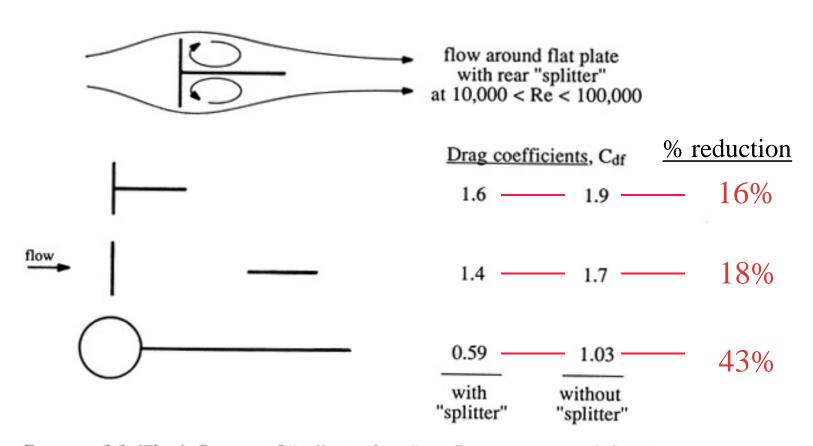
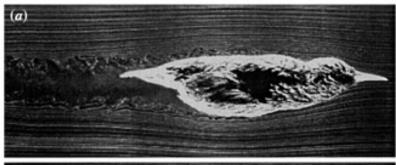
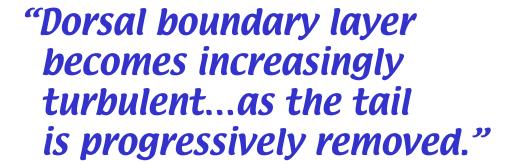
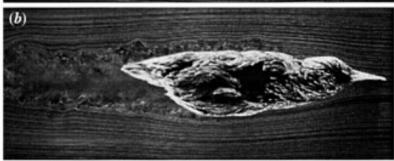


FIGURE 6.3. The influence of "splitter plates" on flow patterns and drag coefficients of long flat plates and cylinders. Reynolds numbers are based on maximum dimensions normal to flow and drag coefficients on frontal areas.

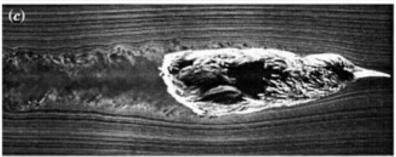
Tail feathers may split flow behind flying birds



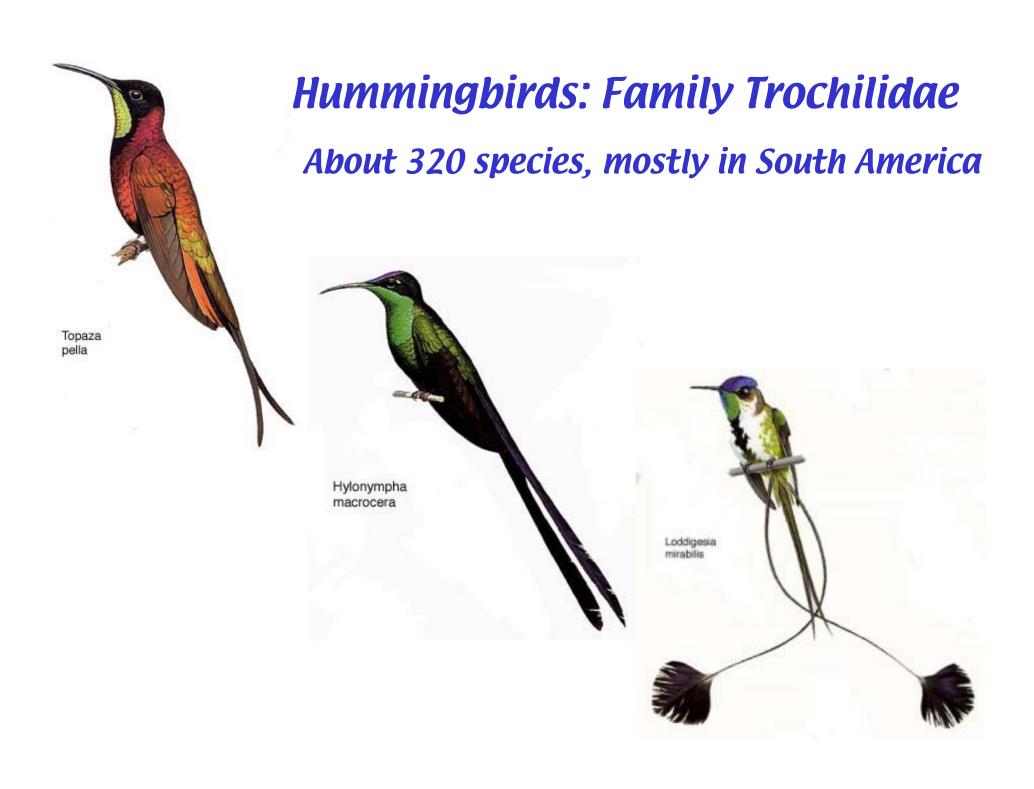




Tail removal increases body drag by ~35%!



Caveat: flow field induced by wing flapping is ignored.



What if an organism wants to enhance drag?

- Pressure gradient associated with drag can aid in filter feeding
- •Drag forces on appendages can be used to generate thrust (i.e. paddling, rowing)
- •Drag forces can slow the descent of organisms that are air or water-dispersed (i.e. seeds, marine larvae)

Hollow structures with open side facing flow experience enhanced drag

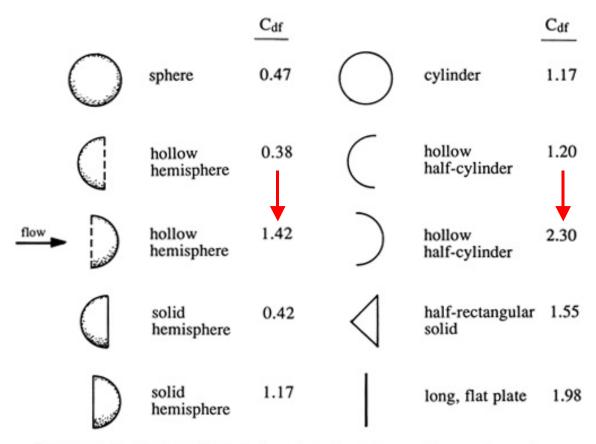


FIGURE 6.4. Drag coefficients, based on frontal area, for a variety of three-dimensional bodies and two-dimensional profiles at Reynolds numbers between 10⁴ and 10⁶. All the data may not be precisely comparable due to variations in the experimental conditions.

Filter feeders can increase cross-sectional area or change orientation of concavity to increase filtration pressure

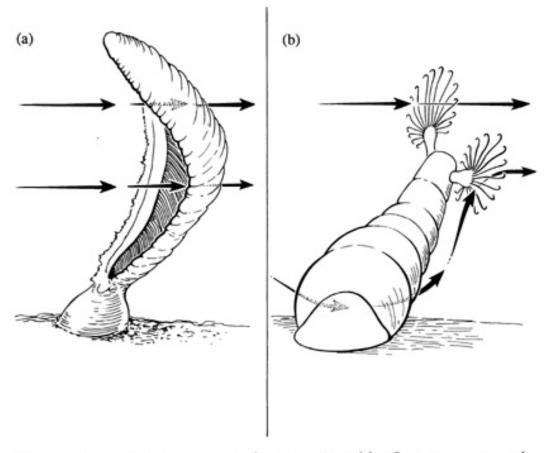
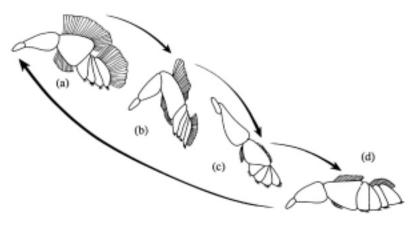


FIGURE 6.5. Living structures whose concave sides face upstream and which thus have high drag coefficients: (a) a sea pen, *Ptilosarcus*; (b) a larval black fly, *Simulium*.

Using drag for propulsion: paddling and rowing

 $D = C_d \rho S u^2/2$

Drag is a mechanism by which swimming forces arise



► Change area/shape between downstroke and upstroke

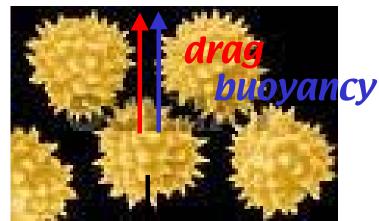
- ► Decrease velocity during recovery stroke
- ► Change fluid density during recovery stroke



Objects falling at terminal (steady) velocity experience drag and buoyant forces balancing their weight

$$D = 0.5 C_d \rho_f S u^2$$

$$\boldsymbol{B} = \boldsymbol{\rho}_f \boldsymbol{V} \boldsymbol{g}$$



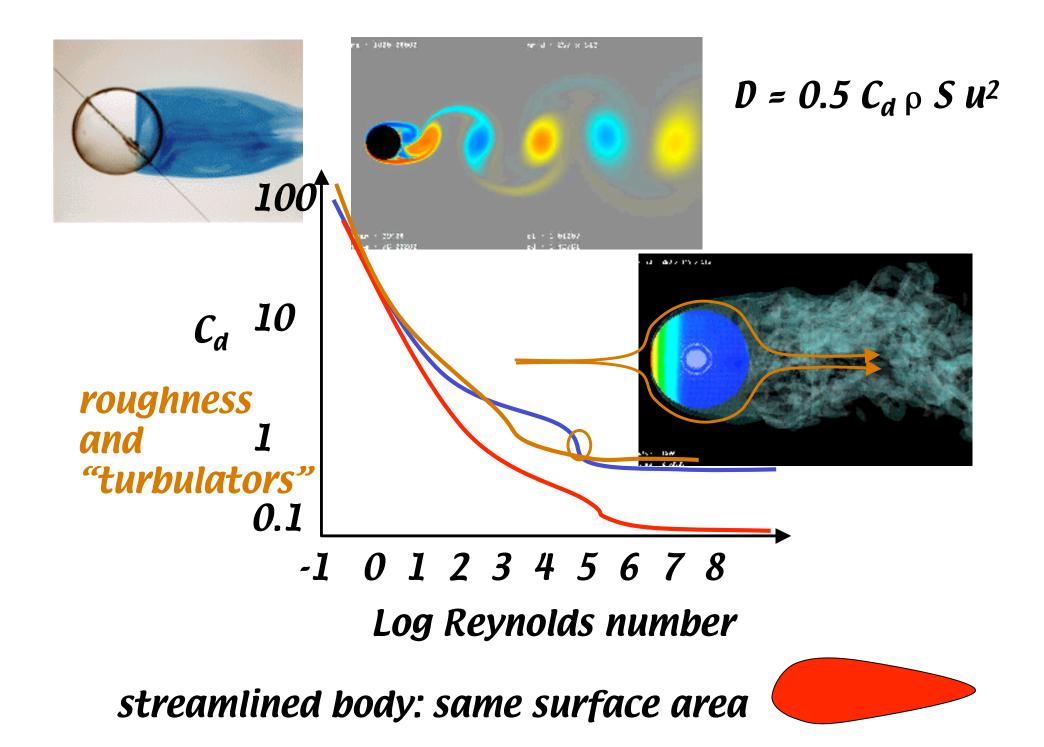
weight = mg

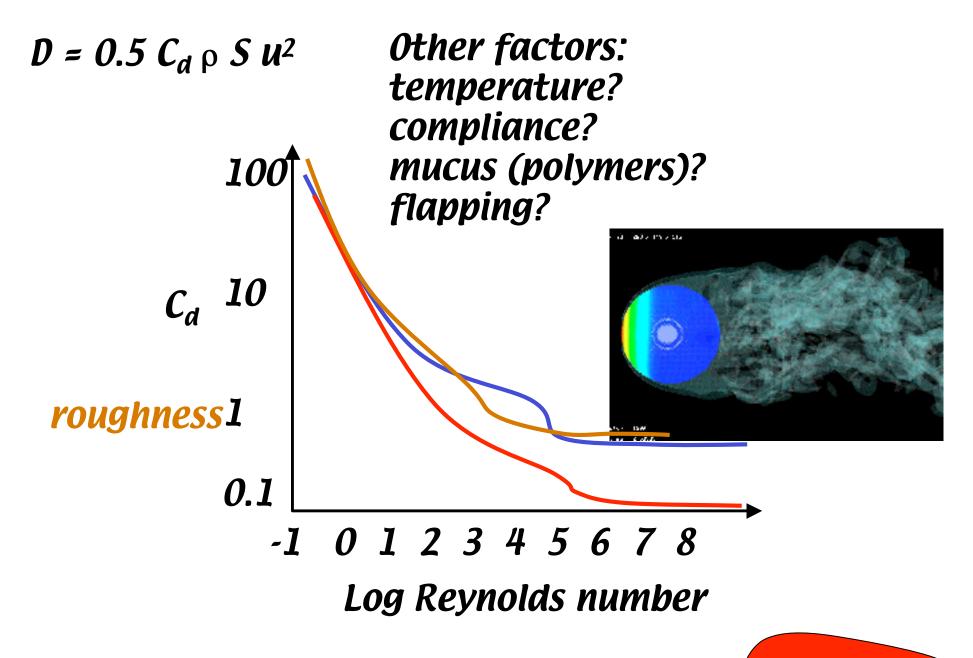
What is
$$u$$
 at equilibrium?
 $mg = 0.5 C_d \rho_f S u^2 + \rho_f V g$
 $V \rho_o g = 0.5 C_d \rho_f S u^2 + \rho_f V g$
 $4\pi r^3 \rho_o g/3 = 0.5 C_d \rho_f \pi r^2 u^2 + 4\pi r^3 \rho_f g/3$
 $4r (\rho_o - \rho_f)g/3 = 0.5 C_d \rho_f u^2$

Biology 427 Bimechanics Lift and circulation

- •Recap drag, shape, and the Reynolds number
- Return to lift and Bernoulli
- Basic definitions of wing shape
- The relationship between lift and circulation
- •Mechanisms that promote or maintain circulation.
- •The challenge of flapping flight

Check out p 484 on your CD text

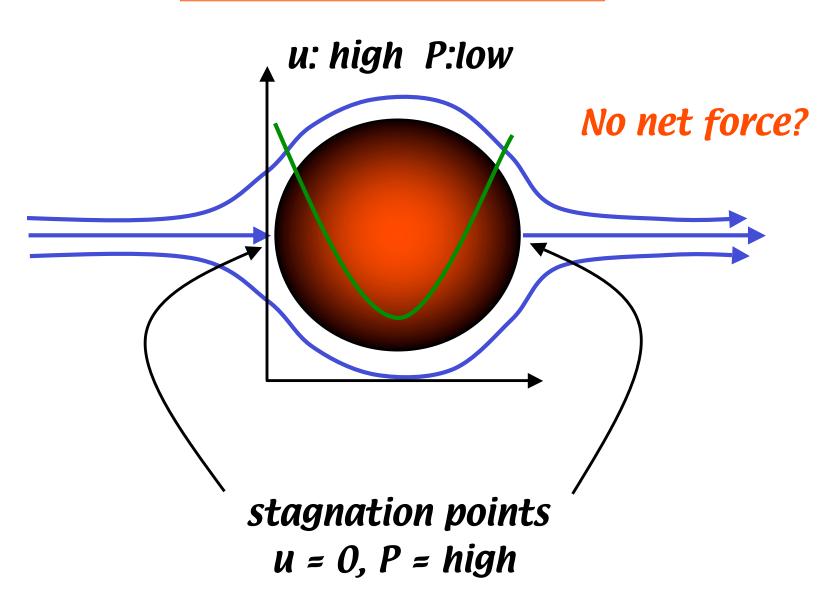




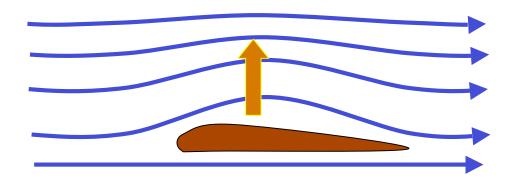
streamlined body: same surface area

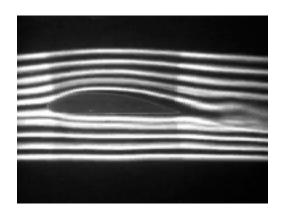
D'Alembert's Paradox

$$(P_2 - P_{1)}/\rho = (u_1^2 - u_2^2)/2$$



$(P_2 - P_{1)}/\rho = (u_1^2 - u_2^2)/2$

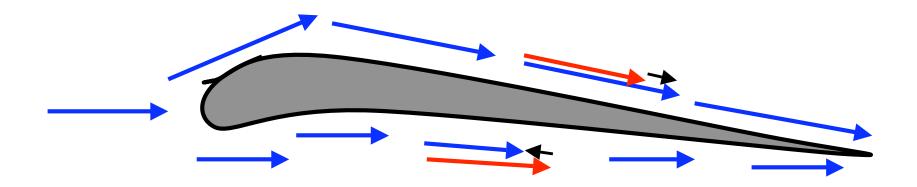




Lift and Circulation: Lift Low Pressure Faster air flow Slower air flow **High pressure**

$$(P_2 - P_{1)}/\rho = (u_1^2 - u_2^2)/2$$

Lift and Circulation:

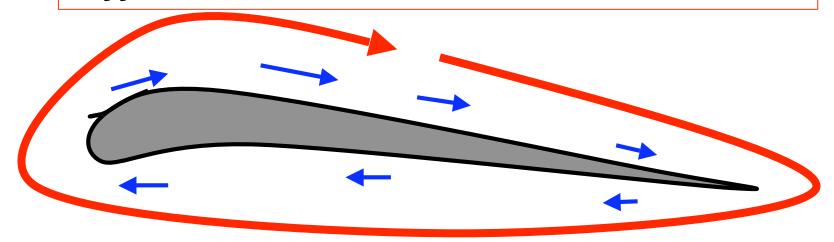


Subtract the mean velocity from all of these vectors

$$(P_2 - P_{1)}/\rho = (u_1^2 - u_2^2)/2$$

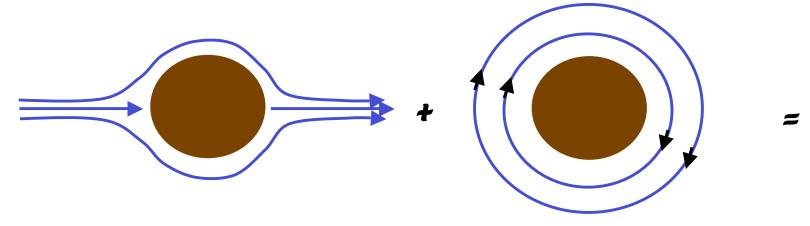
Lift and Circulation:

With the mean subtracted, there is and effective circulation (Γ)about the wing. Greater Γ implies a greater velocity difference



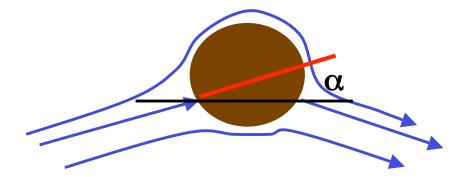
$$(P_2 - P_{1})/\rho = (u_1^2 - u_2^2)/2$$

A different spin on circulation



$$U_T = U \{\cos(\theta)/r^2, \sin(\theta)/r^2\}$$

$$U_R = \{0, \Gamma/(2 \pi r)\}$$



$$U_{T} = U \left\{ \cos(\theta)/r^{2}, \sin(\theta)/r^{2} + \Gamma/(2 \pi r) \right\}$$

$$(P_2 - P_{1)}/\rho = (u_1^2 - u_2^2)/2$$

$$L = 2 \pi \rho U^2 \sin(\alpha)$$

$$\Gamma = \rho U \sin(\alpha)$$

$$L = 2 \pi U \Gamma$$

 $L = 2 \pi \rho U^{2} \sin(\alpha)$ $\Gamma = \rho U \sin(\alpha)$ $L = 2 \pi U \Gamma$

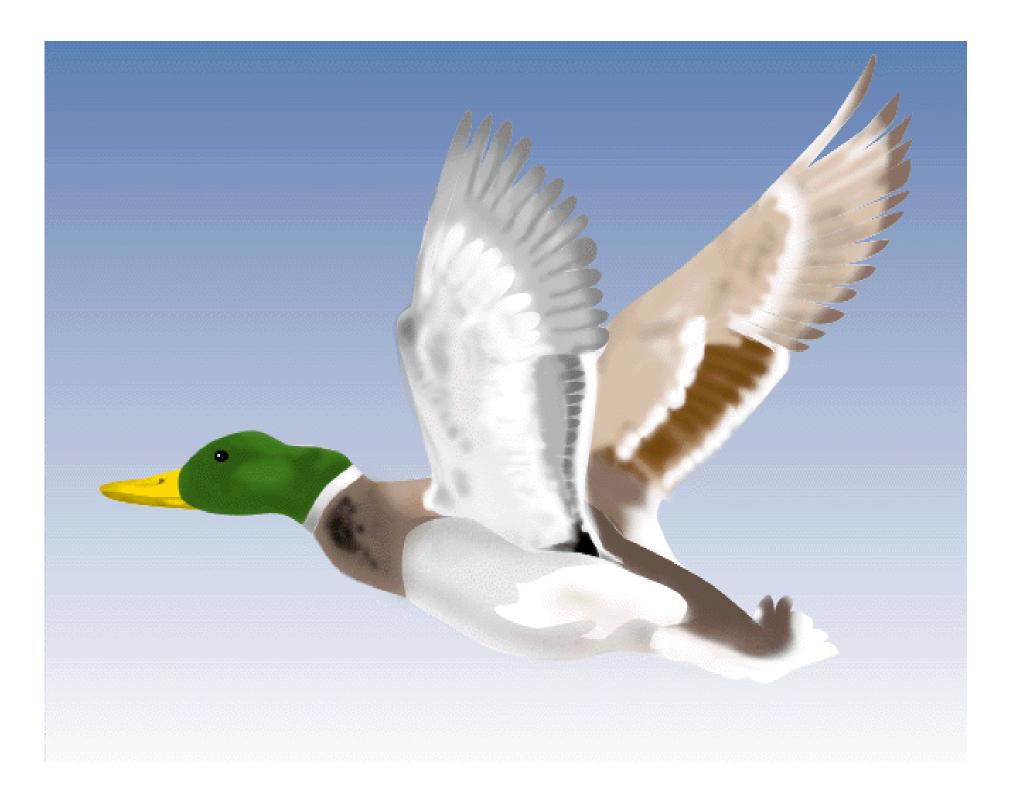
Message: lift can be measured by the amount of circulation held by a wing

Circulation is conserved (Kelvin's circulation theorem) For every clockwise spin there is a counter clockwise one elsewhere in the fluid.

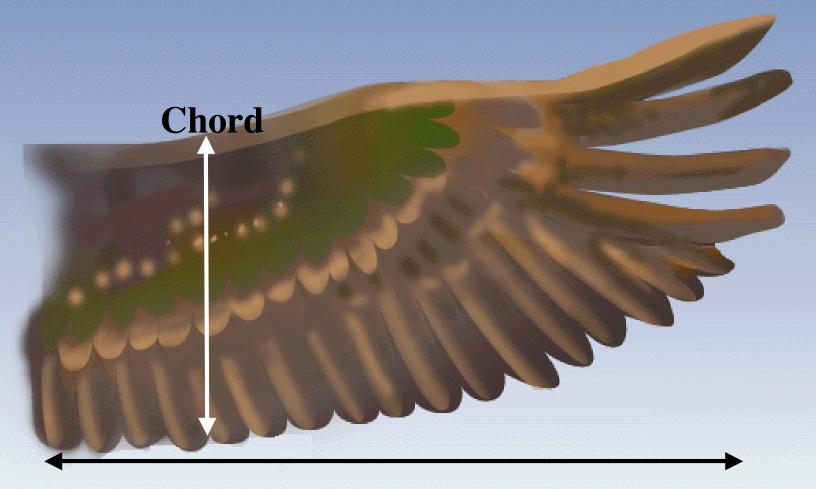




Dilemma: create circulation and maintain it. Understand this in the context of flapping flight!



Aspect Ratio = Span²/AREA



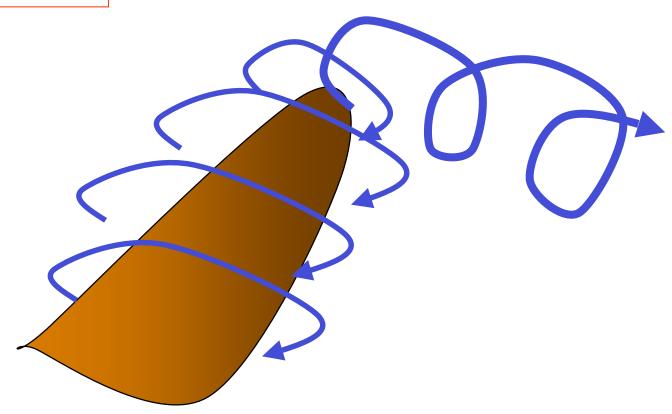
Span

$$L = 2 \pi \rho U^{2} \sin(\alpha)$$

$$\Gamma = \rho U \sin(\alpha)$$

$$L = 2 \pi \rho U \Gamma$$

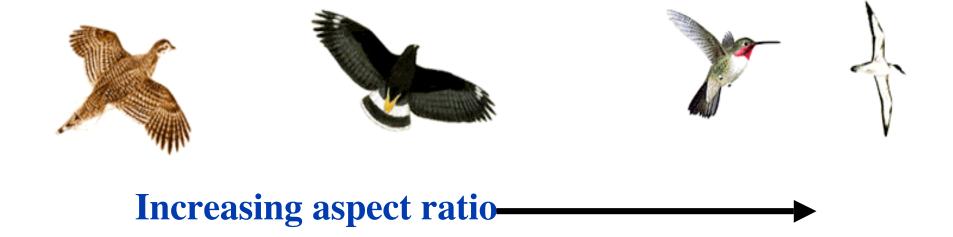
Message: lift can be measured by the amount of circulation held by a wing



Circulation can be lost from the wing as a tip vortex

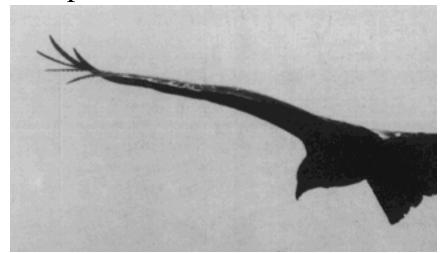
Higher aspect ratio wings loose proportionately less

http://www.petersononline.com/birds/perspective/flight.html

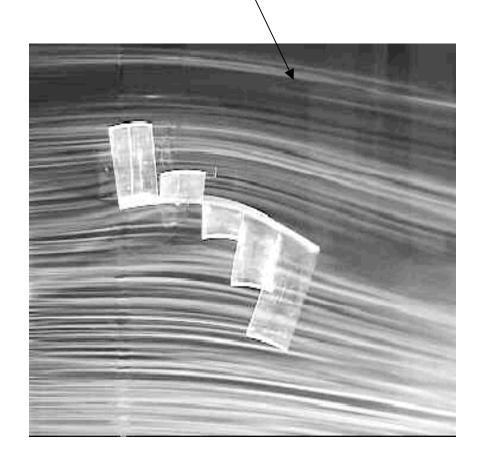


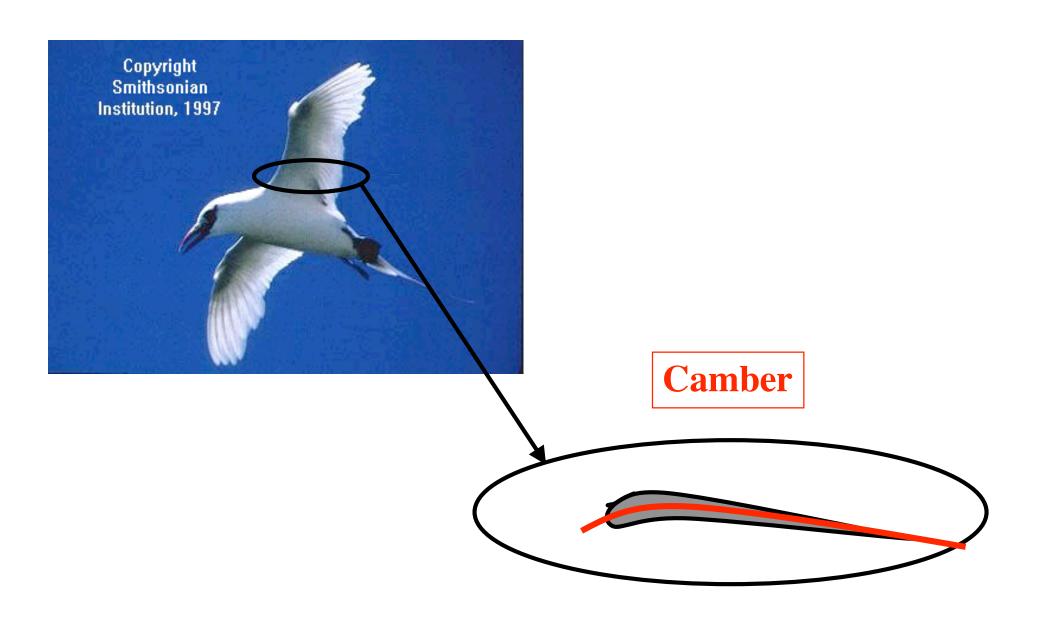
Limits to aspect ratio? Structural, flight mode ...

http://lautaro.fb10.tu-berlin.de/user/michaels/michaels_eng.html









Let's look at the NASA's tool for understanding this.

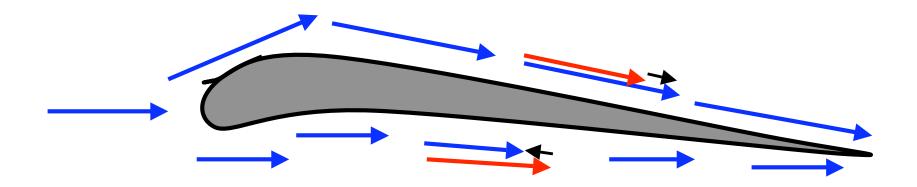




Biology 427 Biomechanics Lecture 20. Gliding flight: a soar topic

- Recap basics of lift and circulation
- •The consequences of aspect ratio
- •The lift coefficient (C_l)
- Drag coefficients for wings
- Drag and lift together (polar plots)
- •Gliding flight

Lift and Circulation:

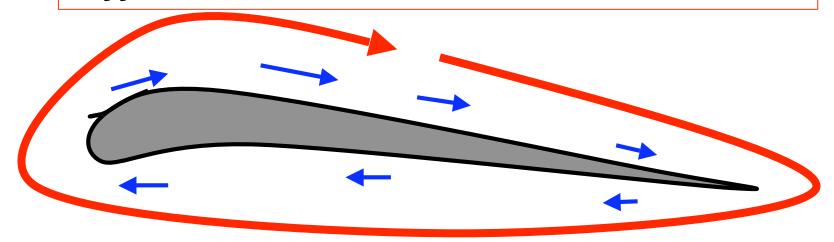


Subtract the mean velocity from all of these vectors

$$(P_2 - P_{1)}/\rho = (u_1^2 - u_2^2)/2$$

Lift and Circulation:

With the mean subtracted, there is and effective circulation (Γ)about the wing. Greater Γ implies a greater velocity difference



$$(P_2 - P_{1})/\rho = (u_1^2 - u_2^2)/2$$

$$L = 2 \pi \rho U^{2} c \sin(\alpha)$$

$$\Gamma = 2 \pi \rho U c \sin(\alpha)$$

$$L = \rho U \Gamma$$

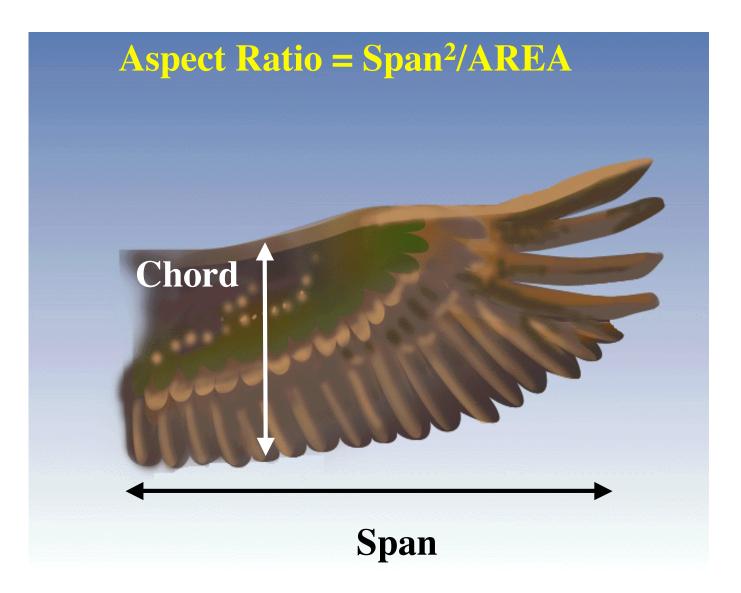
Message: lift can be measured by the amount of circulation held by a wing

Circulation is conserved (Kelvin's circulation theorem) For every clockwise spin there is a counter clockwise one elsewhere in the fluid.





Dilemma: create circulation and maintain it. Understand this in the context of flapping flight!









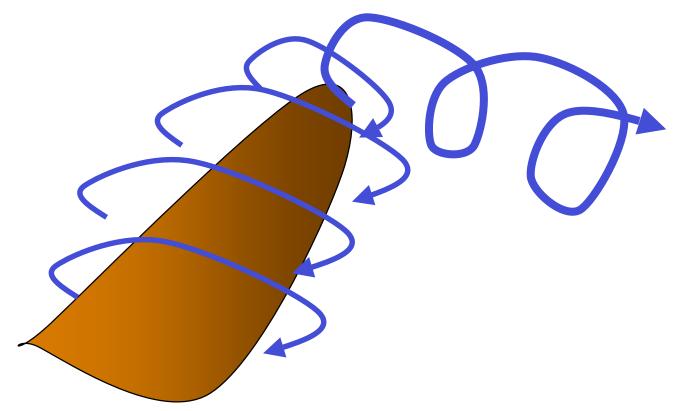


$$L = 2 \pi \rho U^{2} c \sin(\alpha)$$

$$\Gamma = 2 \pi \rho U c \sin(\alpha)$$

$$L = \rho U \Gamma$$

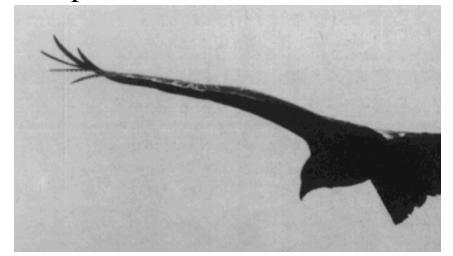
Message: lift can be measured by the amount of circulation held by a wing

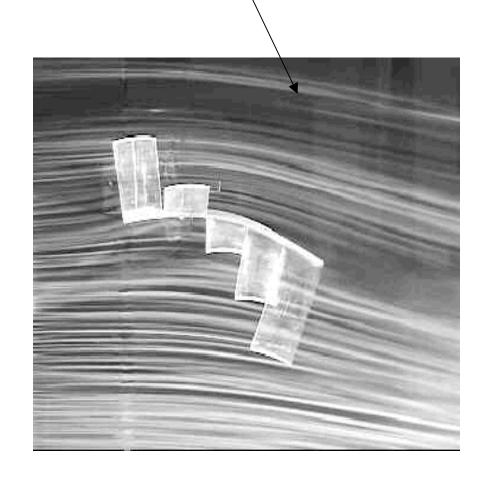


Circulation can be lost from the wing as a tip vortex

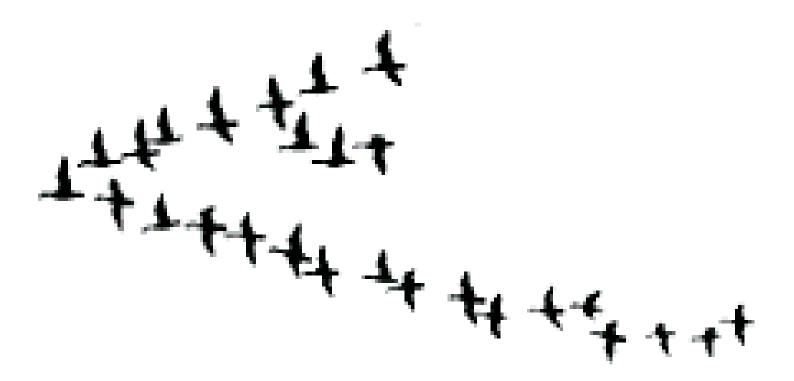
Higher aspect ratio wings loose proportionately less

http://lautaro.fb10.tu-berlin.de/user/michaels/michaels_eng.html





Formation flight -> recovers some lost circulation



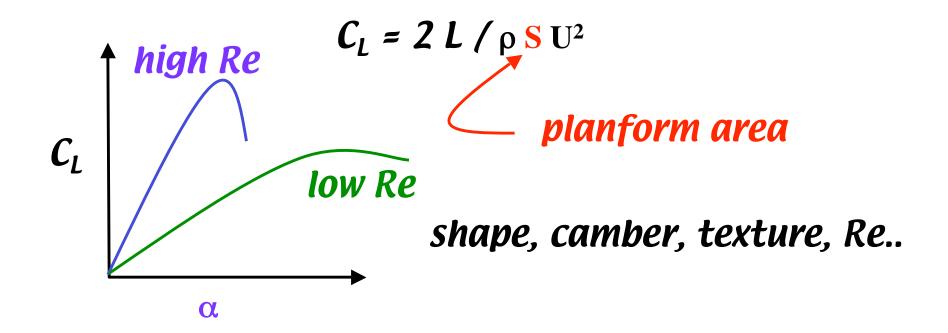
Ideal

$$L = 2 \pi \rho U^{2} c \sin(\alpha)$$

$$\Gamma = 2 \pi \rho U c \sin(\alpha)$$

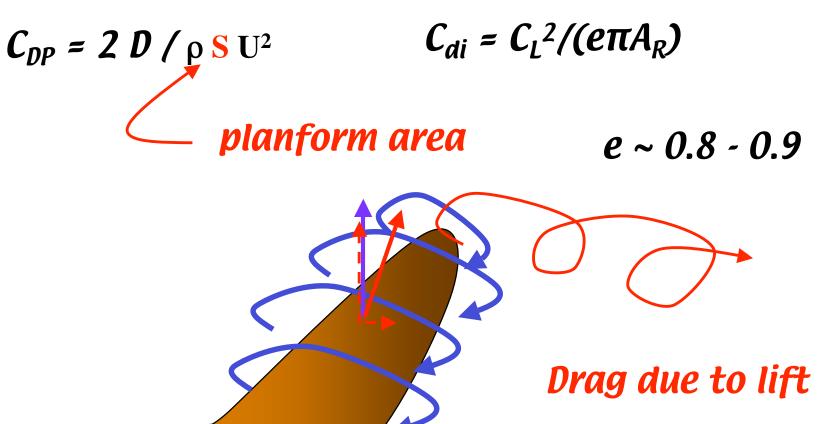
$$L = \rho U \Gamma$$

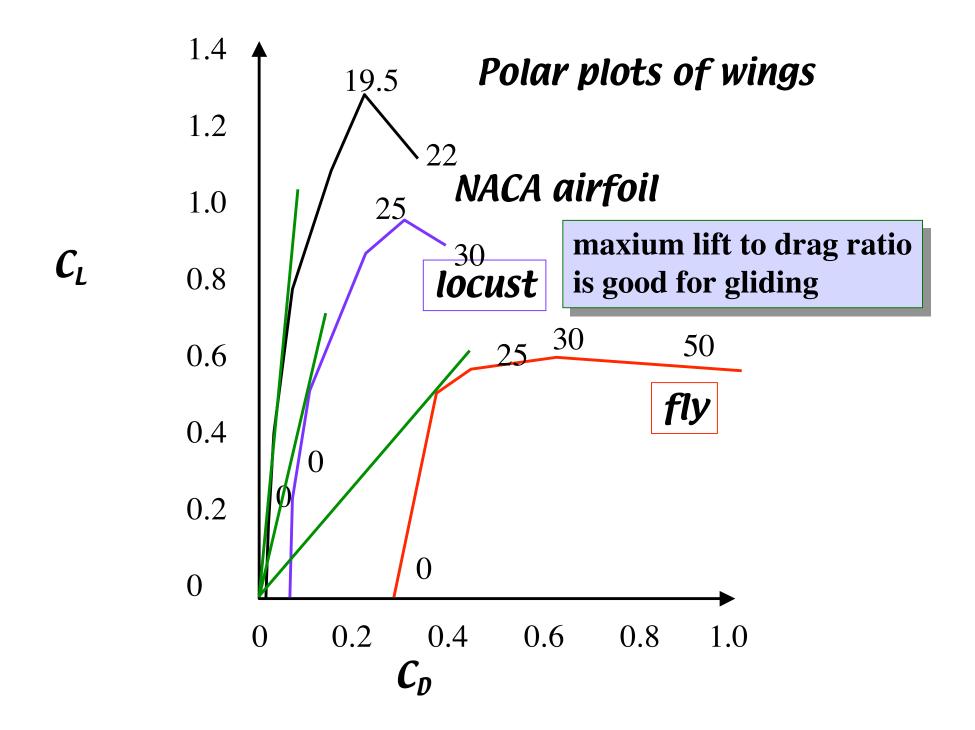
For real wings in real fluids, we cannot ignore viscosity and the finite span of the wings.

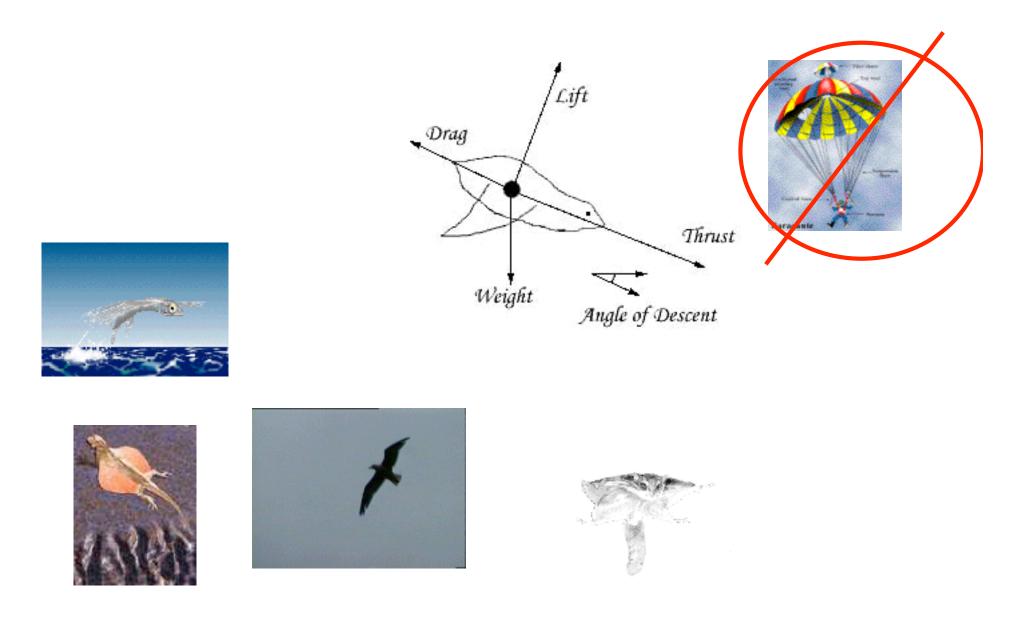


Real wings have drag as well (from two issues: viscosity of finite span). It's hard to predict it!

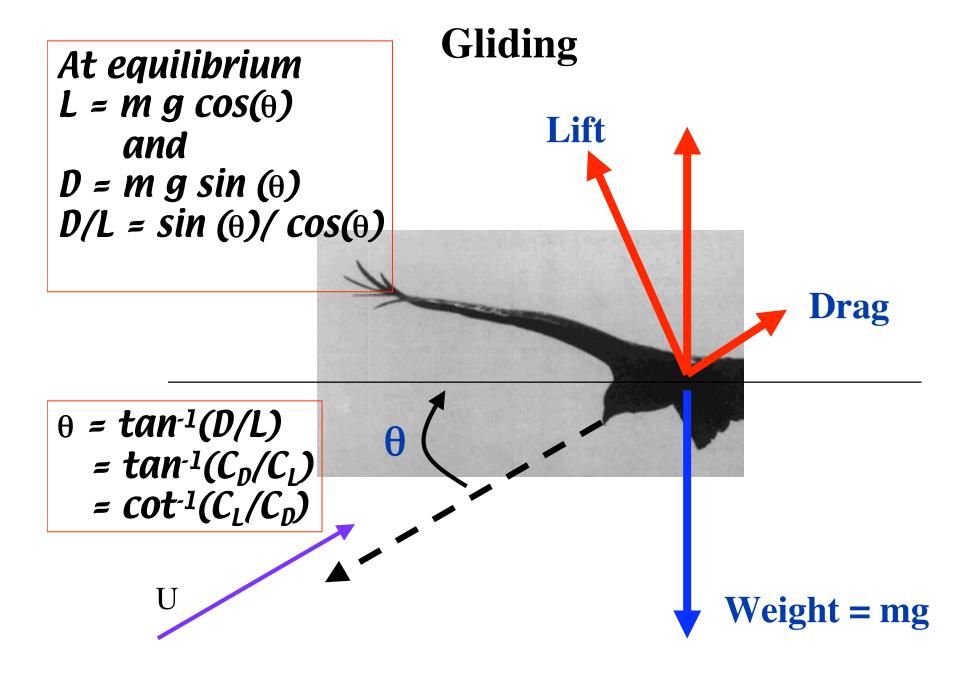
Two kinds of drag (profile drag and induced drag). Both depend on shape (A_R , camber), Re, angle..

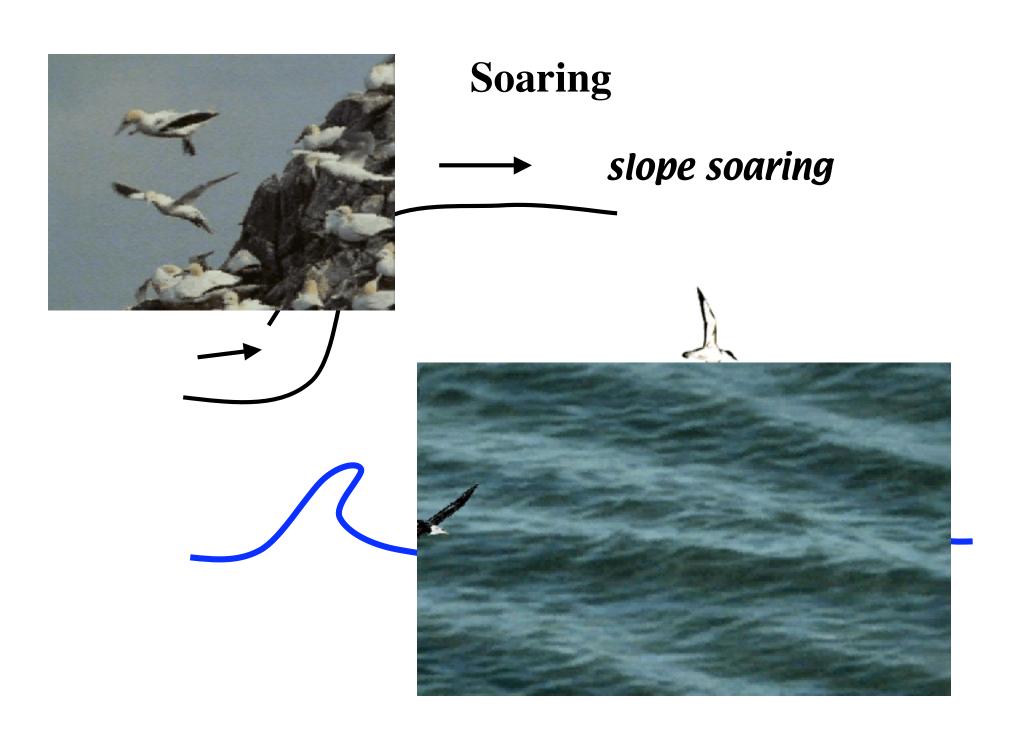






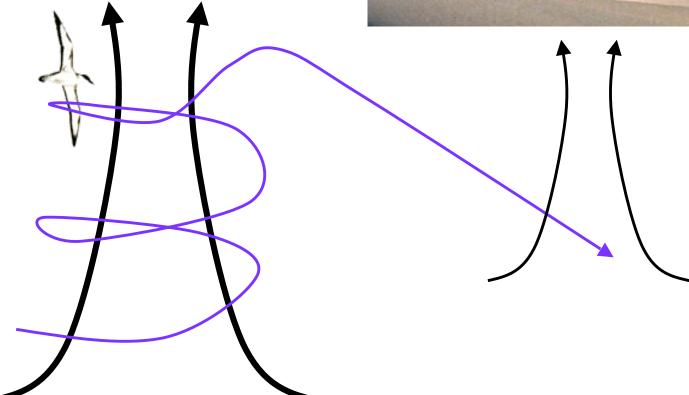
http://wings.ucdavis.edu/Book/Nature/beginner/index.html#gliding

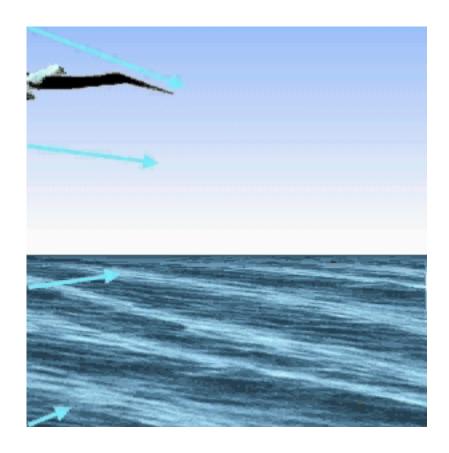


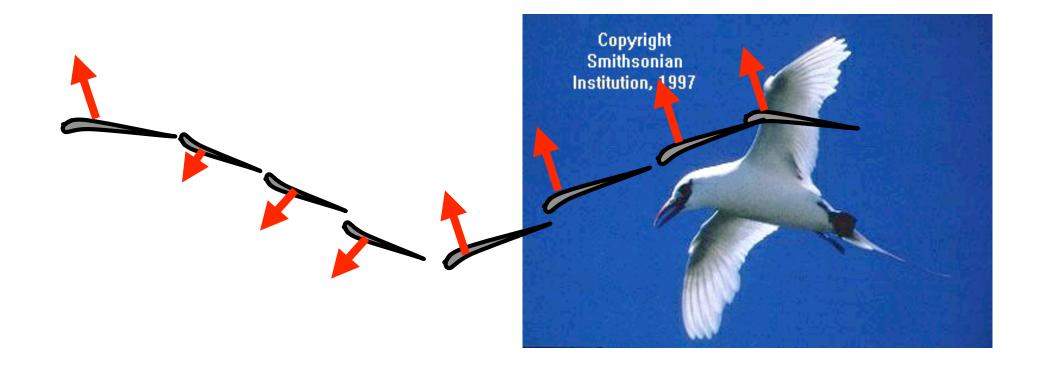


Thermal Soaring









Thrust from lift on a flapping wing

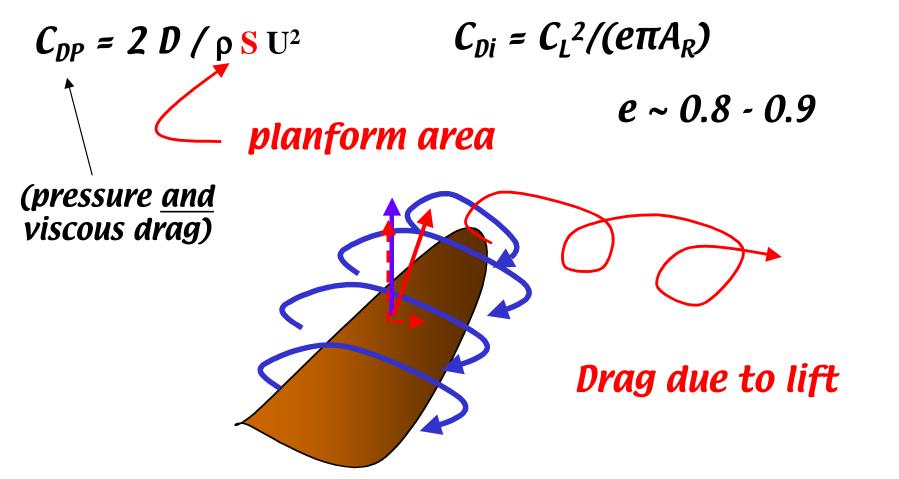
Biology 427 Biomechanics 2004 Lecture 21. Flapping flight fundamentals.

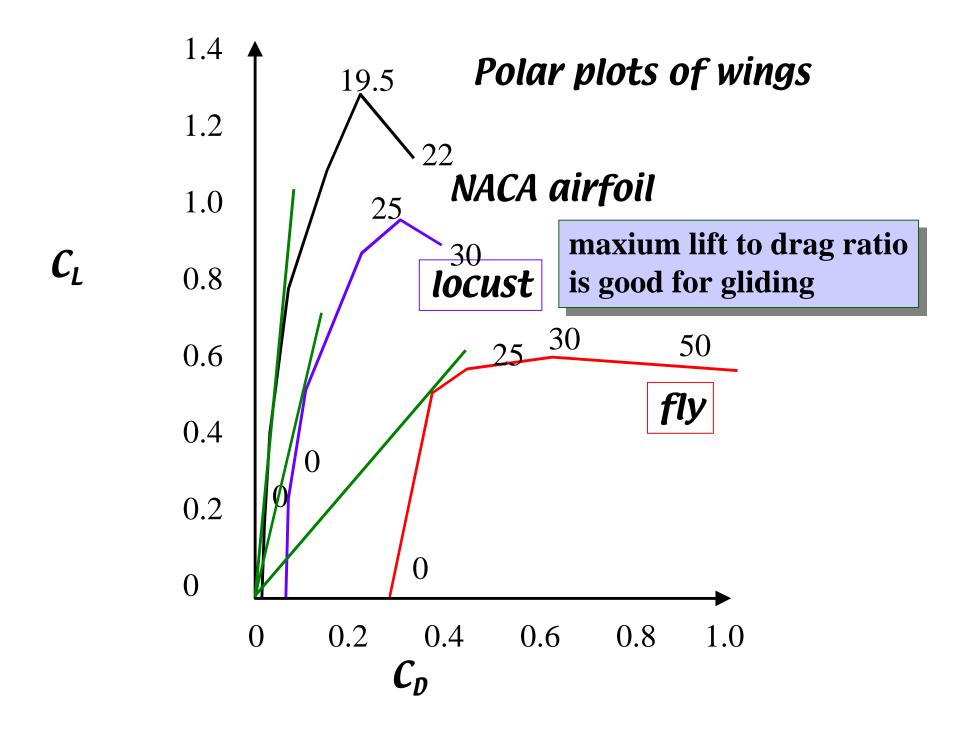
- •Recap lift coefficients, gliding and soaring.
- •Lift and thrust from flapping wings
- Quasi-steady vs. unsteady flows
- Methods of unsteady force production in flapping wings
- Modeling unsteady force production

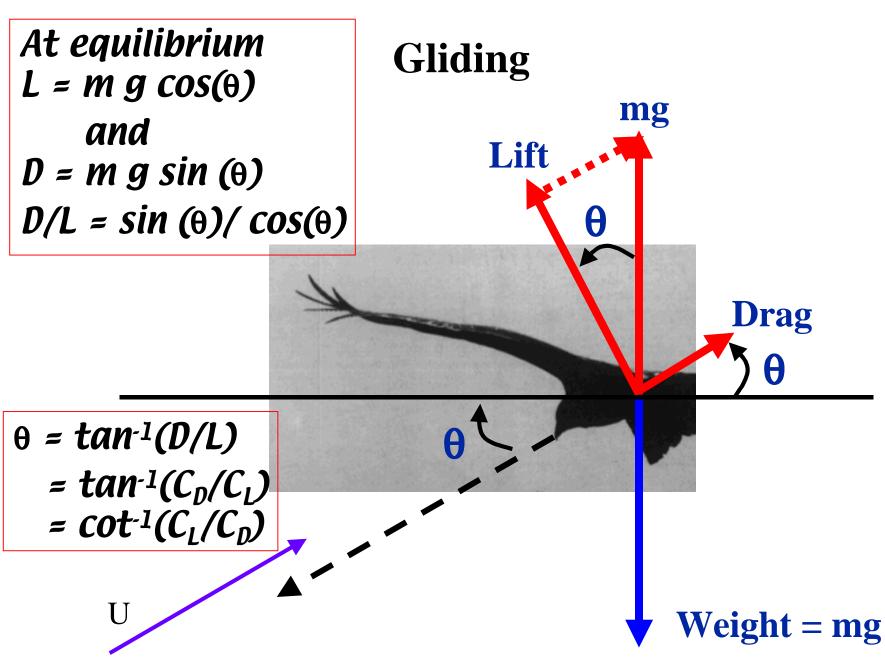
*Special seminar by Bob Full on Friday at 11:30 in this room:

"Bipedal Bugs, Galloping Ghosts and Gripping Geckos: BioInspired Computer Animation, Robotics, Artificial Muscles and Adhesives." Real wings have drag as well (from two issues: viscosity and finite span). It's hard to predict it!

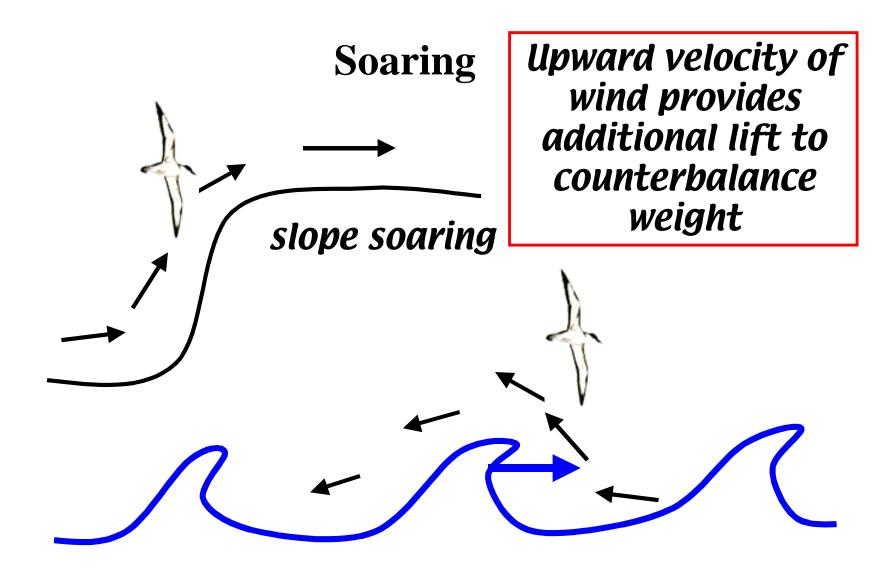
Two kinds of drag (profile drag and induced drag). Both depend on shape (A_R , camber), Re, angle..







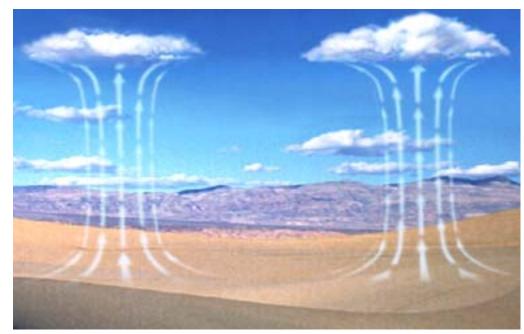
Glide angle is independent of weight!

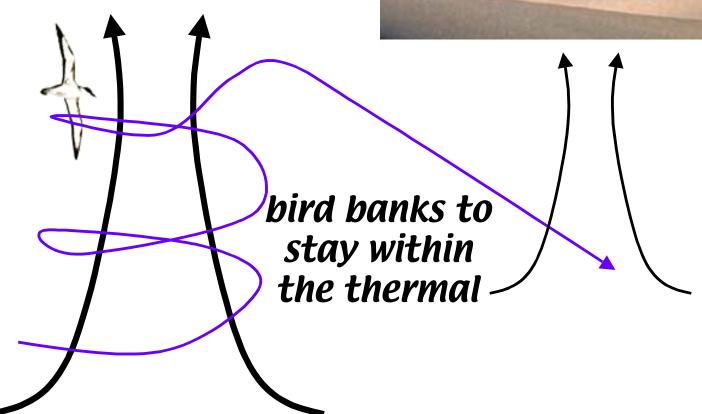


wave soaring

Thermal Soaring

Upward velocity of warm air provides enough extra lift to raise the bird

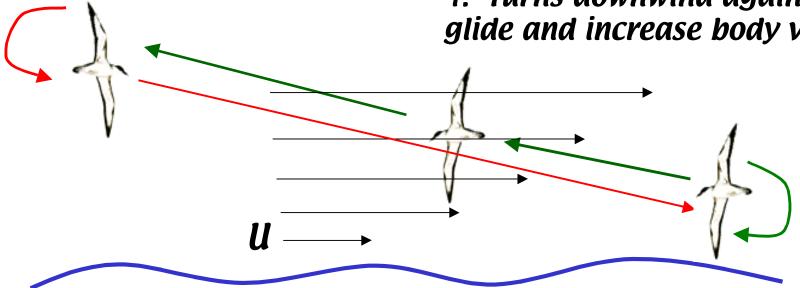




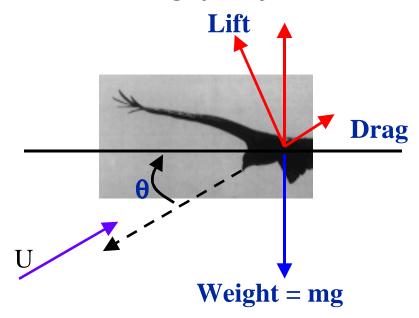
Dynamic Soaring

*takes advantage of a vertical velocity gradient in air rather than actual vertical movement of air

- 1. Bird glides down towards surface, increasing body velocity
- 2. Turns upwind and generates lift based on velocity gained during descent
- 3. Rises into higher velocities as moves up in gradient, allowing continued lift generation
- 4. Turns downwind again to glide and increase body velocity



Armed with lift coefficients, we can analyze gliding and soaring performance of "fixed wing" animals.



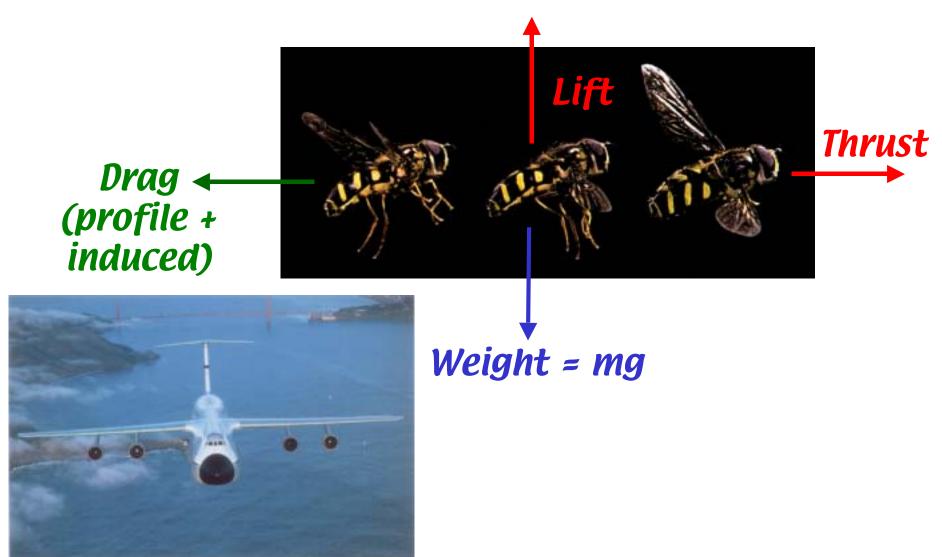


In flapping flight the velocity of wing with respect to the air varies both temporally (wing moves up and down) and spatially (along span of wing)

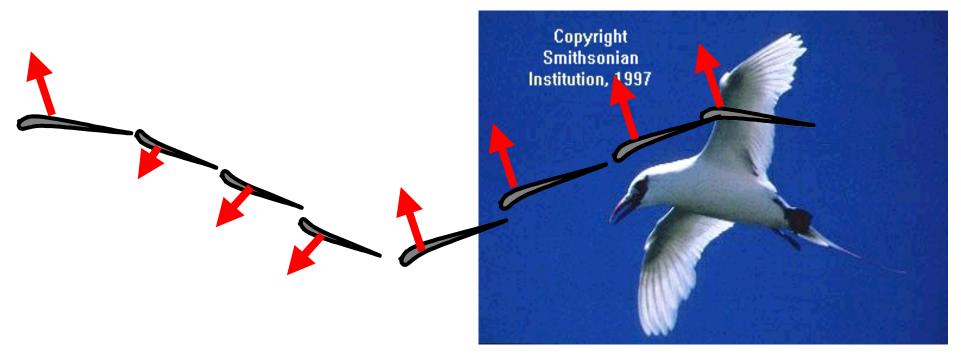




To further complicate matters, flying animals must generate both lift and thrust (forward force to counteract drag) with their wings



Thrust from lift on a flapping wing



for level flight at a steady speed (no accelerations):

mean lift = weight the mean upward force = mg mean thrust = drag the mean forward force = $1/2 \rho u^2 S_{body} C_{D, body}$ + $1/2 \rho u^2 S_{wing} C_{D, wing} + 1/2 \rho u^2 S_{wing} C_{Di}$





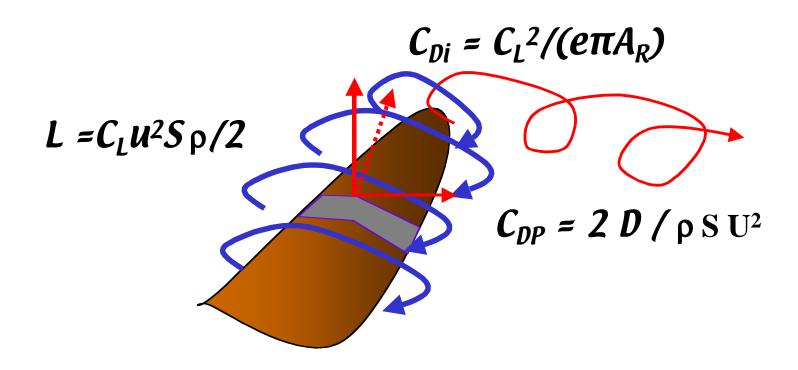




We understand how to calculate forces for steady flow. Can we use this approach to analyze flapping flight?

Quasi-steady blade-element approach:

calculate the steady lift and drag forces on each segment of a wing and sum these over the entire wing at each instant in time.



We understand how to calculate forces for steady flow. Can we use this approach to analyze flapping flight?

Works well in some cases, i.e. fast forward flight with relatively low flapping frequencies (large birds, whales, etc.)



But, Ellington (1986) showed that average lift coefficient of many flying insects is greater than maximum measured steady lift coefficient!



Three possible fluid flow situations......

 Steady flow: velocity is constant at any point (u=0, du/dt = 0)

• Quasi-steady flow: velocity varies, but forces equilibrate instantly $(F \sim u^2)$

 Unsteady flow: velocity varies and forces depend upon acceleration, time and other factors





How can we quantify the unsteady fluid forces produced by flapping wings?

WAKE ANALYSIS relies on the fact that the wake behind (or under) a flying animal contains all of the information about momentum changes in the fluid (and thus forces produced by the wings)



force generation during downstroke only

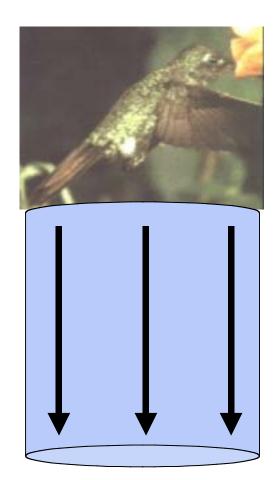


lift during one stroke and thrust during the other



twist wings to produce lift during both strokes

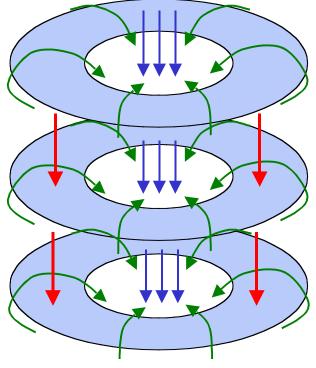
Vortex models equate momentum flux with a hovering animal's weight to estimate circulation



momentum jet = weight of animal







The reduced frequency parameter is a measure of the unsteady component of motion

 $\sigma = \omega L/u$

 $(\omega = 2\pi * flapping frequency)$

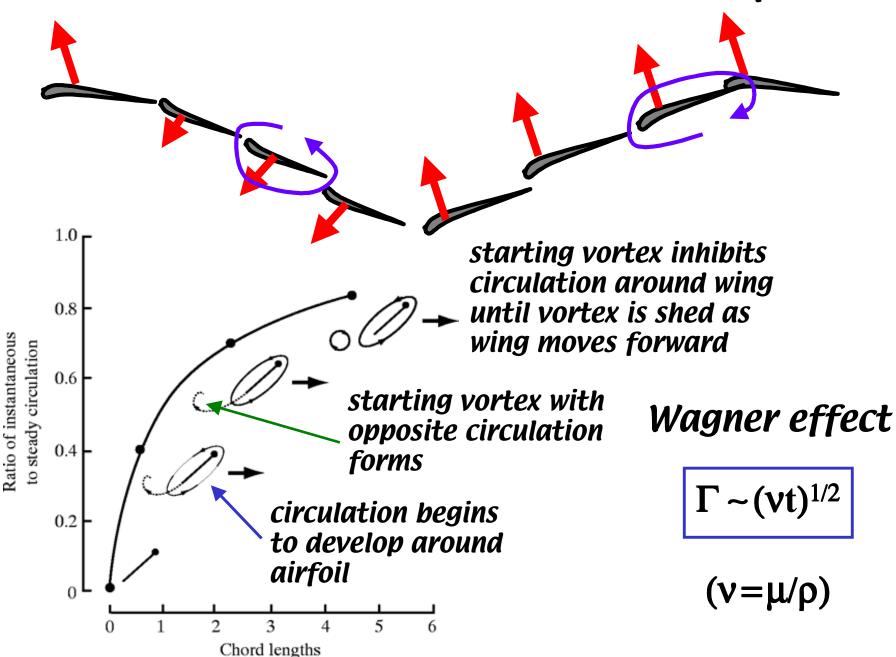
oscillatory motion/forward motion

A trade-off:

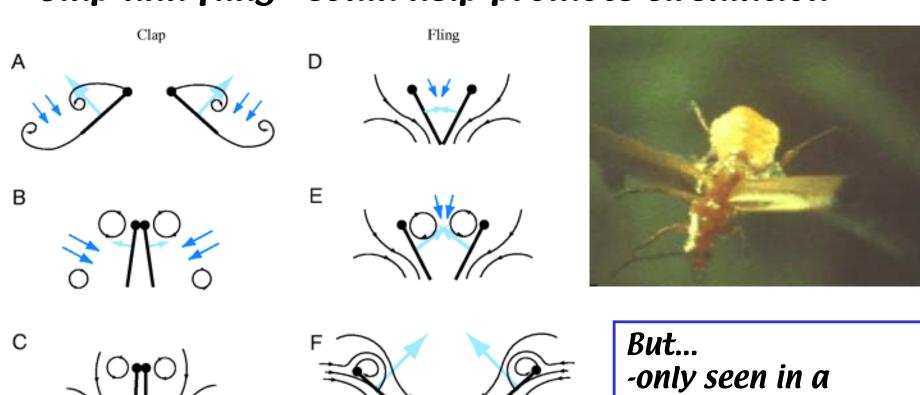
High frequency motions lead to high relative velocities (and lift).

But, these only happen with flapping, a motion that necessarily requires changes in the direction of circulation - and circulation takes time to develop.

Problem: circulation takes time to develop



"Clap and fling" could help promote circulation



As wings reach top of stroke, bring together leading edges first and shoot jet of air out between wings

Fling or peel apart wings from leading edges first - fluid rushes into gap and may help promote growth of circulation in next stroke

only seen in a limited number of insects

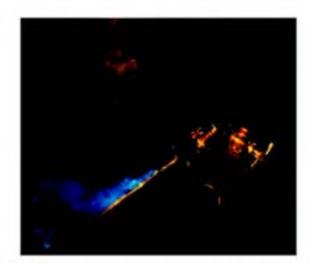
- Wagner effect may not be significant at relevant Reynolds numbers anyway

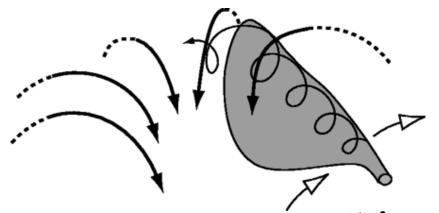
How do flying insects generate so much lift?

First clue came from "the flapper" - a Reynolds-scaled (large) robotic hawkmoth (Ellington et al., 1996)





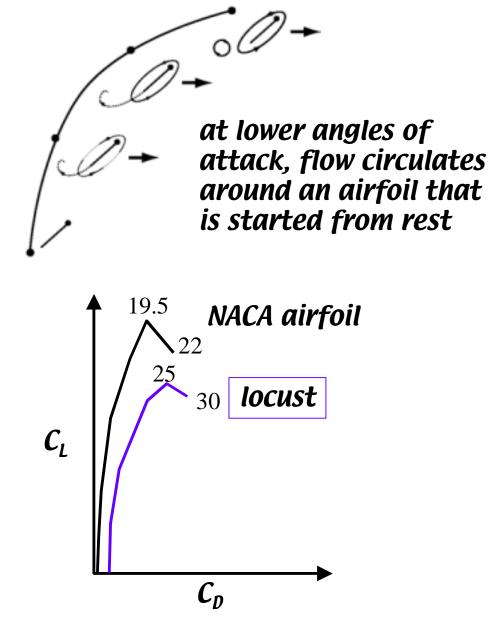


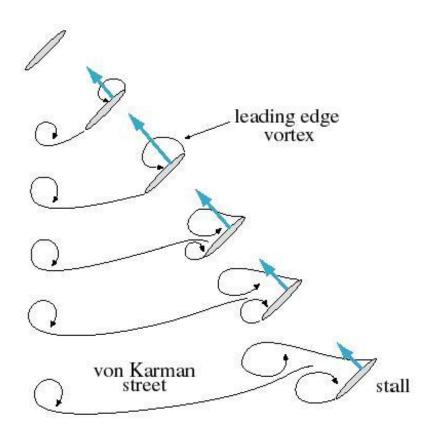


Smoke released from the leading edge of the flapper revealed an attached vortex along the leading edge of the wing

►This attached vortex leads to higher lift

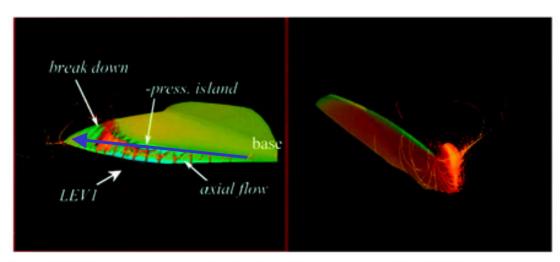
Leading edge vortices and delayed stall



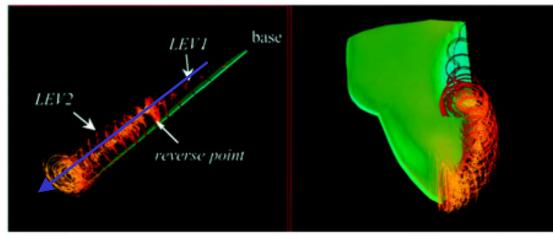


- •at higher angles of attack, flow separates at the leading edge and forms a leading edge vortex
- •the leading edge vortex grows and is shed from the wing, leading to stall

Leading edge vortices and delayed stall



But, the leading edge vortex on hawkmoth (and Drosophila) wings remains attached, allowing higher lift generation at high angles of attack!



CFD (computational) model of flow around a flapping hawkmoth wing (Liu et al., 1998)

How is the leading edge vortex stabilized?

- ► spanwise flow due to flapping appears to stabilize leading edge vortex in hawkmoths
- ► But this does not seem to be the case in Drosophila - different mechanism at lower Re?

How do flying insects generate so much lift?

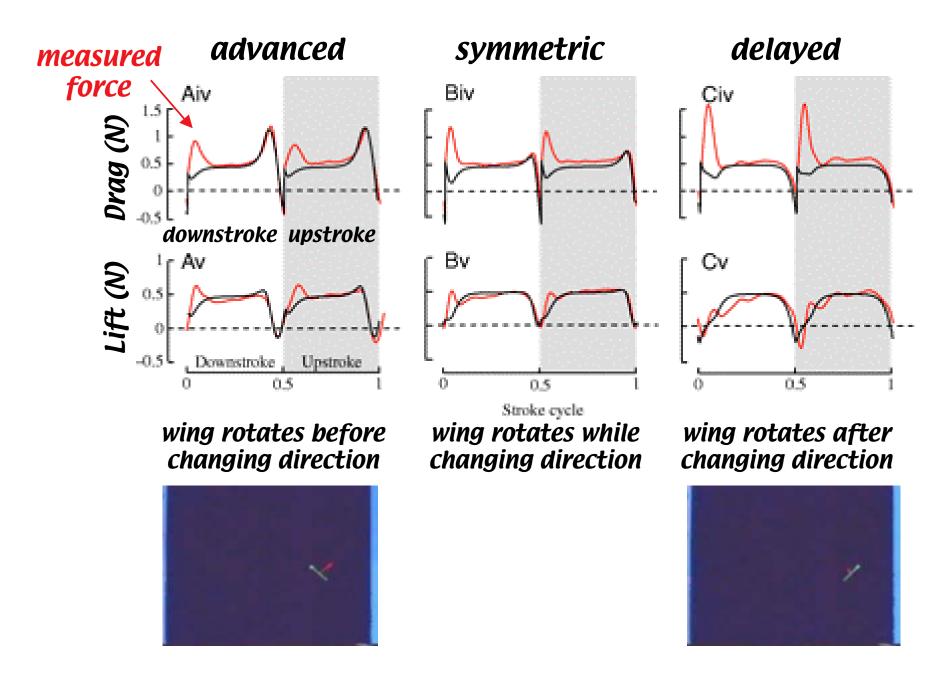




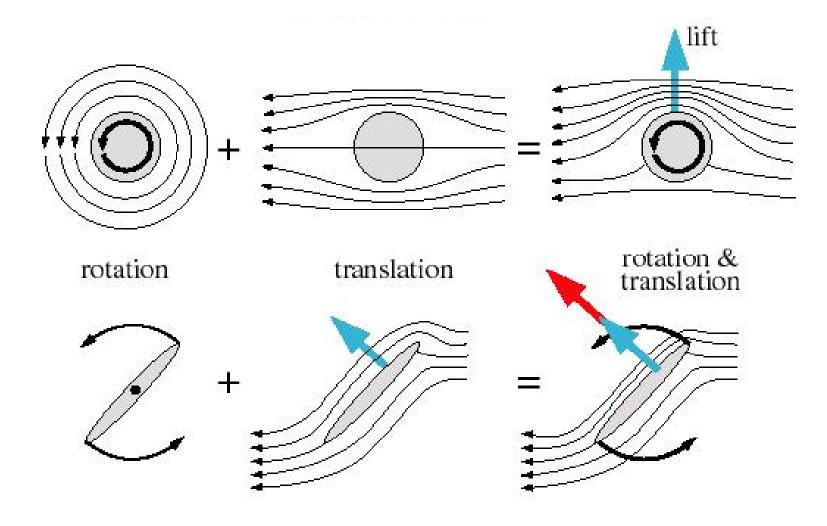


Force measurements and flow visualization of "robo-fly" (dynamically scaled *Drosophila* wing) have revealed additional mechanisms of unsteady lift generation

Timing of wing rotation affects force production



Rotational forces can augment lift production



*subtle changes in the timing of rotation can produce large differences in force production that may aid in maneuvering

Wake recapture: building better vortices by recycling fluid momentum

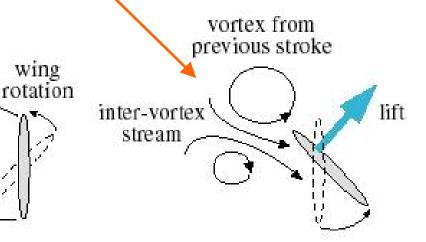


If wing reverses direction quickly, it will interact with the induced flow between these shed vortices

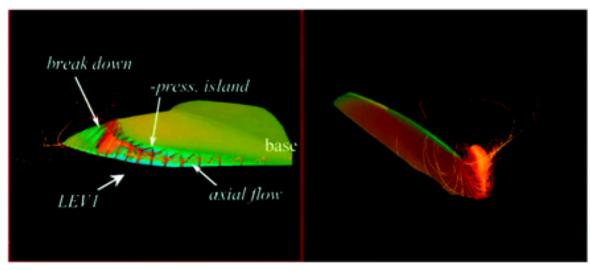
This inter-vortex flow increases the relative velocity of air hitting the wing, leading to higher lift production

As wing stops and changes direction, leading and trailing edge vortices are shed

translation

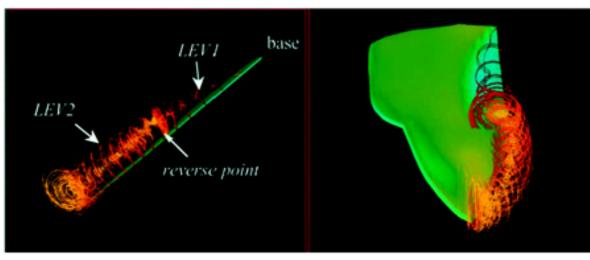


Can we model unsteady force production by flapping wings without performing a full computational fluid analysis?



Mechanisms of unsteady force production:

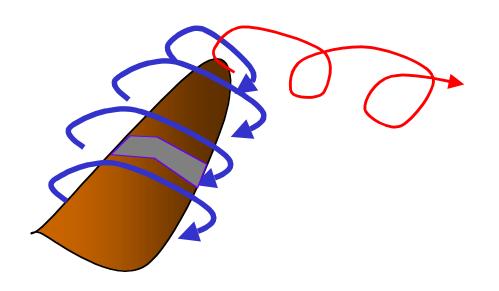
- 1. translation
- 2. rotation
- 3. wake capture



Can we model unsteady force production by flapping wings without performing a full computational fluid analysis?

Back to blade element analysis:

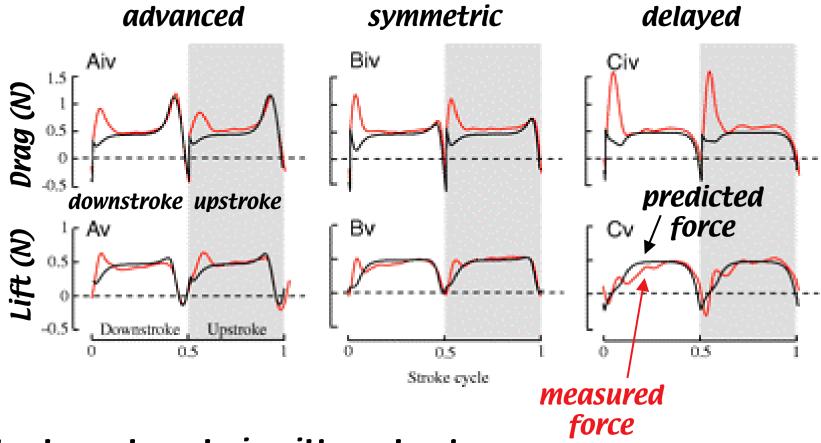
calculate the lift and drag forces on each segment of a wing and sum these over the entire wing at each instant in time.



But this time:

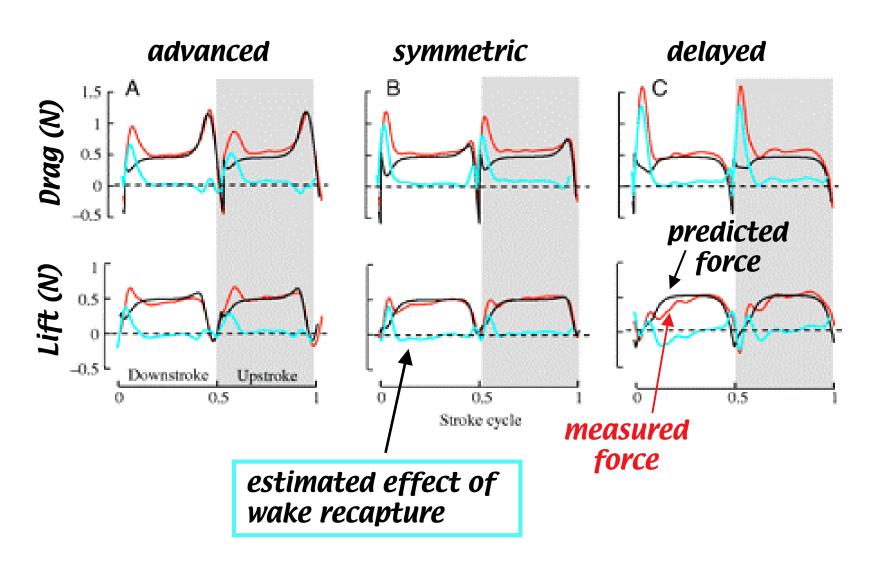
- ► use unsteady force coefficients for translational motion (high angle of attack and delayed stall)
- calculate rotational forces generated at stroke reversals

Can we model unsteady force production by flapping wings without performing a full computational fluid analysis?



Blade element analysis with unsteady force coefficients and rotation predicts forces well in some cases

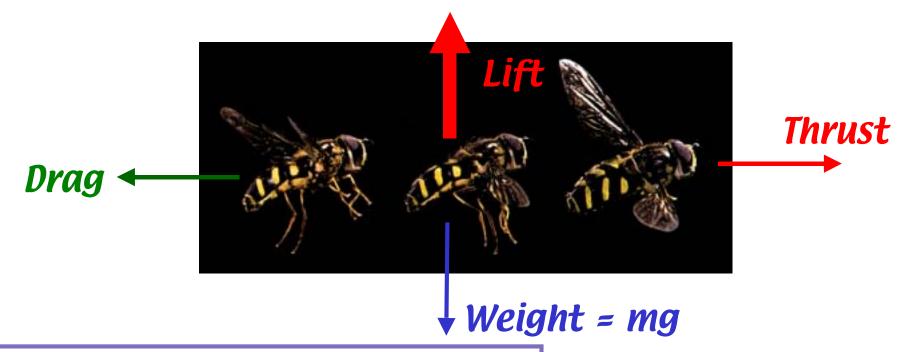
Wake capture accounts for the difference between measured and predicted forces



Biology 427 Biomechanics 2004 Lecture 22. Swimming dynamics and unsteady flows

- Modeling unsteady flapping flight
- Differences between flight and swimming
- Mechanisms of producing thrust in water:
 - **▶** Jet reaction mechanisms
 - ► Drag-based swimming and added mass forces
 - ► Lift-based (oscillatory) and undulatory swimming

Flying animals must generate both lift and thrust (forward force to counteract drag) with their wings



Average lift coefficients of many flying insects are greater than maximum steady lifts coefficients - insects do not generate lift by conventional, steady mechanisms!



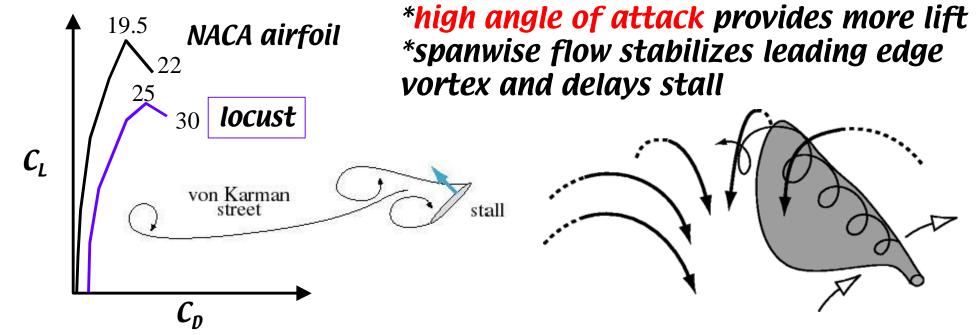
How do flying insects generate so much lift?

1. Leading edge vortex and delayed stall



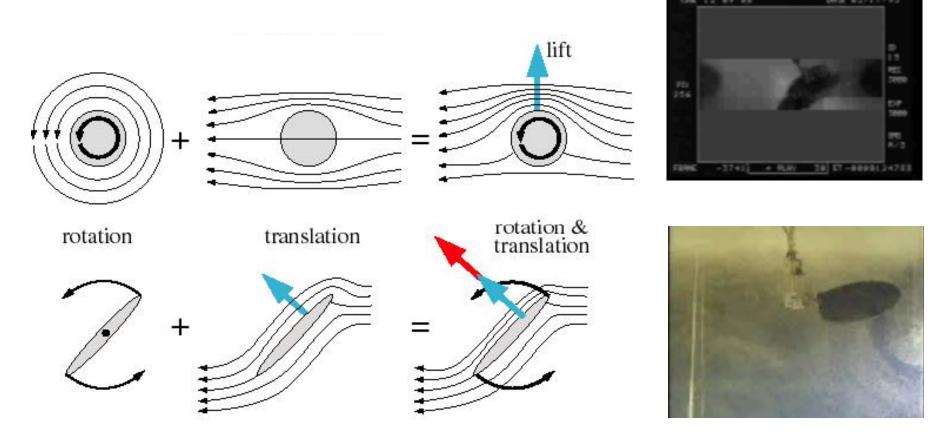






How do flying insects generate so much lift?

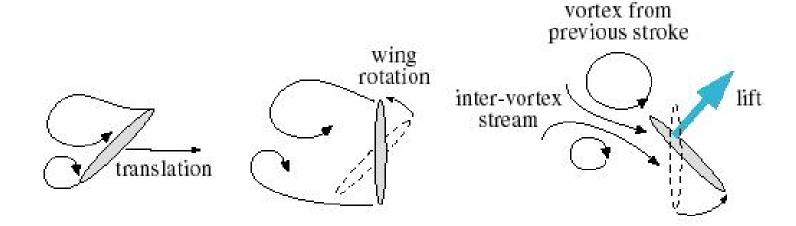
1. Wing rotation



*Rotational forces can augment lift production * Timing of wing rotation affects force production

How do flying insects generate so much lift?

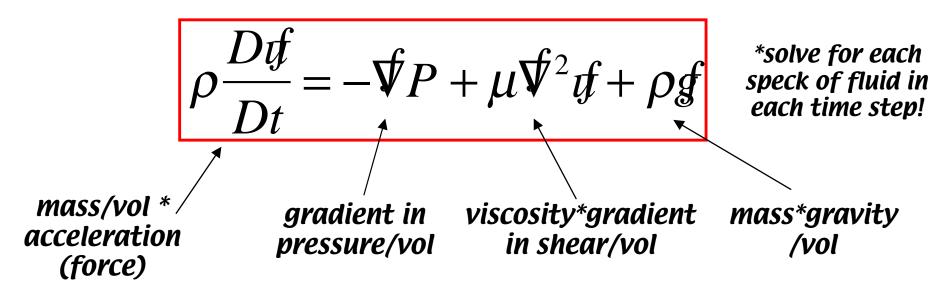
1. Wake capture

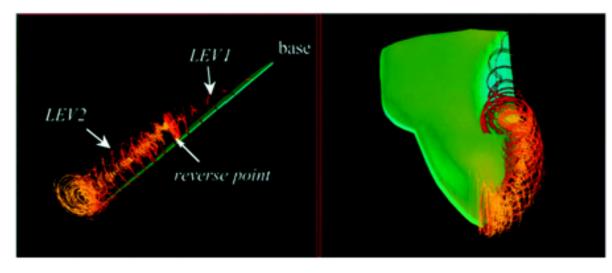




*As wing changes direction, it sheds vortices into the wake and then moves through this higher velocity fluid, increasing lift production

We can calculate all of the forces produced by a moving fluid by solving the full 3-D Navier-Stokes equation numerically (Computational Fluid Dynamics)



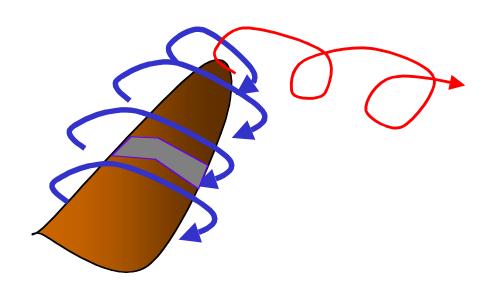


But...

this is extremely time and computerintensive, and only applies to the exact situation you choose to solve Can we create a simpler, analytical model of unsteady flapping flight that could predict force production in many different cases?

Back to blade element analysis:

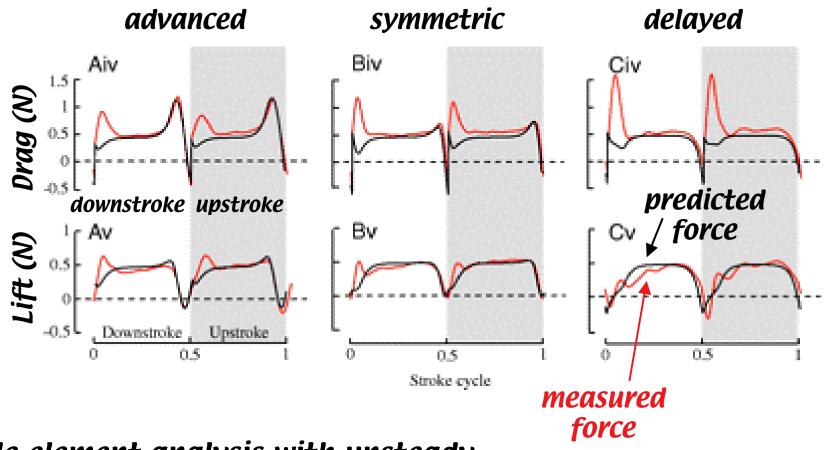
calculate the lift and drag forces on each segment of a wing and sum these over the entire wing at each instant in time.



But this time:

- ► use unsteady force coefficients for translational motion (high angle of attack and delayed stall)
- calculate rotational forces generated at stroke reversals

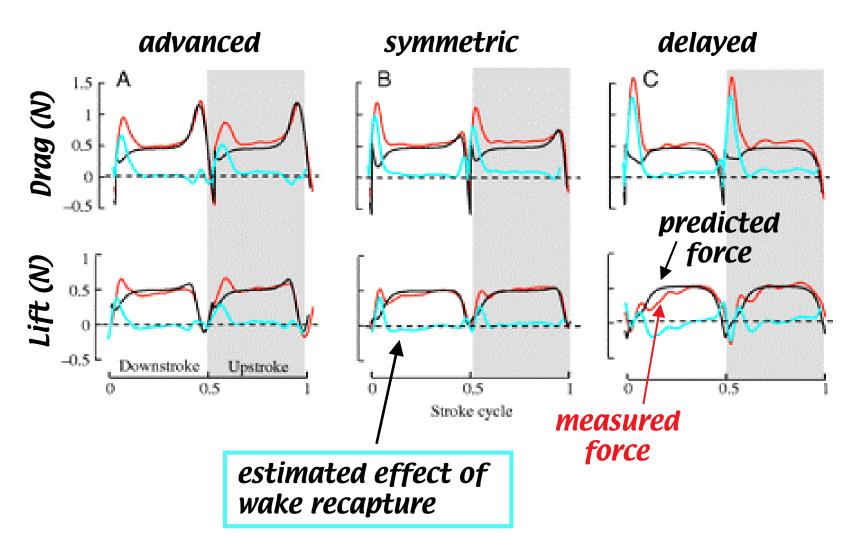
Can we create a simpler, analytical model of unsteady flapping flight that could predict force production in many different cases?



Blade element analysis with unsteady force coefficients and rotation predicts forces well in some cases

Sane and Dickinson (2002)

Wake capture accounts for the difference between measured and predicted forces - It may be possible to predict unsteady forces produced by flapping flight!

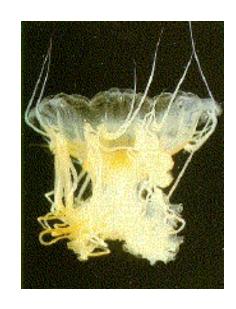


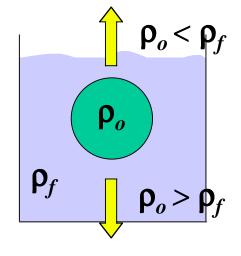
How does swimming differ from flight?

All fluids (air or water) follow the same physical rules, but the density of most biological tissues is much closer to that of water

ρair = 1.2 kg/m³
ρwater = 1000 kg/m³
ρseawater = 1000 kg/m³
ρfat = 940 kg/m³, but
ρbone = 1700 kg/m³ ->
2500 kg/m³





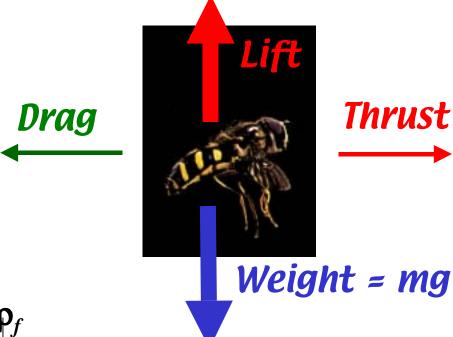


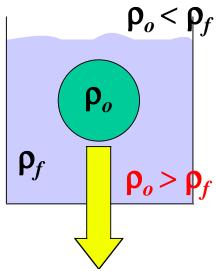
 $F_{total} = mg = (\rho_f - \rho_o)Vg$ where $\rho_f =$ density of fluid and $\rho_o =$ density of object

How does swimming differ from flight?

All fluids (air or water) follow the same physical rules, but the density of most biological tissues is much closer to that of water

```
pair = 1.2 kg/m³
pwater = 1000 kg/m³
pseawater = 1000 kg/m³
pfat = 940 kg/m³, but
pbone = 1700 kg/m³ ->
2500 kg/m³
```

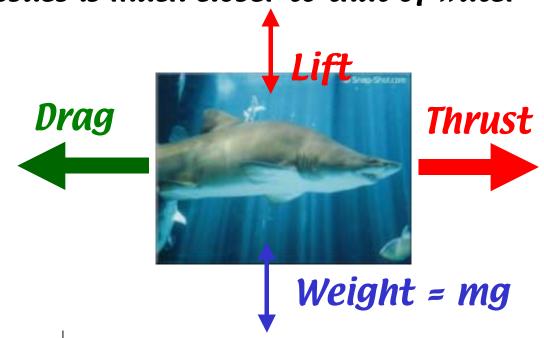


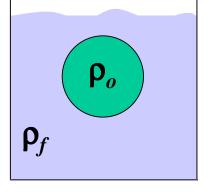


How does swimming differ from flight?

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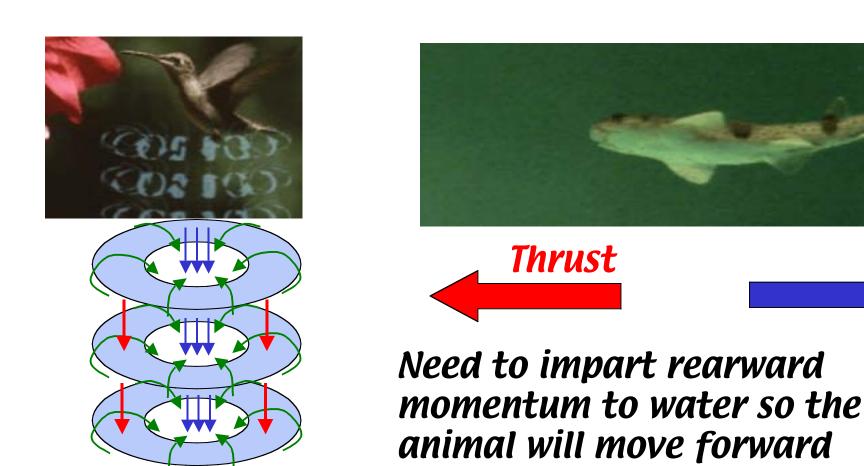
```
ραir = 1.2 kg/m<sup>3</sup>
ρwater = 1000 kg/m<sup>3</sup>
ρseawater = 1000 kg/m<sup>3</sup>
ρfat = 940 kg/m<sup>3</sup>, but
ρbone = 1700 kg/m<sup>3</sup> ->
2500 kg/m<sup>3</sup>
```





slightly positively buoyant, slightly negatively buoyant, or neutrally buoyant (depends on tissues and air spaces)

Weight support is less of an issue in swimming



F = change in momentum = d(mu)/dt

How do animals generate forward thrust in water?

How do animals generate forward thrust in water?

Impart rearward momentum to water by:

- 1. jet propulsion shoot a jet of water backwards out of your body
- 2. drag-based swimming ("rowing") push water backwards with an appendage
- 3. lift-based swimming accelerate water backwards over a hydrofoil held at an appropriate angle
- 4. undulating rolling water backwards along a waving fin or body









Jet reaction mechanisms





F = change in momentum = d(mu)/dt

Thrust = d(mu)/dt = m du/dt + u dm/dt

* in jet reactions, the total mass of the animal changes, as well as the velocity



Drag-based swimming - Water is pushed back by an appendage oriented perpendicular to flow * Drag on rearward-moving appendage produces

forward motion of animal

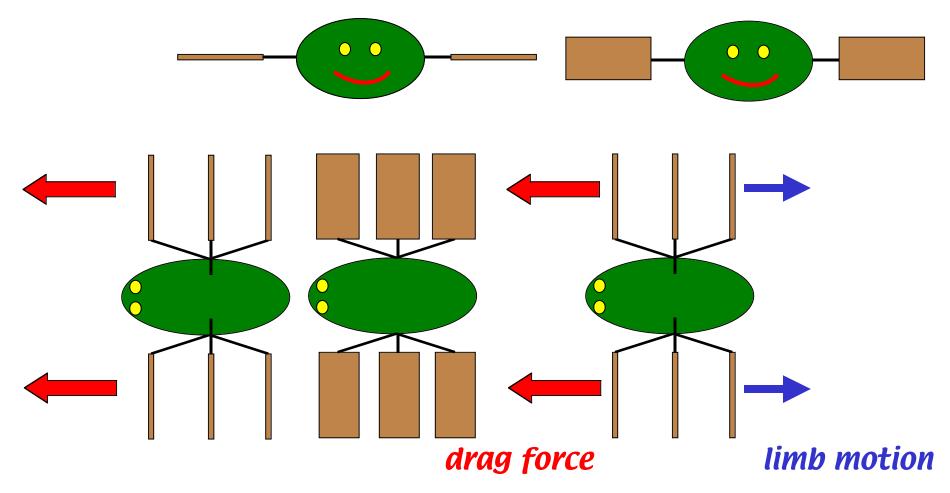








Drag-based swimming



POWER STROKE

POWER STROKE

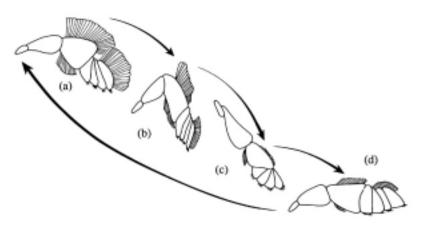
RECOVERY STROKE

*rotate appendage so it experiences less drag when moving forward

Using drag for propulsion: paddling and rowing

 $D = C_d \rho S u^2/2$

Mechanisms for reducing drag on the recovery stroke:

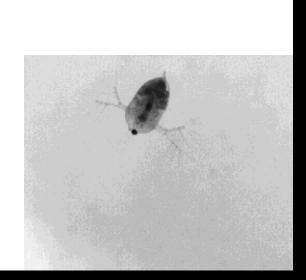


► Change area/shape between downstroke and upstroke

- ► Decrease velocity during recovery stroke
- ► Decrease fluid density during recovery stroke



Drag-based swimming



copepod

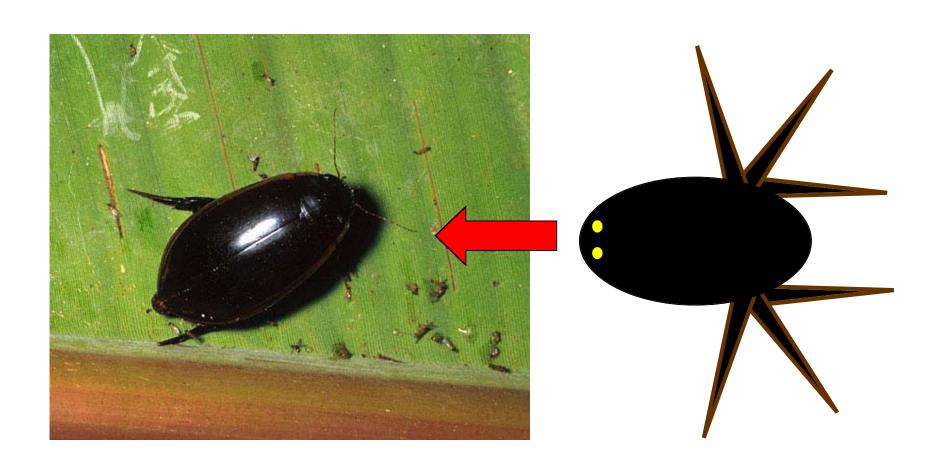


horse



water beetle

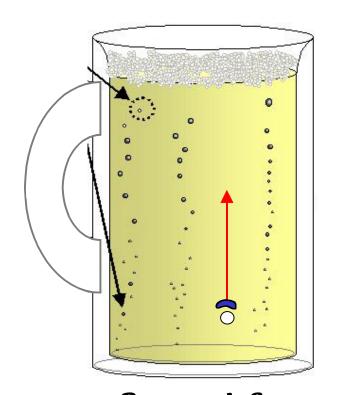
But... some dytiscid beetles swim without changing the area or orientation of their legs on the recovery stroke



Thrust = $C_D \rho S u^2/2 +$ "something else"

What is the "something else" that contributes to drag-based swimming?

Consider a bubble rising in a glass of beer.....



Buoyant force:

$$F_{total} = (\rho_f - \rho_o)Vg$$

where ρ_f = density of fluid displaced and ρ_o = density of object

bubble Volume = 1 mm³ = 1 x 10⁻⁹ m³
$$\rho_{bubble} = 1.2 \text{ kg/m}^3; m_{bubble} = 1.2 \text{ x } 10^{-9} \text{ kg}$$

$$\rho_{beer} = 1000 \text{ kg/m}^3$$

$$F_{total} = (\rho_{beer} - \rho_{bubble}) \text{ V } \text{g} = 9.8 \text{ x } 10^{-6} \text{ N}$$

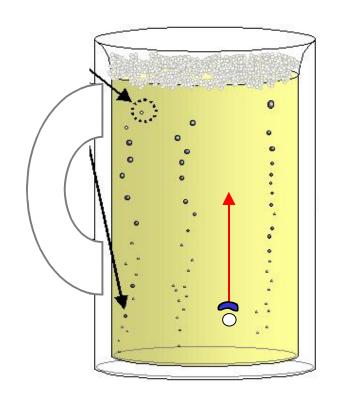
$$F_{total} = m_{bubble} \text{ a}$$

$$a = 8200 \text{ m/s}^2 = 830 \text{ x gravity!}$$

*bubble also has to accelerate the mass of fluid in front of it, and this fluid has inertia (resists acceleration or deceleration)

What is the "something else" that contributes to drag-based swimming?

Consider a bubble rising in a glass of beer.....



bubble Volume = 1 mm³ = 1 x 10⁻⁹ m³
$$\rho_{bubble} = 1.2 \text{ kg/m}^3 \text{ ; } m_{bubble} = 1.2 \text{ x } 10^{-9} \text{ kg}$$

$$\rho_{beer} = 1000 \text{ kg/m}^3$$

$$F_{total} = (\rho_{beer} - \rho_{bubble}) \text{ V } g = 9.8 \text{ x } 10^{-6} \text{ N}$$

$$F_{total} = m_{virtual} \text{ a}$$

$$m_{virtual} = \rho_{bubble} V + \alpha \rho_{beer} V$$

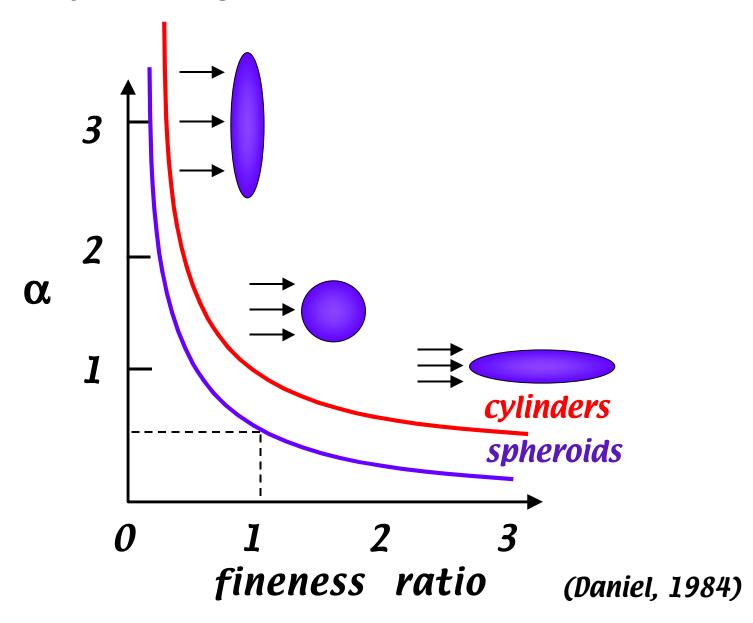
$$= 0.5 \text{ x } 10^{-7} \text{ kg}$$

$$a = 20 \text{ m/s}^2 = 2 \text{ x gravity}$$

"added mass" for a sphere
= 1/2 volume displaced by
object (\alpha = 0.5)

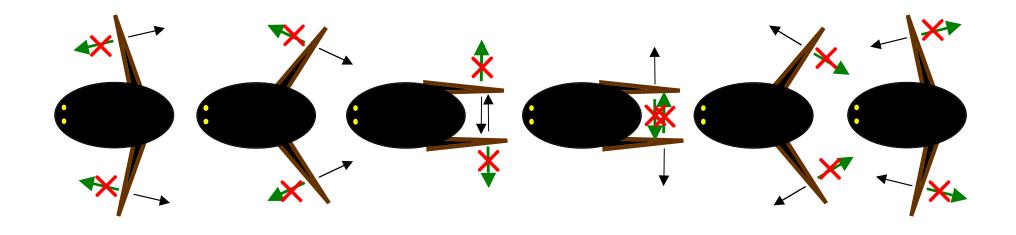
"virtual mass" = mass of object + added mass of fluid

The added-mass coefficient (α) depends on the shape of the object



Back to the dytiscid beetle.....

Drag opposes <u>velocity</u> of limb (always opposite to direction of motion)



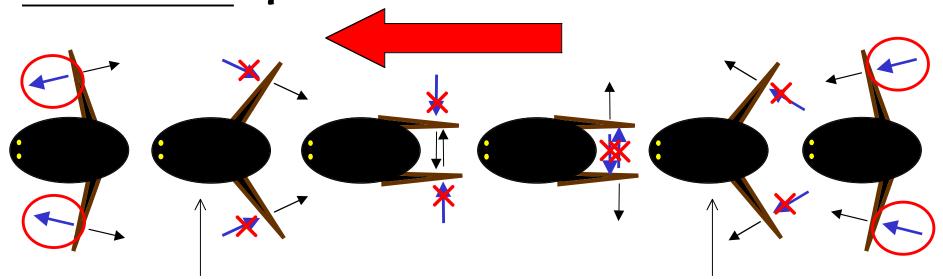
Thrust = $C_D \rho S u^2/2 +$ "something else"

Thrust = Drag + Added mass force

Back to the dytiscid beetle.....

Drag opposes <u>velocity</u> of limb (always opposite to direction of motion)

Added mass force opposes acceleration or deceleration of limb



halfway point - limb begins to decelerate

Thrust = $C_D \rho S u^2/2 +$ "something else"

Thrust = Drag + Added mass force

How do animals generate forward thrust in water?

Impart rearward momentum to water by:

- 1. jet propulsion shoot a jet of water backwards out of your body
- 2. drag-based swimming ("rowing") push water backwards with an appendage
- 3. lift-based swimming accelerate water backwards over a hydrofoil held at an appropriate angle
- 4. undulating rolling water backwards along a waving fin or body









Swimming in fish and mammals

Lift-based swimming with hydrofoils (flippers, tail, fins....)

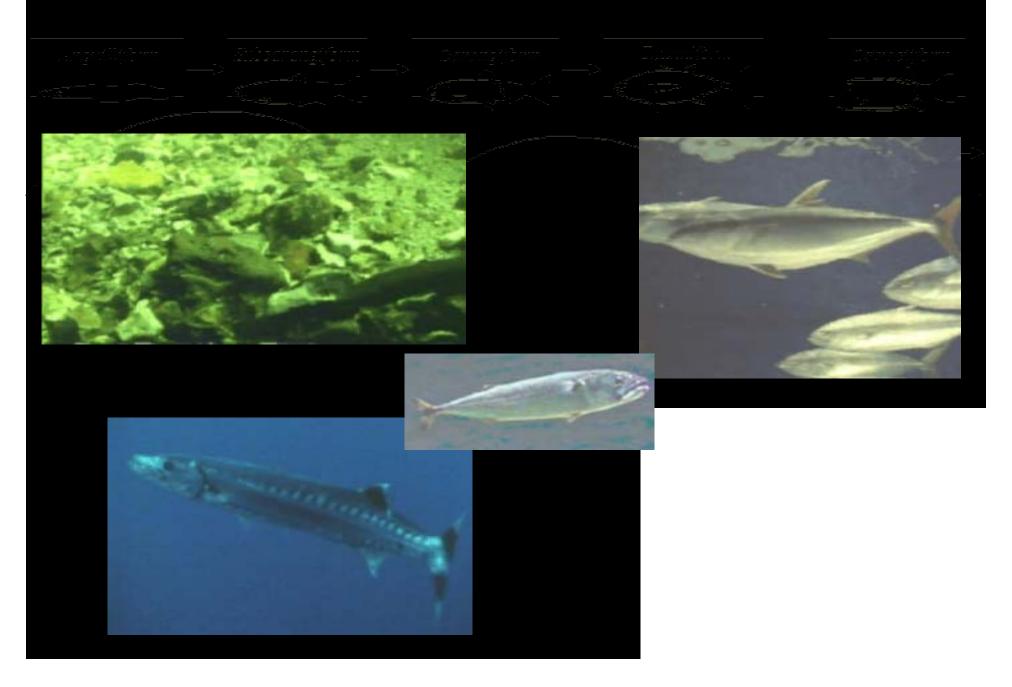




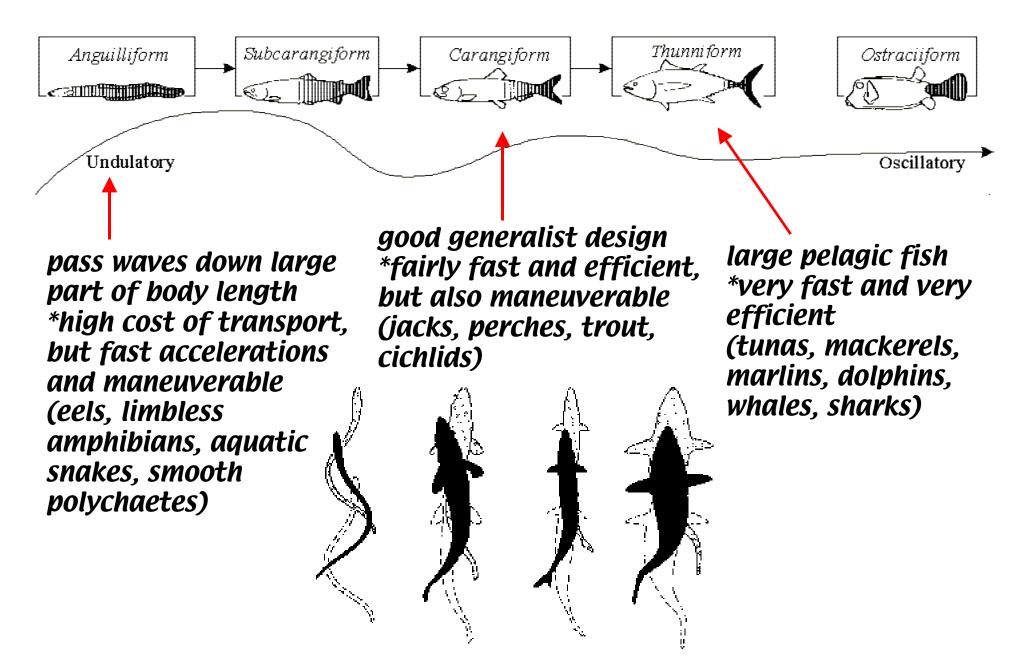




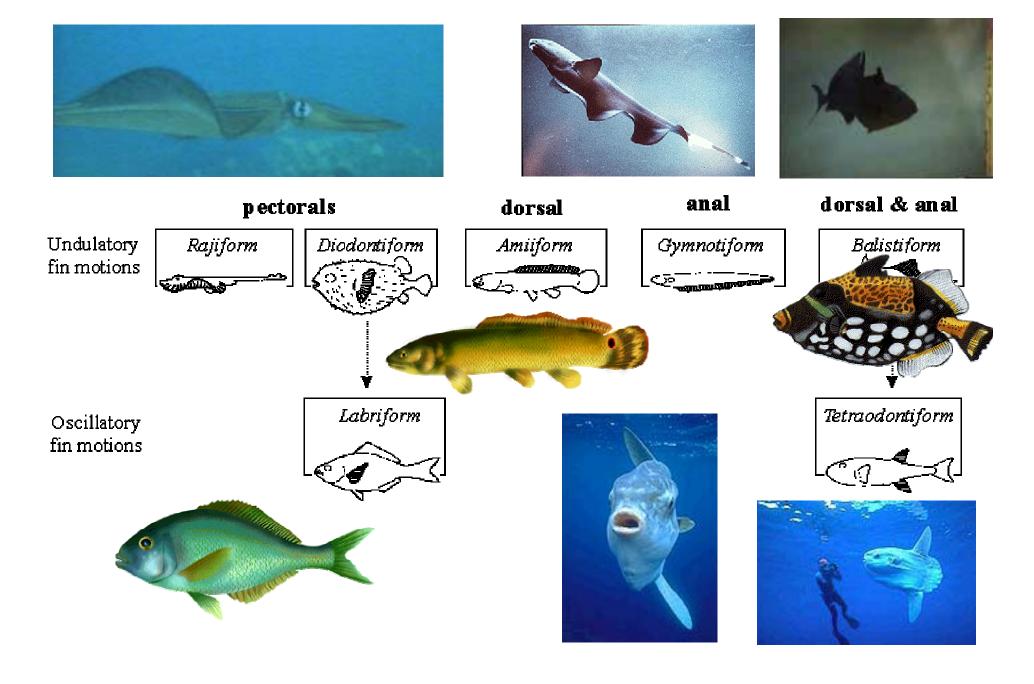
Fish swimming - body/caudal fin (tail) propulsion



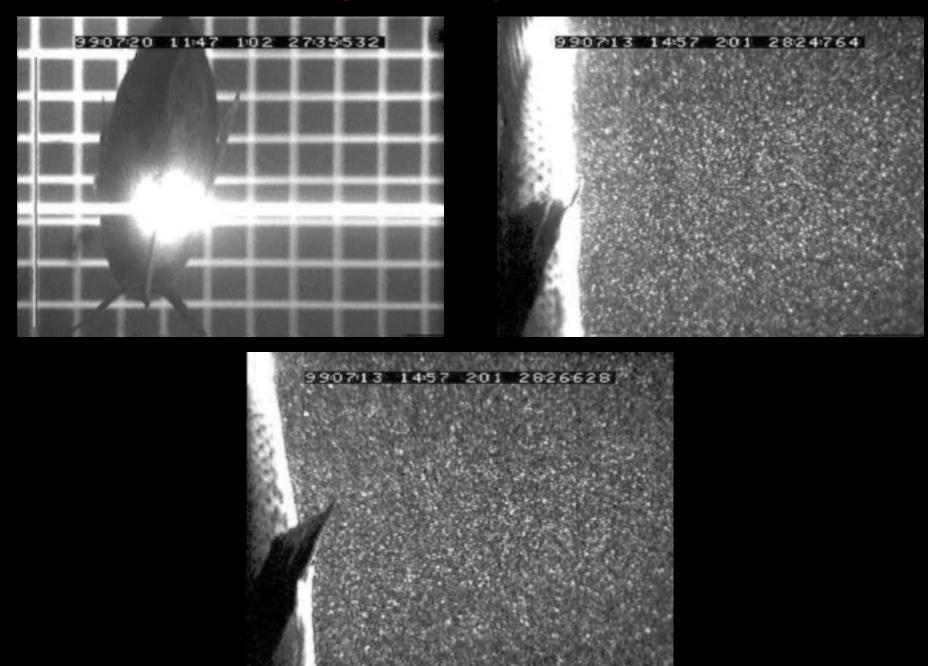
Fish swimming - body/caudal fin (tail) propulsion



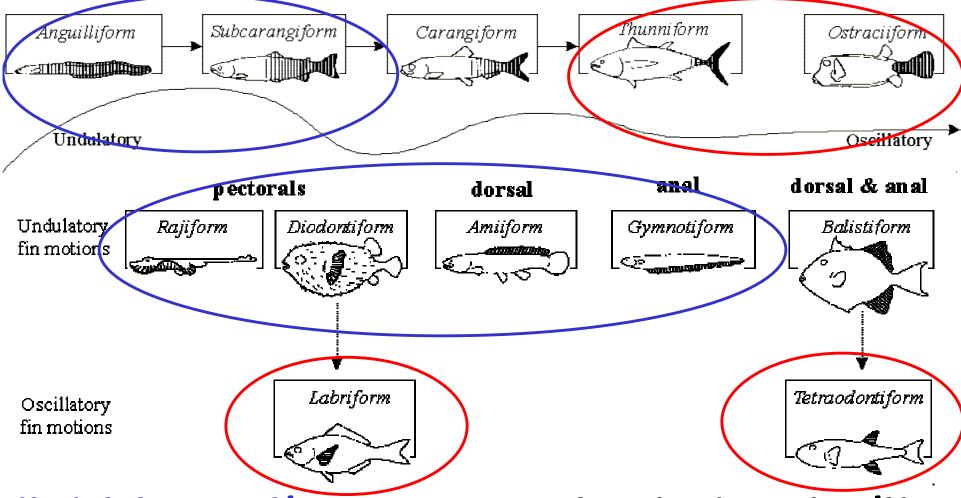
Fish swimming - median/paired fin propulsion



Fin movements are often complex



Lift often dominates forces produced by oscillatory motions - fluid is accelerated backwards over hydrofoil



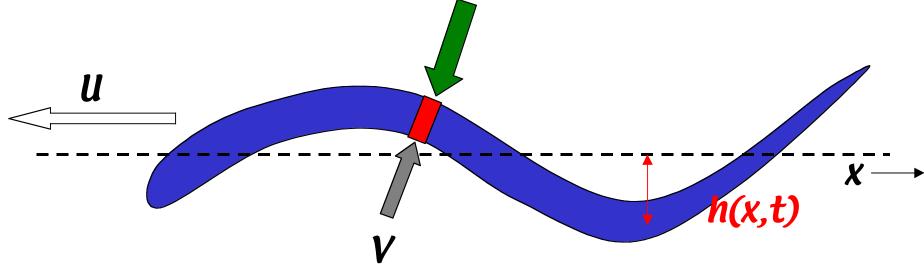
Undulatory motions pass momentum backwards with each wave - one vortex on each side per full wave is shed into the wake

Forces produced by undulatory motions can be calculated by adding the lateral forces produced by each individual segment

Lateral force per unit length

V = dh/dt + u dh/dx

T = d(m'V)/ dt + U d(m'V)/dx

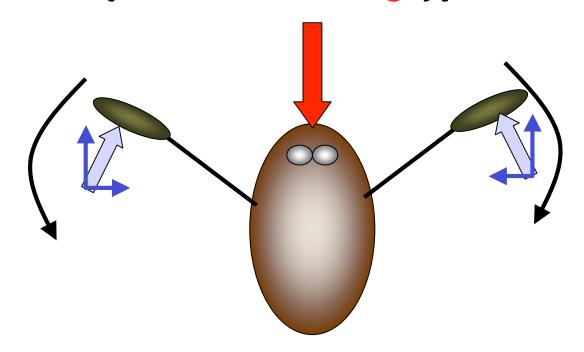


Lighthill's slender body theory: Thrust = $m'(V^2/2 - V dh/dt)$ at the tail

Biology 427 Lecture 23. Life at Low Reynolds Numbers

- •Recap High Re Number Swimming
- Low Reynolds Number Phenomena
- Ciliary locomotion
- Dilemmas about force generation
- Regulation of cilia and flagella

Balance of forces (thrust and "drag") for a swimmer!

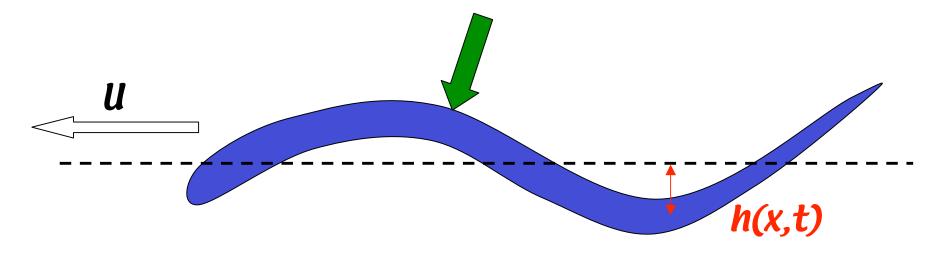


Thrust =
$$C_D \rho S u^2/2 +$$
 "something else"
= $C_D \rho S u^2/2 + \alpha \rho V du/dt$
"Drag" = $C_{Dbody} \rho S_{body} u_{body}^2/2 + \alpha_{body} \rho V_{body} du_{body}/dt$

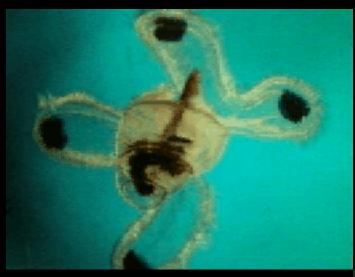
Thrust = Drag

More complicated for anguilliform swimming

Lateral force per unit length V = dh/dt + u dh/dxT = d(m'V)/dt + U d(m'V)/dx



Lighthill's slender body theory: Thrust = $m'(V^2/2 - V dh/dt)$ at the tail!

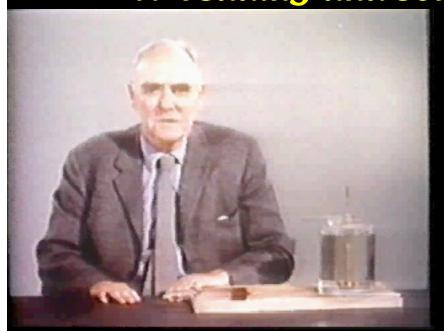


a demonstration

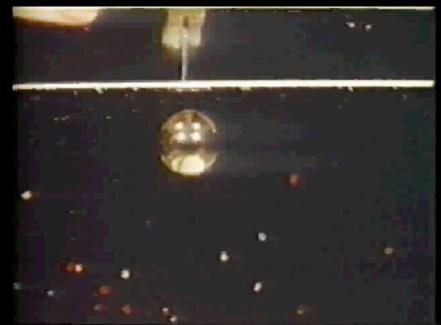


a small reading from Vogel

A reading and some movies

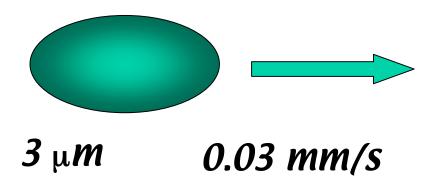






E. coli: how far does this glide?

 $m du/dt = -6 \pi R \mu u$



Swimming at Low Reynolds numbers (<1)

Phenomenological issues:

- flow is reversible
- flow equations are linear
- inertia is negligible
- disturbances are manefest over huge relative distances.
- boundaries are all important
- shape matters considerably less

A sphere:

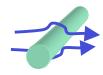
| | Low Re | High Re |
|---------|-----------|----------------------------------|
| $C_D =$ | 24/Re | 0.1 |
| D = | 6 π r μ U | 0.1 0.5 ρ π r^2 U^2 |
| | | |



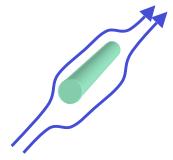
Two important questions:

- What are the cellular mechanisms that generate force?
- What are the fluid dynamic mechanisms that propel the animal?

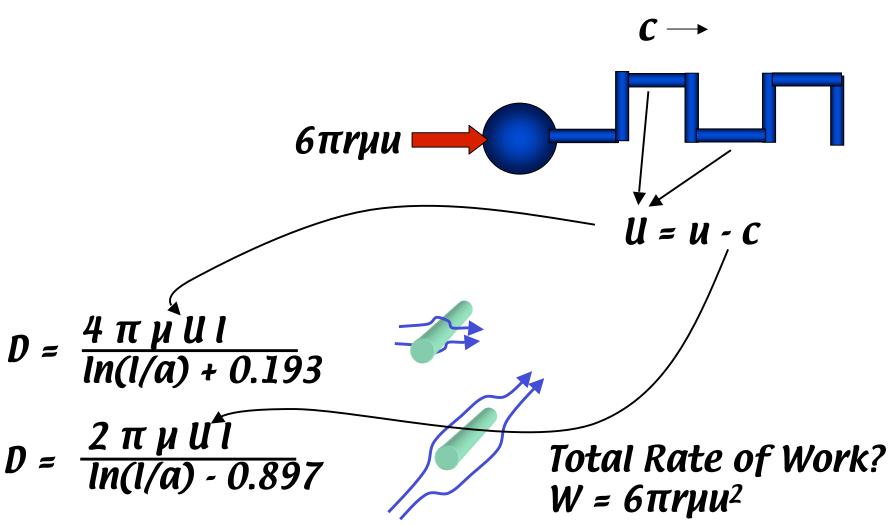
$$D = \frac{4 \pi \mu U I}{\ln(I/\alpha) + 0.193}$$

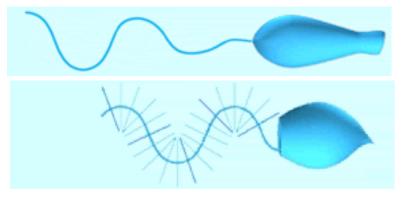


$$D = \frac{2 \pi \mu U I}{ln(l/a) - 0.897}$$









mastigonemes

 $u_T = I d\theta/dt$



parapodia

Problems:

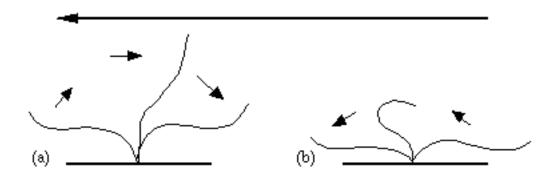
boundaries

density of cilia

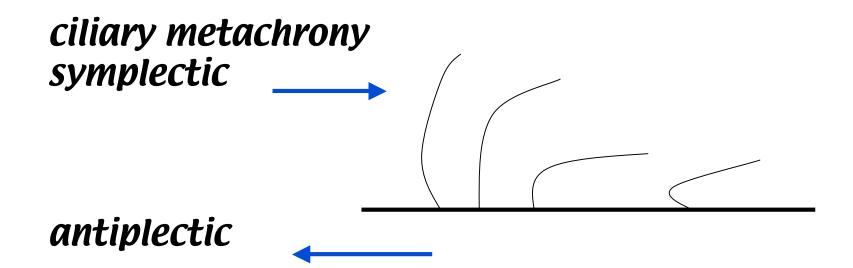
mucus

 $4 \pi \mu U I$ and severuln(I/a) + 0.193 important

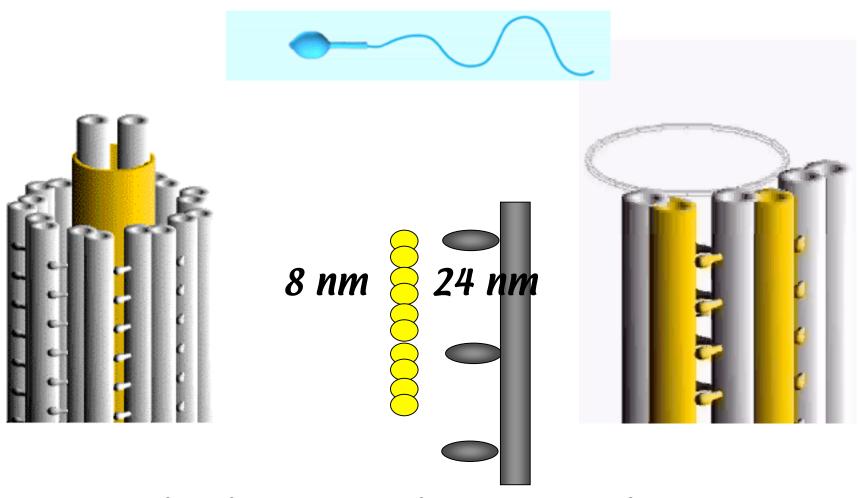
and several regulatory issues



The "oar-like" motion of cilia involves a pursur strule (a) followed by a necessary strule (b). The large arrow indicates the direction of motion of the cell.



how are waves controlled?



tubulin dimer subunits and dynein motors

Biology 427 Lecture 24. More Low Reynolds Numbers

- •Recap low Reynolds numbers
- •Ciliary and flagellar mechanisms
- •Fluid flow governs heat and mass transport
- •An example of a low Reynolds number creature

Swimming at Low Reynolds numbers (<1)

Phenomenological issues:

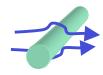
- flow is reversible
- flow equations are linear
- inertia is negligible
- disturbances are manifest over huge relative distances.
- boundaries are all important
- shape matters considerably less



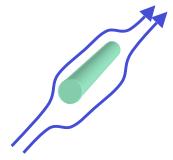
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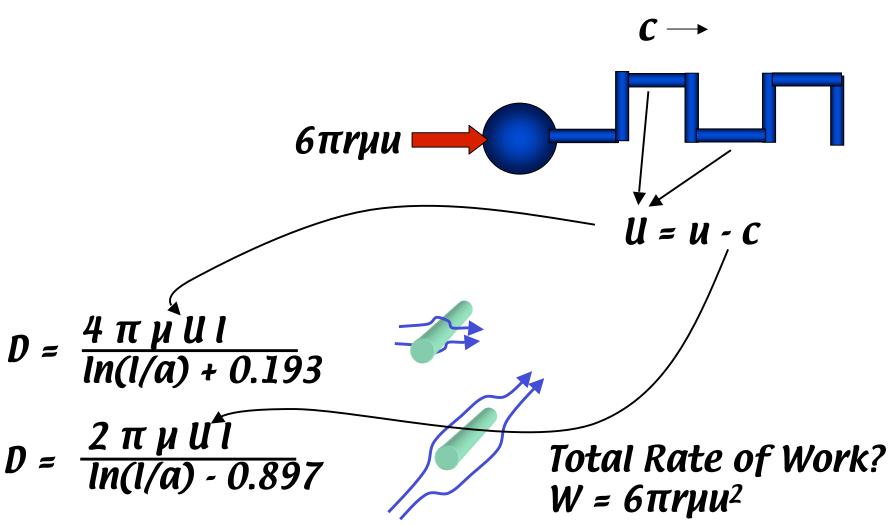
$$D = \frac{4 \pi \mu U I}{\ln(I/\alpha) + 0.193}$$

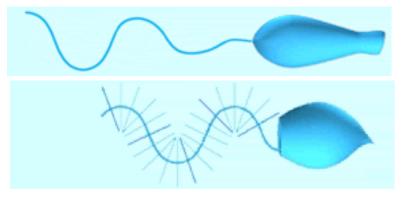


$$D = \frac{2 \pi \mu U I}{ln(l/a) - 0.897}$$









mastigonemes

 $u_T = I d\theta/dt$



parapodia

Problems:

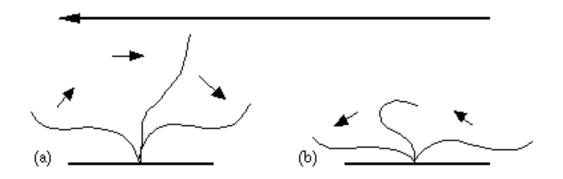
boundaries

density of cilia

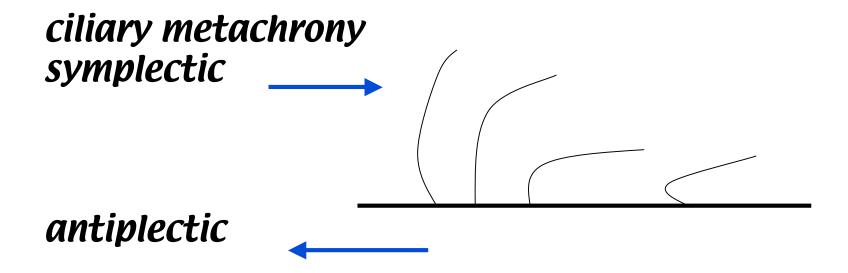
mucus

 $4 \pi \mu U I$ and severuln(I/a) + 0.193 important

and several regulatory issues

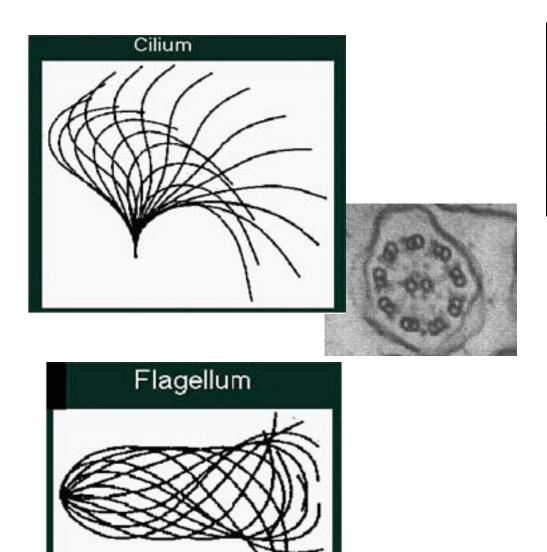


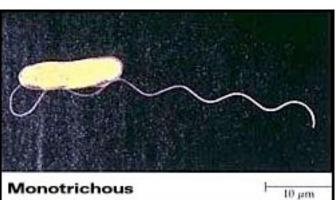
The "oar-like" motion of cilia involves a pursur strule (a) followed by a necessary strule (b). The large arrow indicates the direction of motion of the cell.

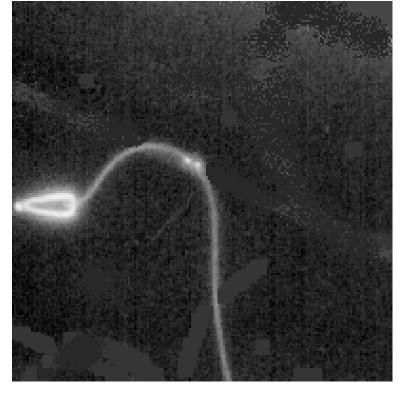


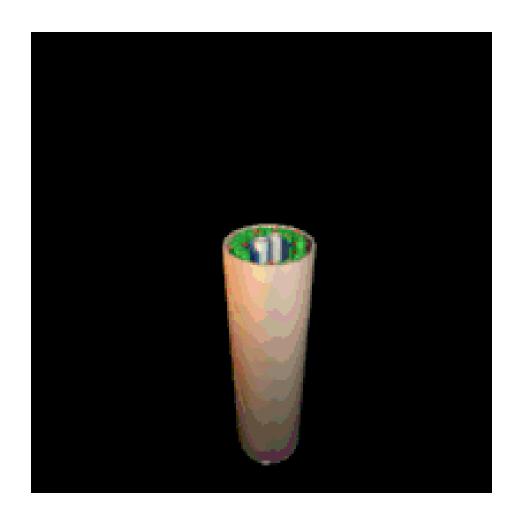
Laeoplectic and dexioplectic

http://www.cco.caltech.edu/~brokawc/Demo1/BeadExpt.html

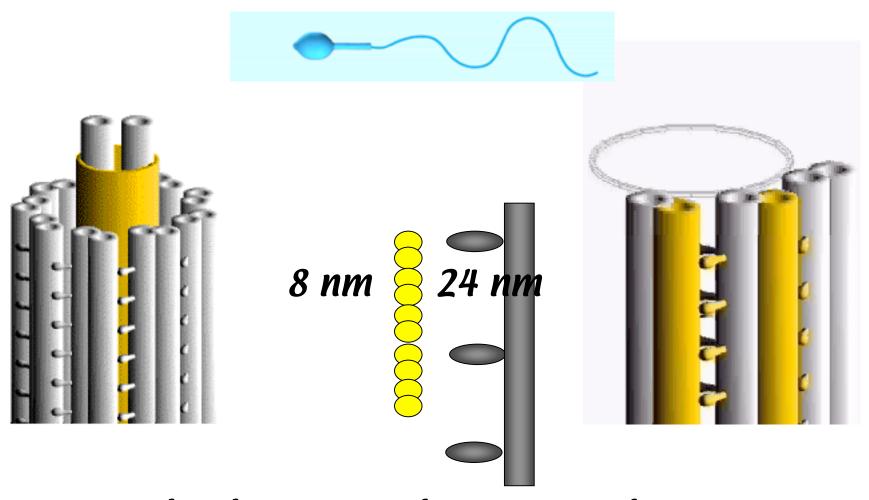








how are waves controlled?

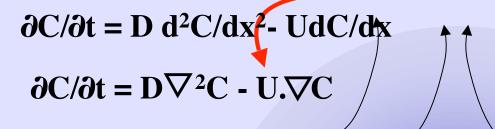


tubulin dimer subunits and dynein motors

If you were unicellular, why would you swim?

Good Gets to new places for food Gets out of oxygen poor regions Avoids chemosensing predators Finds mates (sperm and egg) Bad
Movement
requires energy
(6πrmU)U
signals
mechanosensing
predators
May leave nice
regions.

Flux of nutrients or gases



nondimensionalize

$$0 = Pe^{\sum_{i=1}^{N} 2C^*} - \nabla C^*$$

Pe = Peclet number = U L/D

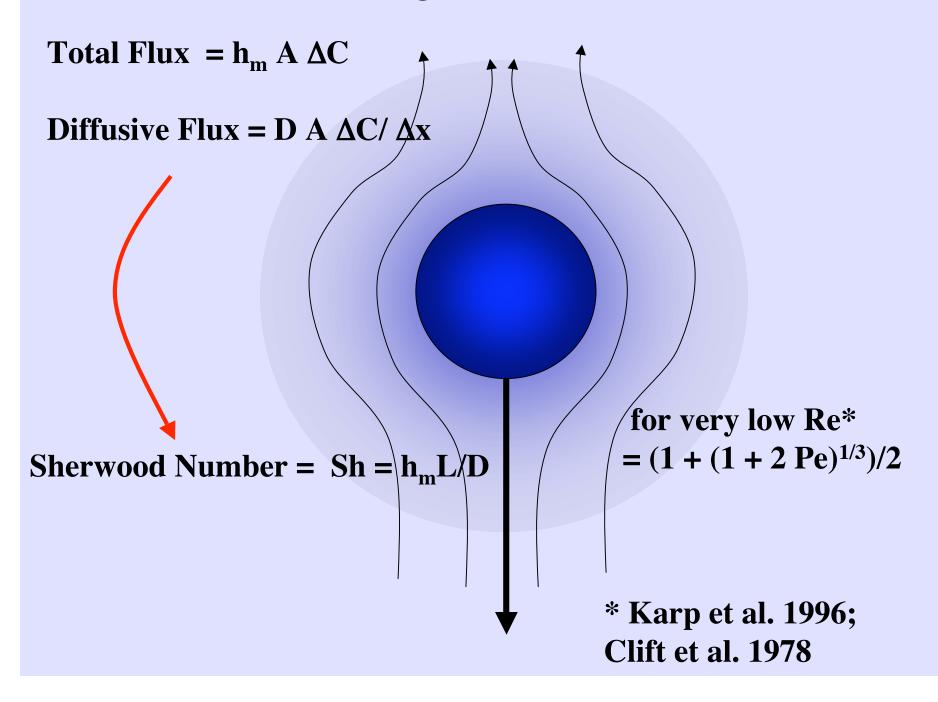
If you know the flow field, you could solve this numerically....

Karp et al (1996 did just that for some neat spherical examples. (passive plankton)

But... we don't always know it "easily"

Re = U L/v (inertial/viscous stresses)

The total flux is some amalgam of advective and diffusive fluxes



Why swim? Balance of oxygen gains and losses

Total flux of O₂

$$O_{2in} = h_m A \Delta C$$

 $= Sh D A \Delta C/R$

=
$$(1 + (1 + 2 Pe)^{1/3})$$
 D A Δ C/2L

Pe = UL/D

great for eggs, plankton sinking ...

But

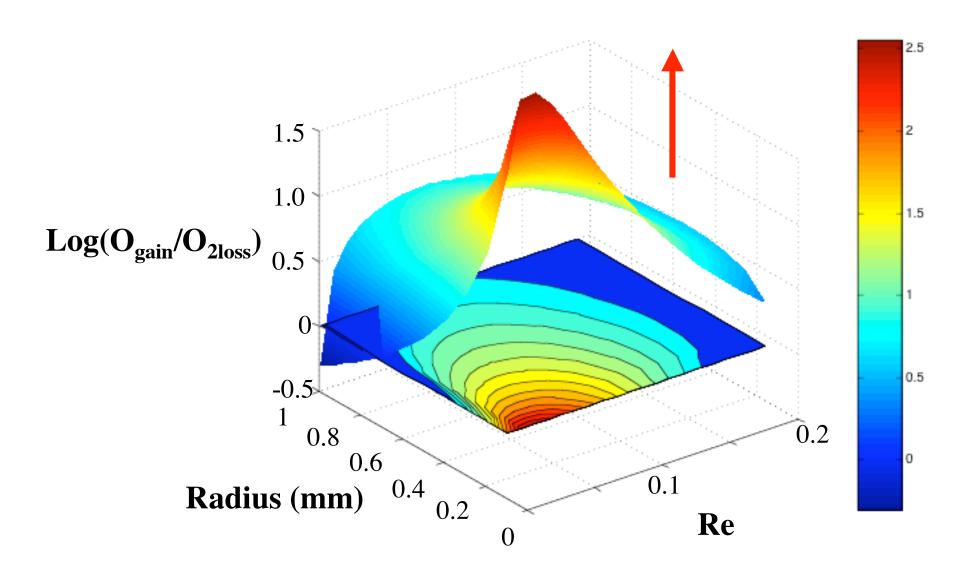
$$O_{2out} = Drag U + metabolism = 6 \pi \mu R U^2/\eta + k r^{3b}$$

O₂ratio =
$$(1 + (1 + 2 Pe)^{1/3}) D A \Delta C/2L$$

 $6 \pi \mu R U^2 + k r^{3b}$

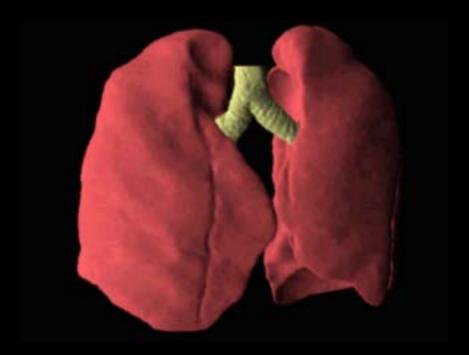
if > 1

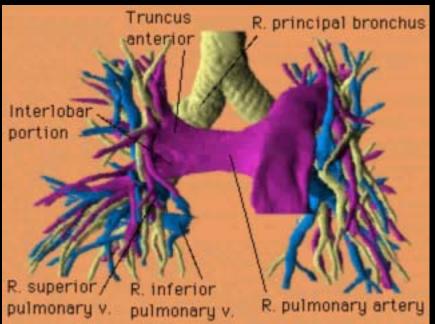
Not a bad idea to swim when small and slow



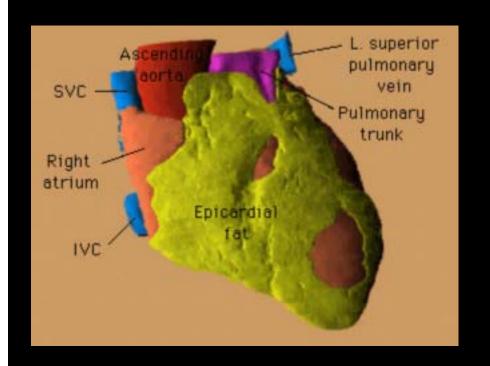
Biology 427 Biomechanics 2004 Lecture 25. Internal biofluiddynamics: vessel flows.

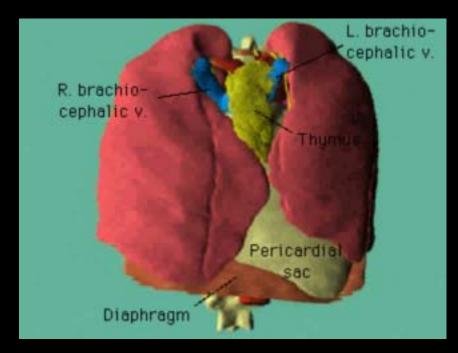
- •Basic rules for biological plumbing: velocity profiles in tubes
- •Volumetric flow rate and the Hagen-Poiseuille law
- •Increasing surface area for diffusive processes
- Shear stress and aortic dissection
- Turbulent flow in biological vessels
- •Collapsible tubes and the jugular vein of the giraffe





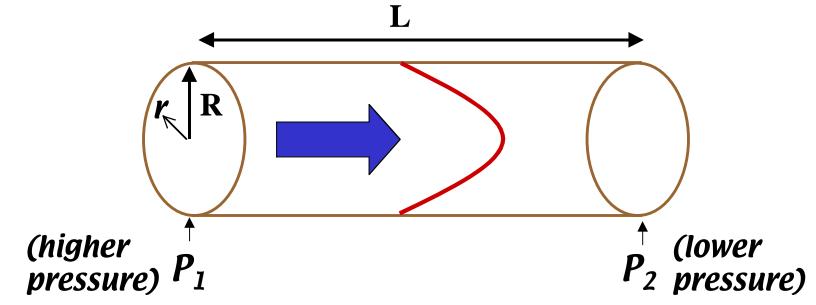
Digital Anatomist Interactive Atlas http://www9.biostr.washington.edu/da.html





Digital Anatomist Interactive Atlas http://www9.biostr.washington.edu/da.html

Rigid circular vessel of constant radius a



Steady flow: u(r) = const, du/dt = 0

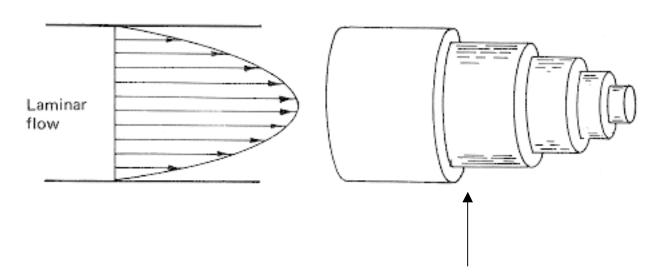
Pressure gradient along length: $\Delta P/L$ (dP/dx) $\Delta P = P_1 - P_2$

Newtonian flow: $\tau = \mu \frac{du}{dr} \quad (0 \le r \le R)$

No slip condition: u(r) = 0 at r = R

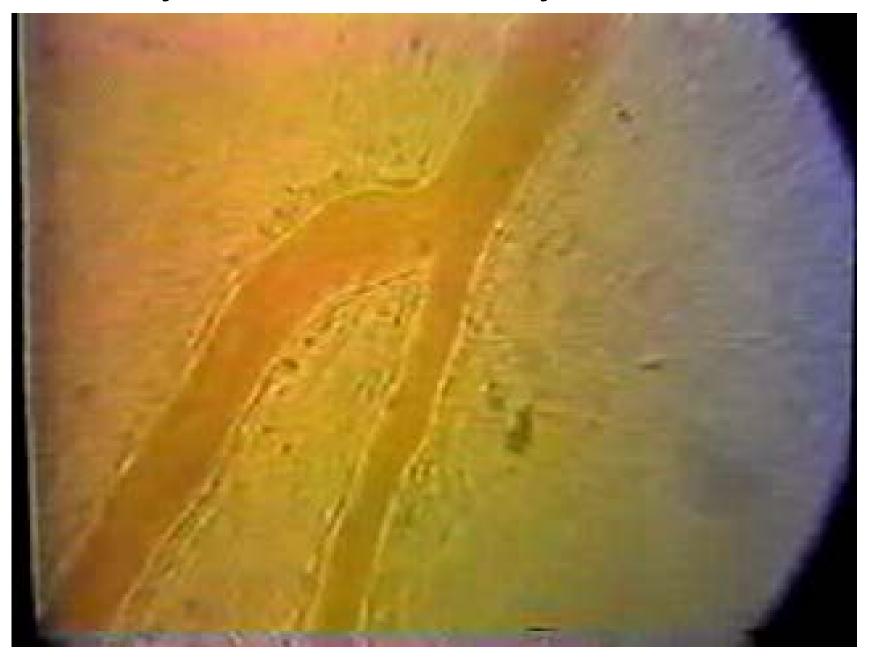
Where is the flow maximum? Centerline of tube What is the velocity profile? Parabolic

Parabolic profile of laminar flow in a rigid tube

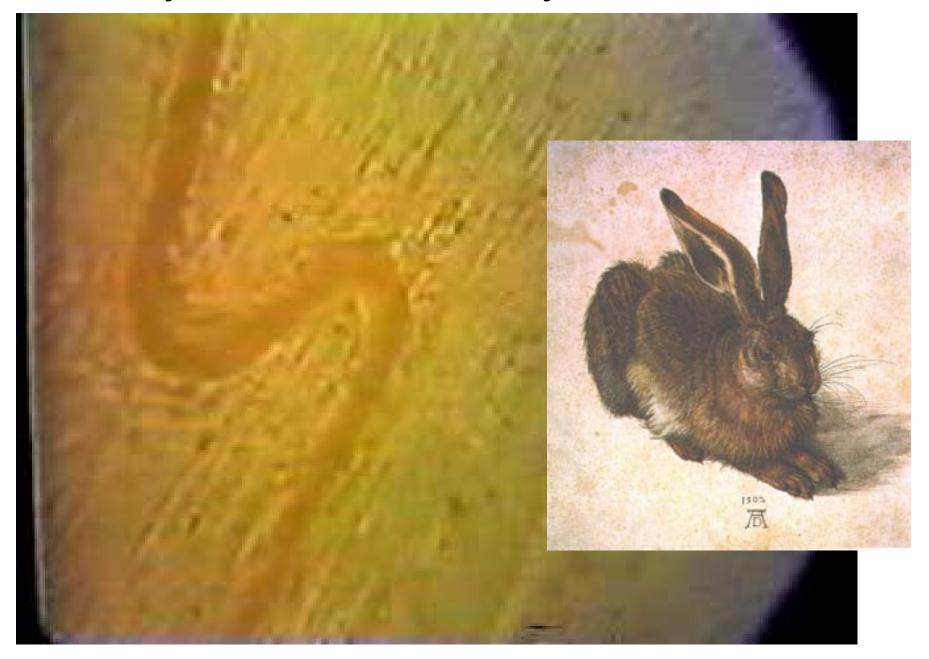


concentric layers (laminae) of fluid slip past one another, with the more central layers moving faster that the layers near the walls

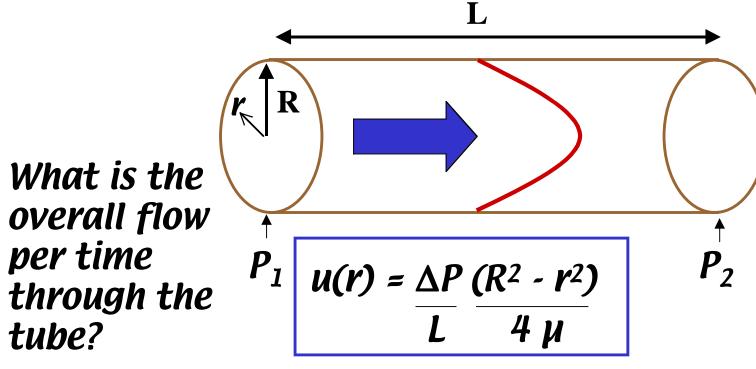
Laminar flow in blood vessels of a rabbit's ear....



Laminar flow in blood vessels of a rabbit's ear....



What is the velocity of fluid flow through the tube?



Volume flow rate (volume/time) = u*area

$$Q = 2 \pi \int u(r) r dr$$

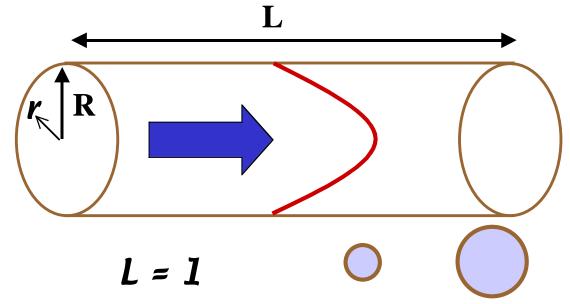
velocity of each layer (u(r) $2\pi r$), integrate over all layers

$$Q = \Delta P \frac{\pi R^4!}{L 8\mu}$$

Hagen-Poiseuille law

Why does flow rate increase with radius⁴?

$$Q = \frac{\Delta P}{L} \frac{\pi R^4}{8\mu}$$

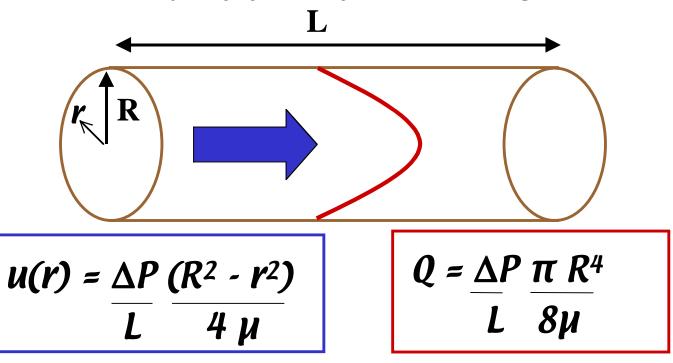


As radius is doubled, cross-sectional area is quadrupled:

Bigger tube also has less wall relative to its volume

| radius | 3 | 6 |
|------------------------|--------|--------------|
| x-s area (πr^2) | 28.26 | 113.04 |
| wall area | | |
| (2π rL) | 18.84 | <i>37.68</i> |
| volume ($\pi r^2 L$) | 28.26 | 113.04 |
| wall:volume | 0.6667 | 0.333 |

What is the velocity of fluid flow through the tube?



What is the maximum velocity? (u(r) with r = 0)

 $u_{max} = \frac{\Delta P}{L} \frac{R^2}{4 \mu} u_{max} = 2x u_{avg}!$ $P \pi R^4 * 1 = \Delta P R^2$

What is the average velocity?

total flow rate/ cross-sectional area: Q = u*area

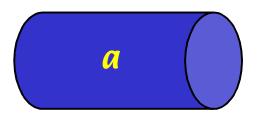
$$u_{avg} = \frac{Q}{\pi R^2} = \frac{\Delta P}{L} \frac{\pi}{8} \frac{R^4 * 1}{\pi R^2} = \frac{\Delta P}{L} \frac{R^2}{8 \mu}$$

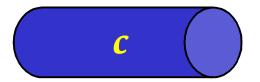
What happens if one large tube is split into several smaller tubes with the same total area?

$$Q = \frac{\Delta P}{L} \frac{\pi R^4}{8\mu}$$

Flow rate is one half!

Flow rate is one quarter!





$$R_a = 1$$
 $area_a = 3.14$

$$area_{b+c} = 3.14$$

 $R_{b,c} = 0.71$

$$area_{d+e+f+g} = 3.14$$

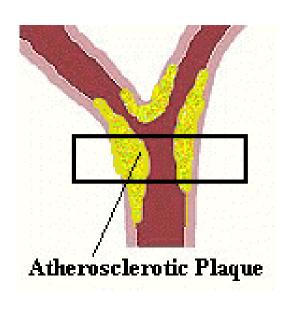
 $R_{d,e,f,g} = 0.50$

$$Q_a \propto R^4 \propto 1$$

$$Q_{b+c} \propto R_b^{4+} R_c^{4} \propto 0.5$$

$$Q_{b+c} \propto R_b^{4+} R_c^{4} \quad Q_{d+e+f+g} \propto R_d^{4+} R_e^{4} + R_f^{4+} R_g^{4} \\ \propto 0.5 \qquad \qquad \propto 0.25$$

What happens if there is a 5% decrease in the radius of a blood vessel?



$$Q = \frac{\Delta P}{L} \frac{\pi R^4}{8\mu}$$

A 22% increase in the pressure for a given flow

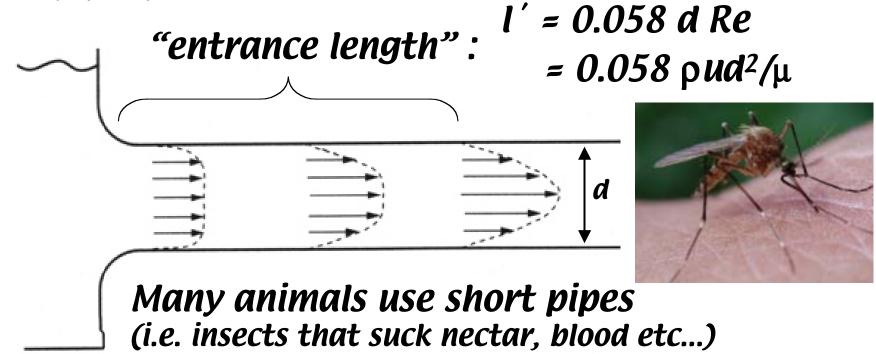
20% decrease in radius:

50% decrease in radius:

A 59% increase in the pressure for a given flow

A 94% increase in the pressure for a given flow

Laminar flow takes time to develop a parabolic velocity profile



How does entrance length affect flow rate?

correction to Hagen-Poiseuille:

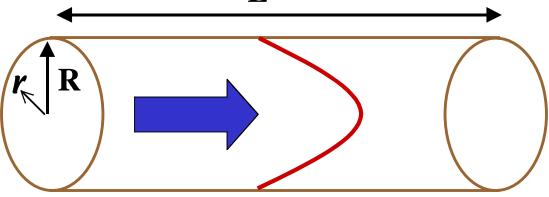
(Loudon and McCulloh, 1999)

$$\frac{Q_{real}}{Q_{calc}} = \frac{(1/1')}{(1/1') + 0.52}$$

- not much for most insects, but may have been important for extinct insects with larger mouthparts

How much power does it take to move fluid through





$$u(r) = \frac{\Delta P}{L} \frac{(R^2 - r^2)}{4 \mu}$$

$$Q = \frac{\Delta P}{L} \frac{\pi R^4}{8\mu}$$

Recall work = F*d

Power = F*u

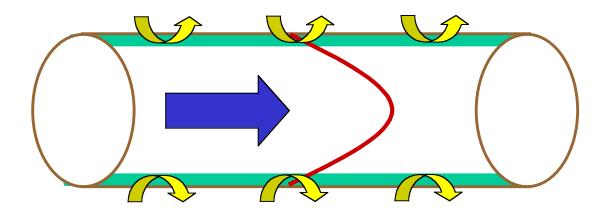
Flow work = $\Delta P dV$

$$\int \Delta P = Q \frac{8 \mu L}{\pi R^4}$$

Pumping power = $\Delta P dV/dt = \dot{\Delta}P Q$

low power: = $Q^2 8\mu L$ wide tube πR^4 high power: high flow rate viscous fluid long tube Large tubes with circular cross-sections and laminar flow are good for some things

- •fluid moves faster and costs less to pump.
- •uses least wall material per volume
- •resists failure better than other shapes



But....

the purpose of most circulatory systems is to exchange heat, respiratory gases, ions, organic molecules, etc....

Diffusion only occurs over short distances

→need to maximize surface contact with fluid

How do animals maximize fluid contact in circulatory systems?

1. Move fluid between plates instead of inside tubes



- •Gills of fish, invertebrates
- Book lungs of some spiders

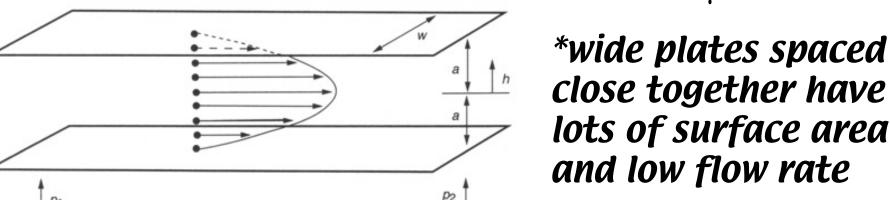
parabolic velocity profile:

$$u(h) = \Delta P (a^2 - h^2)$$

$$L \qquad 2 \mu$$

$$Q = \Delta P 2wa^3$$

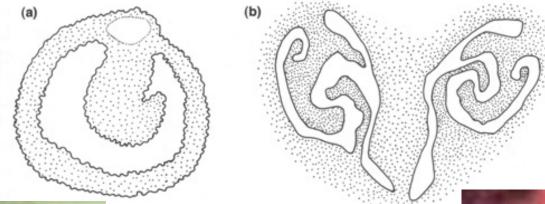
$$Q = \Delta P \frac{2wa^3}{2 \mu}$$



How do animals maximize fluid contact in circulatory systems?

2. Change shape of channels to maximize surface

contact





But costs more to pump fluid than in circular vessels!

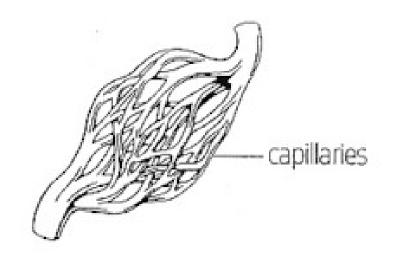


U-shaped cross-section of earthworm gut maximizes surface contact for absorption of nutrients

complex cross-section of nasal passages maximizes contact for heat and moisture absorption

How do animals maximize fluid contact in circulatory systems?

3. Branch larger tubes into many smaller tubes



How should vessels branch to minimize these costs?

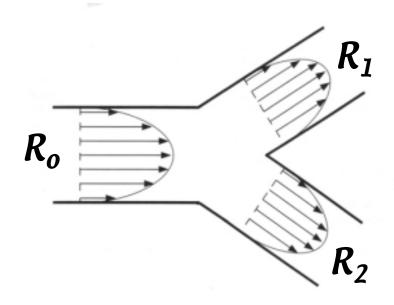
aorta x-s area: 6 cm² capillaries x-s area: 2000 cm²

Costs in fluid transport systems:

- making vessels and blood rises with contained volume, so favors small pipes
- pumping blood inversely related to pipe size, so favors large pipes

How do animals maximize fluid contact in circulatory systems?

3. Branch larger tubes into many smaller tubes



For one vessel bifurcating: $R_{1,2} = 0.80 R_o$ x-s area $_{1,2} = 0.63 x$ -s area $_o$ x-s area $_{1+2} = 1.26 x$ -s area $_o$ $u_{1,2} = 0.74 u_o$ How should vessels branch to minimize these costs?

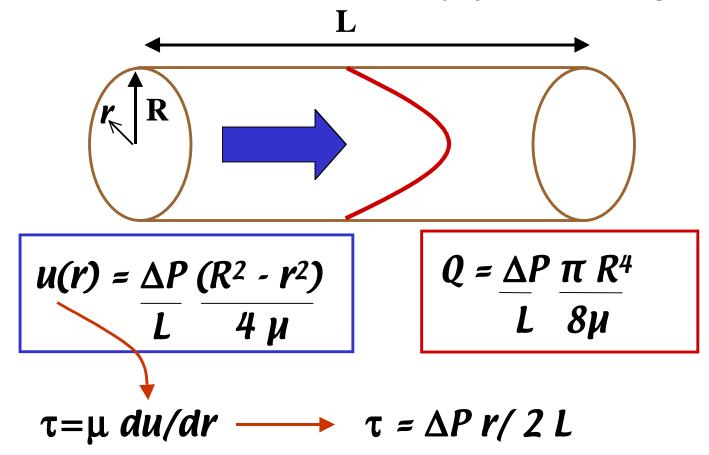
Murray's Law (laminar flow):

$$R_0^3 = R_1^3 + R_2^3$$

= $R_3^3 + R_4^3 + R_5^3 + R_6^3$...

sum of cubes of vessel radii at any one level of branching should equal that at other levels.

What is the shear stress caused by flow through tubes?



Where is shear stress maximum? $\tau_{max} = \Delta P R / 2 L$

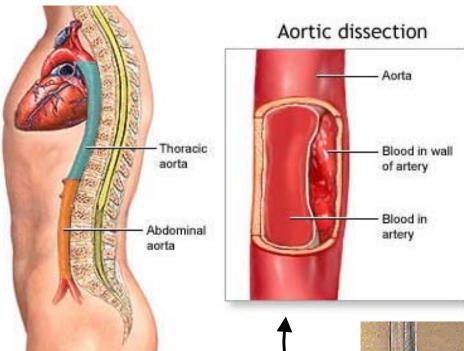
What is the total shear stress on the tube walls?

$$\tau_{total} = \Delta P R / 2 L (2\pi R L)$$

$$\tau_{total} = \Delta P \pi R^{2}$$

Aortic dissection

- caused by shear stress on wall of aorta
- inner wall tears and blood flows between inner and outer walls of aorta
- fatal within 48 hrs if not fixed with surgery



Risk factors:

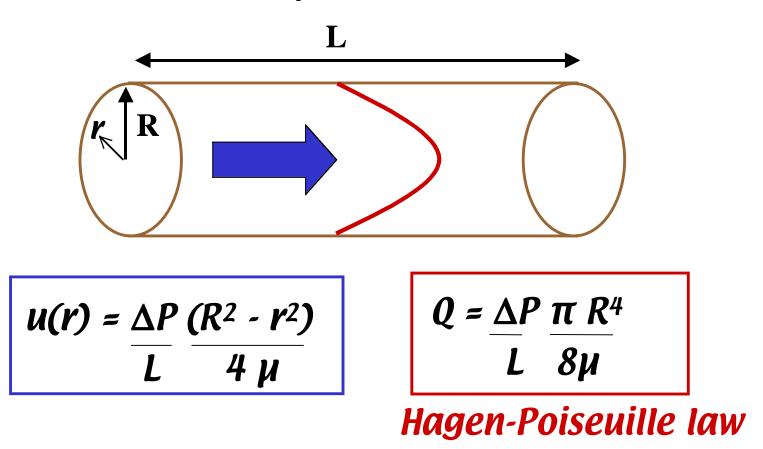
- high blood pressure
- stiff vessel walls
- crack cocaine?

(14 of 38 cases in 20 years at SF General were smokers who also used crack cocaine)





Flow in tubes is not always laminar.....

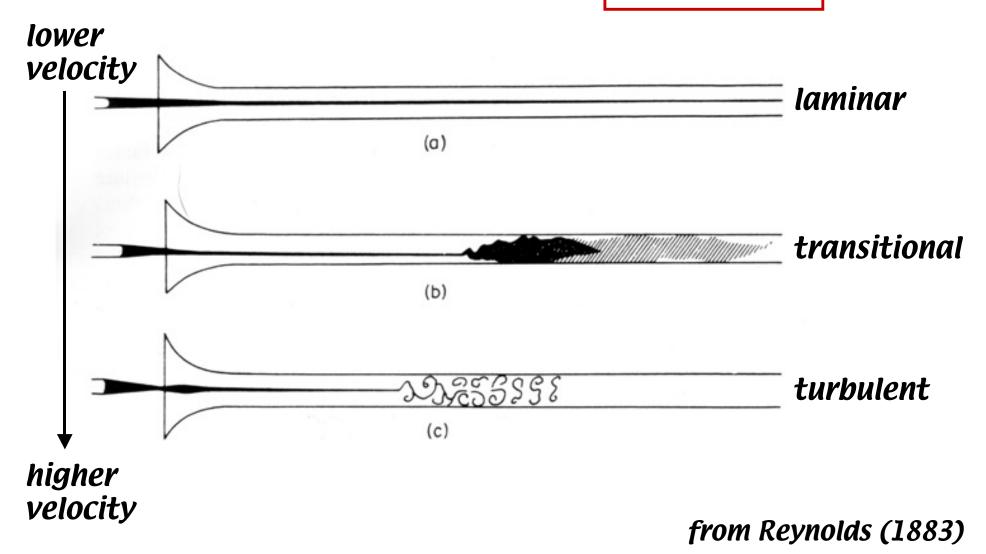


Valid only as long when flow is laminar!

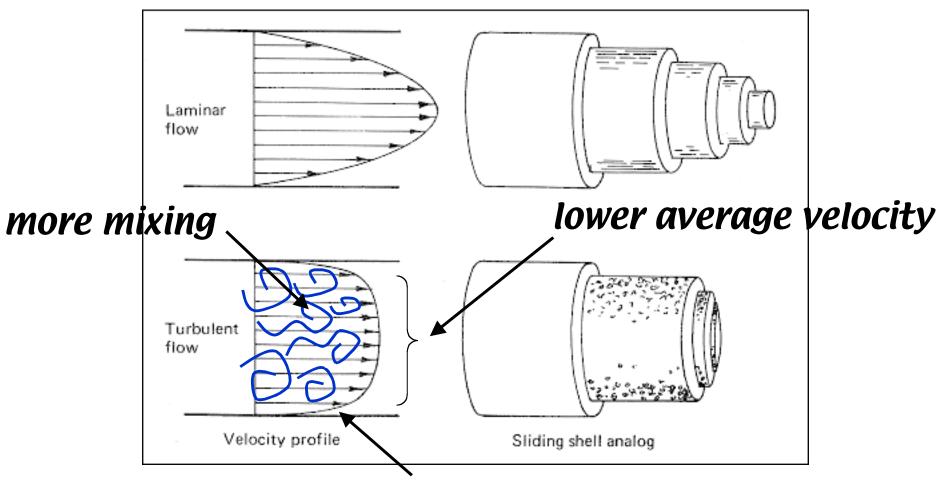
► Flow becomes turbulent at higher Reynolds numbers

Turbulent flow in tubes and the Reynolds number

 $Re = \rho uD/\mu$



Turbulent flow changes the velocity profile



steeper velocity gradient near walls (faster flow closer to walls on average)

When does flow in tubes become turbulent?

Re ~ 2000

this

turbulence sets in sooner with:

roughness

equivalent to 1-cm radius tube with 0.2 m/s flow -most internal fluid transport systems are below

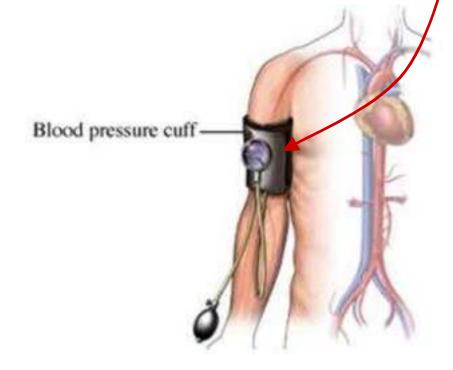
bending

abrupt entry from reservoir

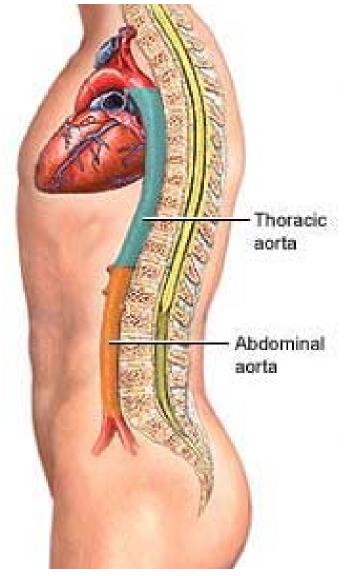
changes in tube diameter....

Blood pressure measurement

-cuff stops arterial flow -pressure is slowly released -when cuff P< systolic (max) P, some blood squeezes through artery -abrupt entry causes turbulence (can hear with stethoscope)



Where might flow normally be turbulent in circulatory systems? $Re = \rho uD/\mu$



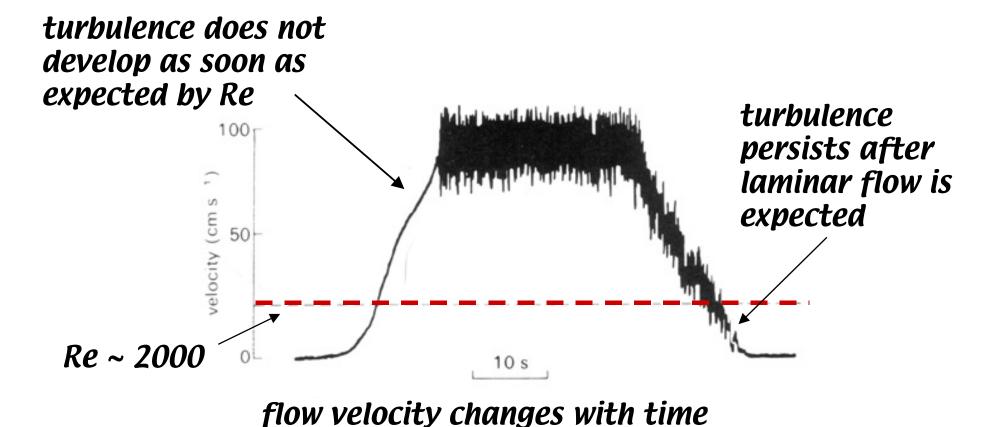
Aorta

► large diameter

► high velocity

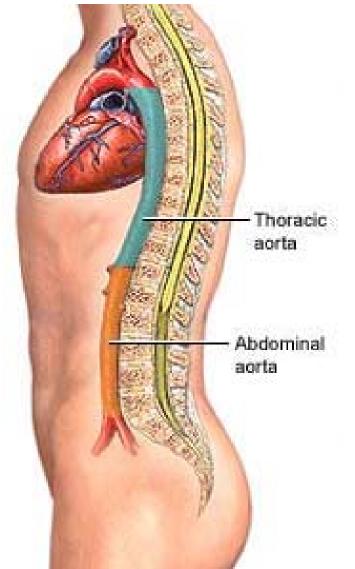
► pulsed flow....

How does pulsing affect turbulent flow?



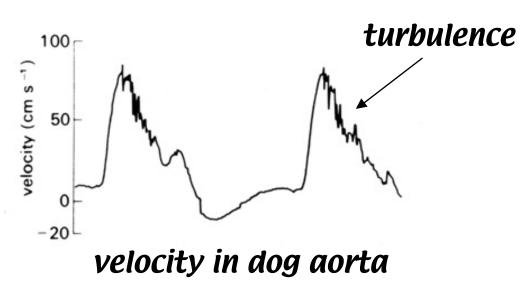
- ► accelerating fluid is more stable than steady flow and turbulence takes time to develop
- ► decelerating flow is less stable than steady flow and eddies that have developed take time to decay

Where might flow normally be turbulent in circulatory systems? $Re = \rho uD/\mu$



Aorta

- ► large diameter
- ► high velocity
- **▶** pulsed flow



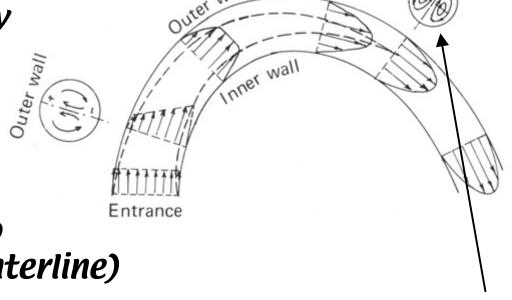


Flow through curved tubes

► flow enters tube - velocity higher near inner wall

► boundary layer grows

► centrifugal force pushes fluid towards outer wall (distorts velocity profile so peak velocity is beyond centerline)

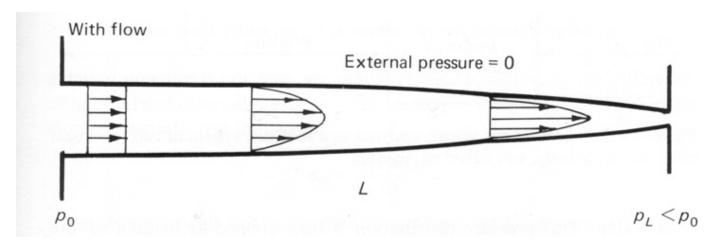


▶ pressure field is not uniform, so secondary flow develops

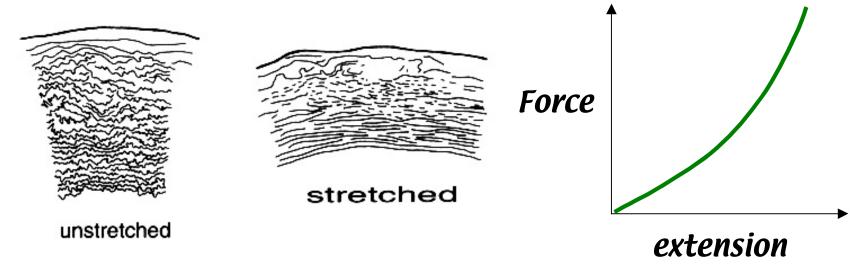


Curved tubes used in heart-lung machines to promote oxygenation of blood -> secondary flow promotes mixing of blood and faster oxygenation

cross-section varies with pressure along the length of the tube

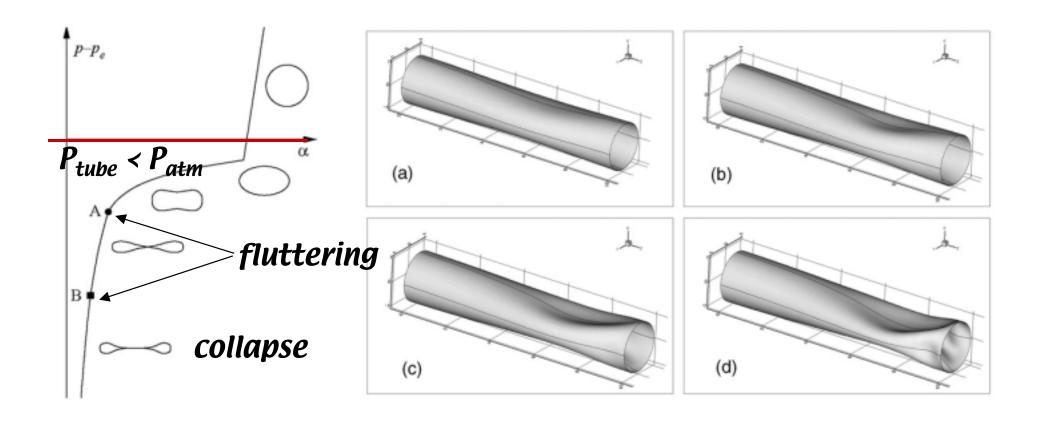


kinked collagen fibers prevent overextension



Atmospheric pressure pushes in on flexible tubes

-> as pressure in tube falls below atmospheric, tube starts to flutter, and eventually collapses



The giraffe has a neck of phenomenal length, Up which blood must be pumped to the brain. The consequence is a heart of great strength, And collapse of the jugular vein.

-T. Pedley

heart mass = 20 lbs 2% body mass (vs. 0.5% in humans)

can pump 15-20 gallons blood/min

blood pressure 2.5X human BP





• Arteries of the lower extremities experience extremely high pressures (high BP and effect of gravity)

Artery walls are thicker than normal and tight sheath of skin on legs maintains high extravascular pressure

 Arteries of the head and neck experience extremely high pressure when giraffe is bent down to drink

Arteries in neck are also reinforced, plus the rete mirabile (a complex of elastic arteries and veins) near the brain equalizes blood pressure when the giraffe bends down

Flow in flexible tubes Does jugular vein collapse because of low pressure? NASA project to study effect of gravity on circulation

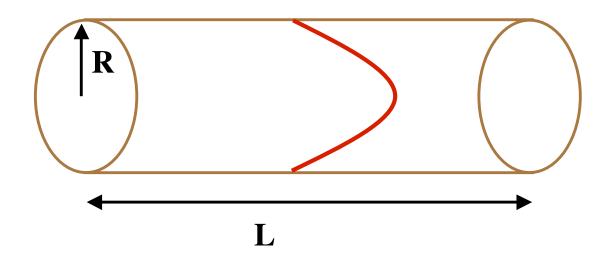


- → placed pressure transducers in necks of South African giraffes
- → followed giraffe in jeep to receive pressure signal
- showed that jugular vein is squeezed almost flat (!) because pressure is far below atmospheric

Biology 427 Biomechanics Lecture 26. Internal biofluiddynamics II: blood flow.

- Recap tube flow
- Blood flow and hematocrit variations
- Farheaus-Lindqvist effect
- Blood viscosity in the microcirculation
- •Murray's law

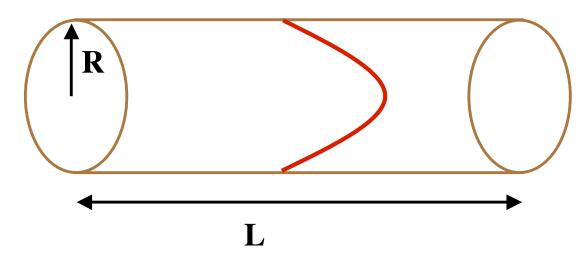
Rigid circular vessel of constant radius R



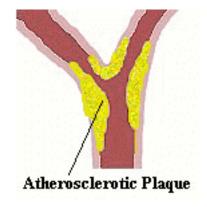
 $u(r) = \Delta P R^2 (1 - (r/R)^2)/4 \mu L$ $Q = \pi R^4 \Delta P/8\mu L$ Hagen-Poiseuille law

Recall flow work = $\Delta P \, dV$ Pumping power = $\Delta P \, dV/dt = \Delta P \, Q$ = $\pi \, R^4 \, \Delta P^2/8 \mu L \, or$ = $Q^2 \, 8 \mu L/\pi R^4$

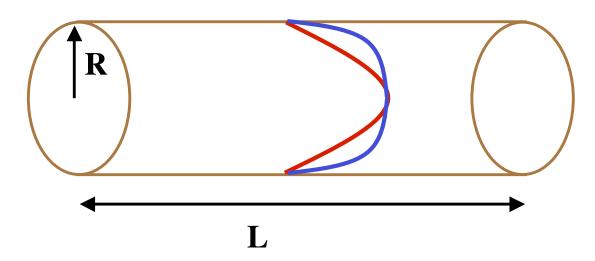
Rigid circular vessel of constant radius R



 $Q = \pi R^4 \Delta P/8\mu L$ Hagen-Poiseuille law What happens with a 5% decrease in the radius?



Rigid circular vessel of constant radius R

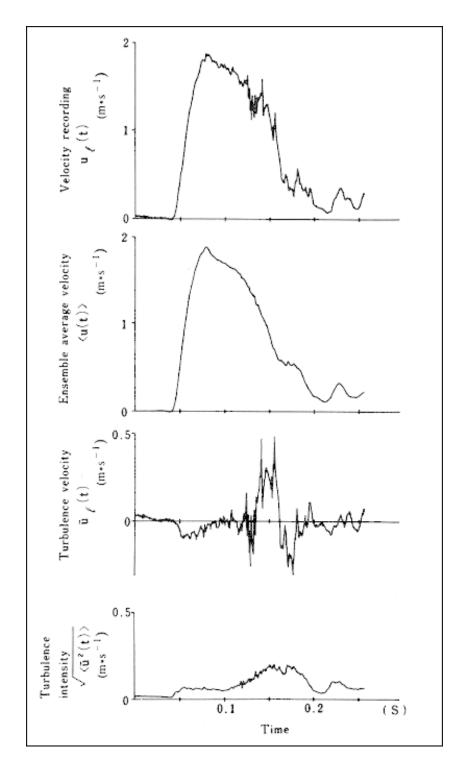


 $Q = \pi R^4 \Delta P/8\mu L$ Hagen-Poiseuille law

Valid until the flow is turbulent!

Re = UD/v

 $(Re > \sim 2000)$



Turbulence and unsteadiness

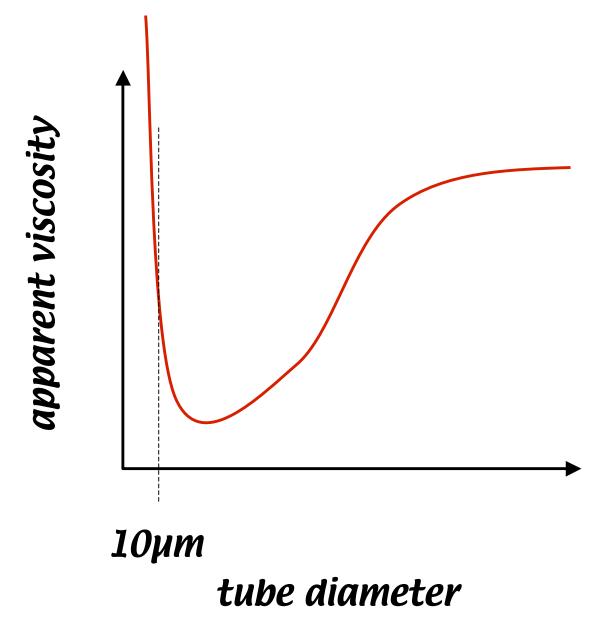
Womersely Number

 $Wo = 2 \pi f D/U$

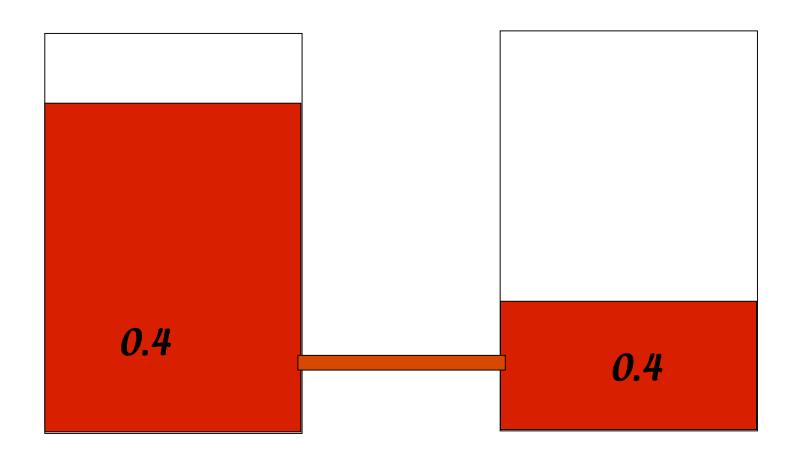
when large, acceleration effects are important

Pulse pressure is a function of accelerations and: bends (a 180 bend acts like a doubling in the length of tube

The Farheaus-Lindqvist effect

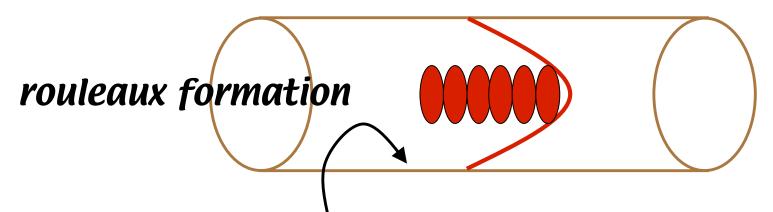


Factors underlying the effect.

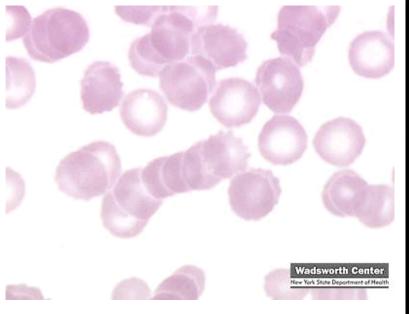


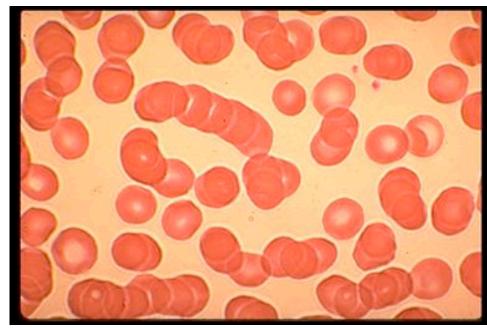
what is the hematocrit in the tube? (0.3) why?

cell migration towards core

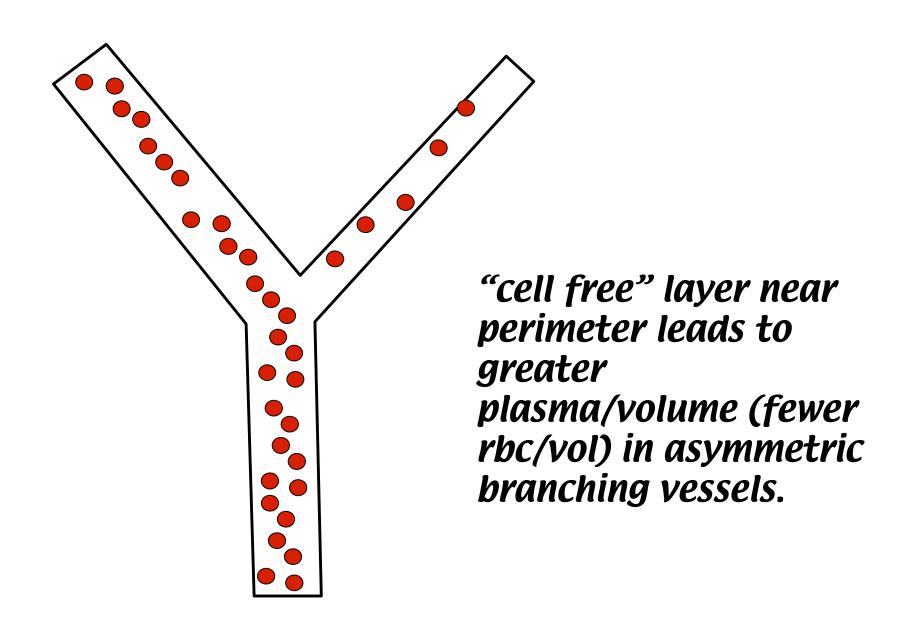


slower flow and fewer cells per volume of fluid

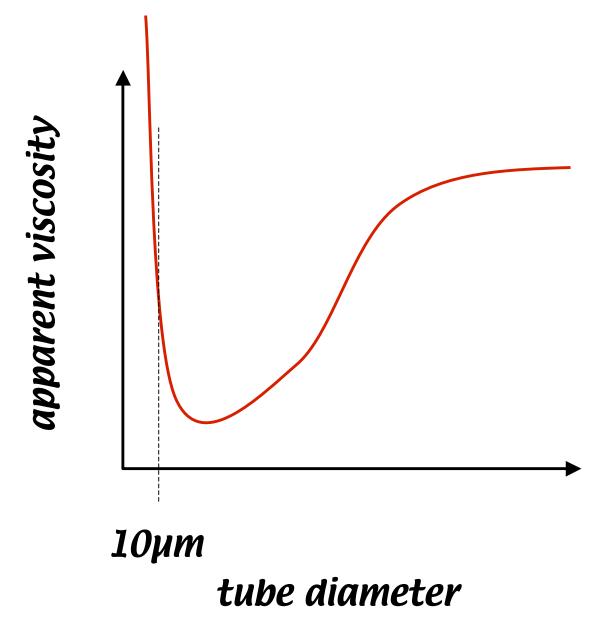




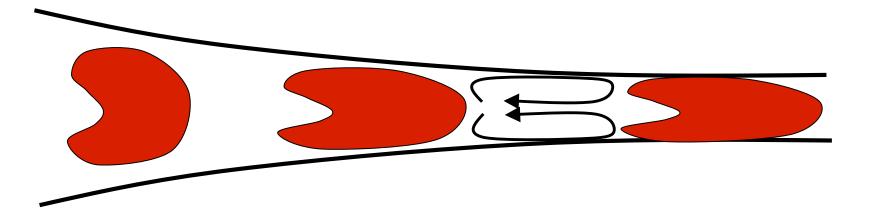
Entrance effects/plasma skimming



The Farheaus-Lindqvist effect

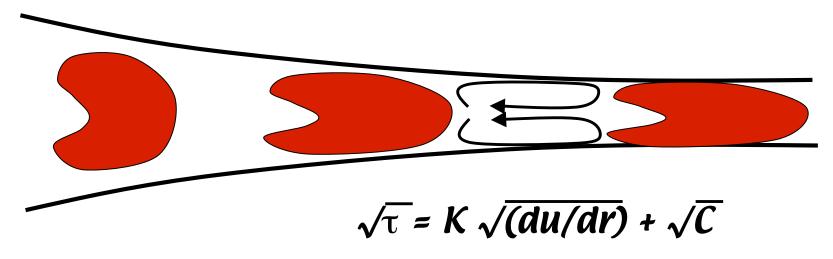


Cell deformations and secondary flows underlie significant increases in apparent. viscosity

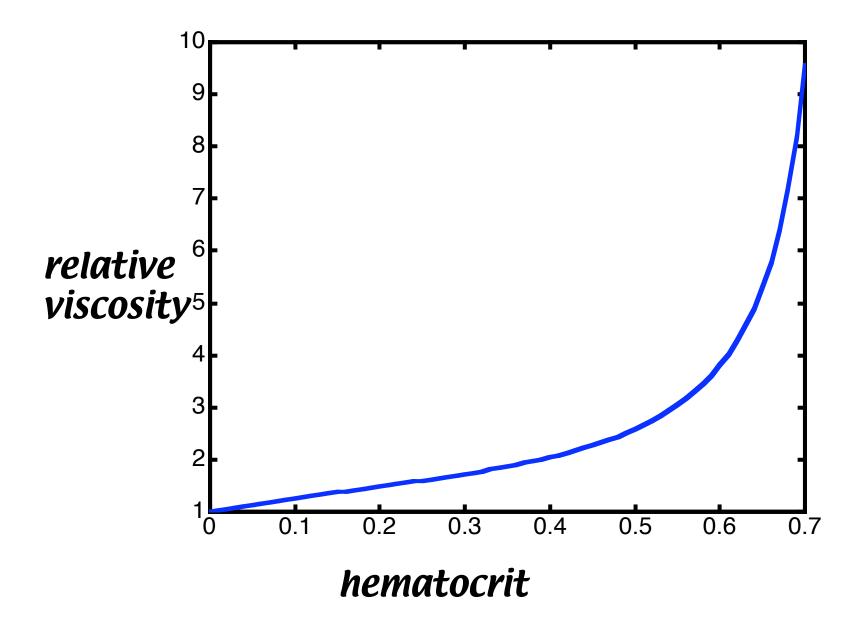


These deformations and flows may also underlie augmented flux of nutrients and gases!

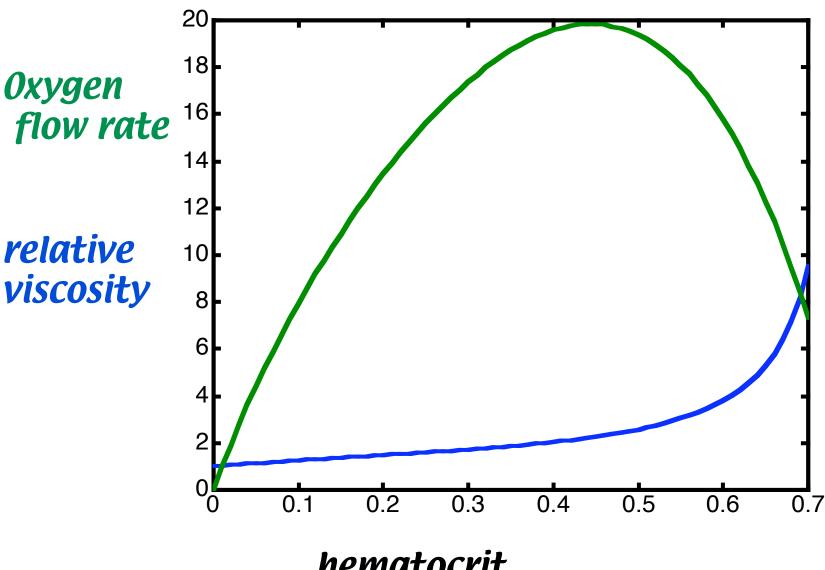
Blood viscosity varies with the shear stress



 $K^2 = \mu_p/(1 - \alpha\phi)$ $\alpha = 0.07 \exp\{2.49\phi + 1107 \exp(-1.65\phi)/T_K\}$

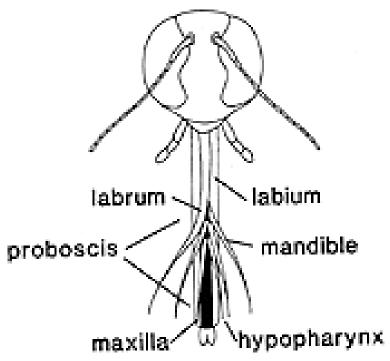


Oxygen flow rate ~ $Q \phi = \pi \phi r^4 \Delta P/(8 \mu L)$

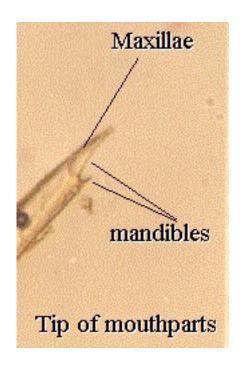


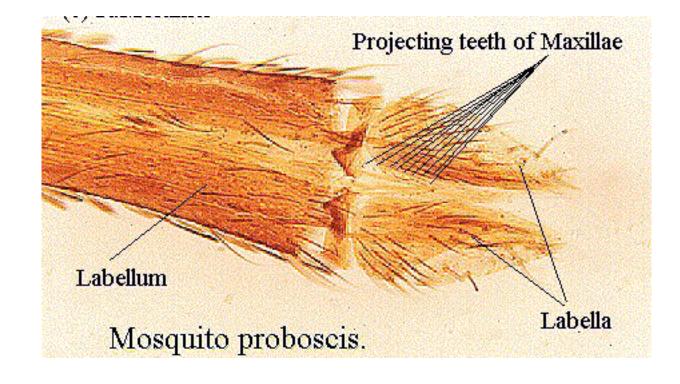
hematocrit

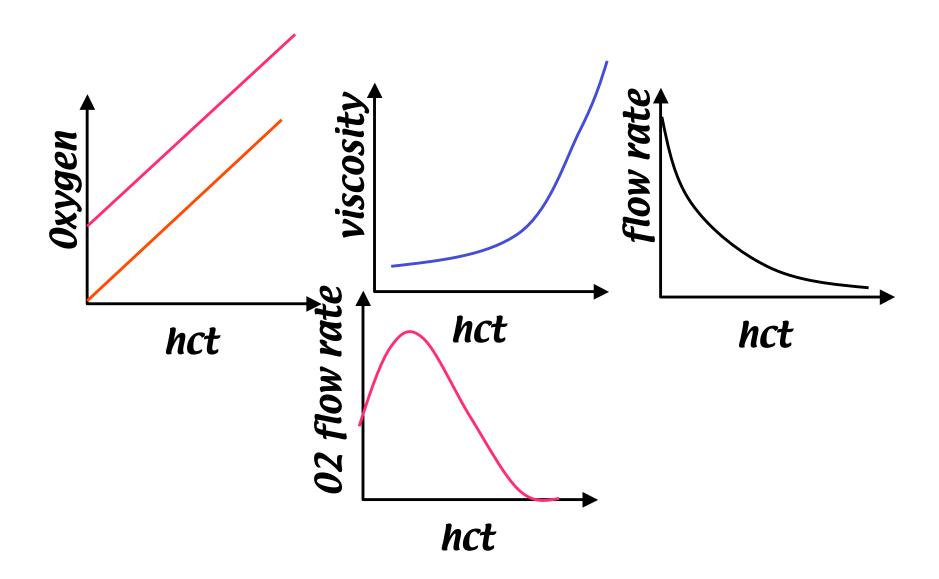




PIERCING-SUCKING Mosquito



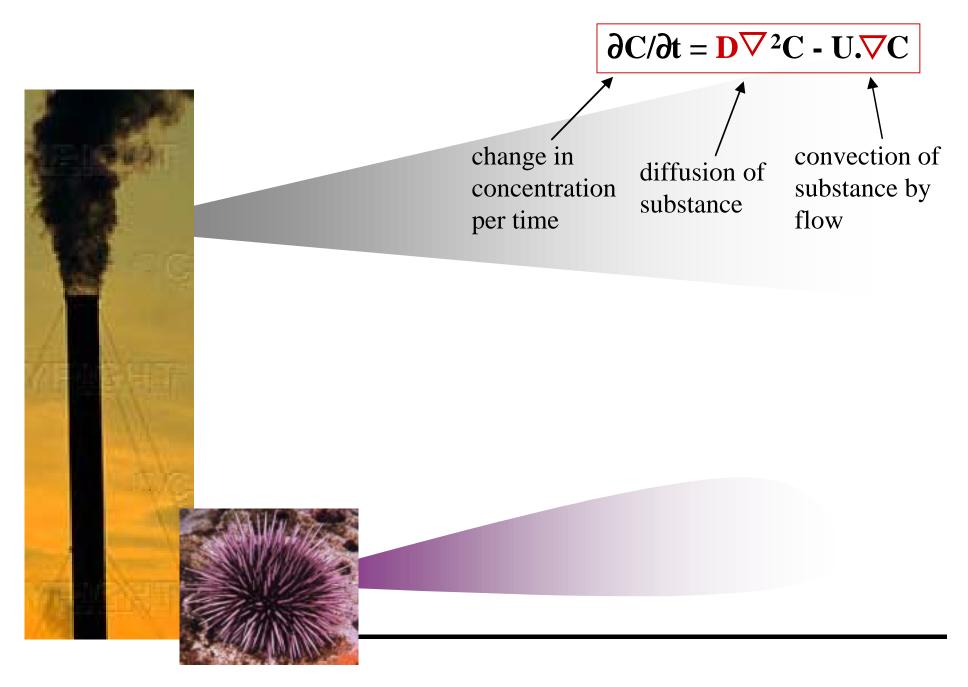




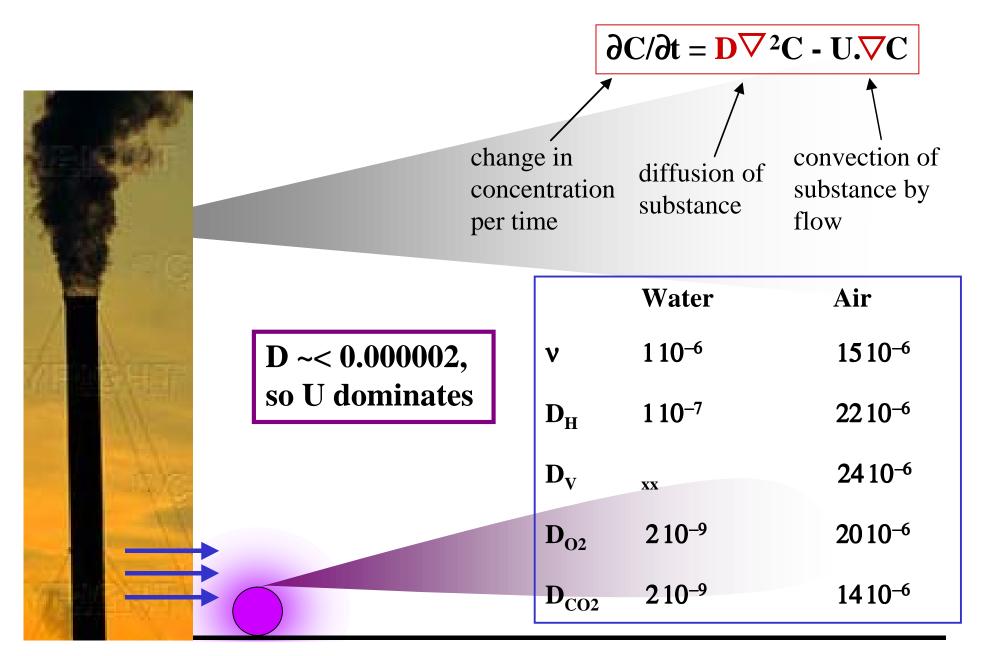
Biology 427 Biomechanics 2004 Lecture 28. Coupled flow problems: waves and size limits to intertidal organisms.

- Recap dispersion and mass transport
- Laminar vs. turbulent boundary layers
- Environmental flows and size limits on creatures in wave-swept shores
- Evaluations

Dispersion depends strongly upon flow

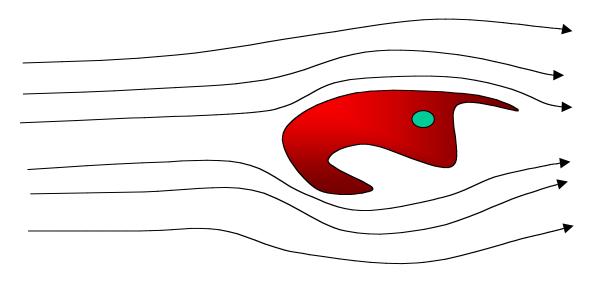


Dispersion depends strongly upon flow



The nature of the flow also has a strong effect on mass transport....

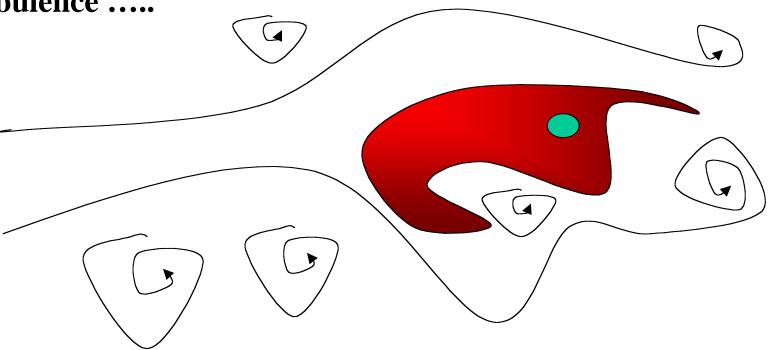
The nature of the flow depends upon Reynolds number, shape, turbulence



The nature of the flow also has a strong effect on mass transport....

The nature of the flow depends upon Reynolds number,

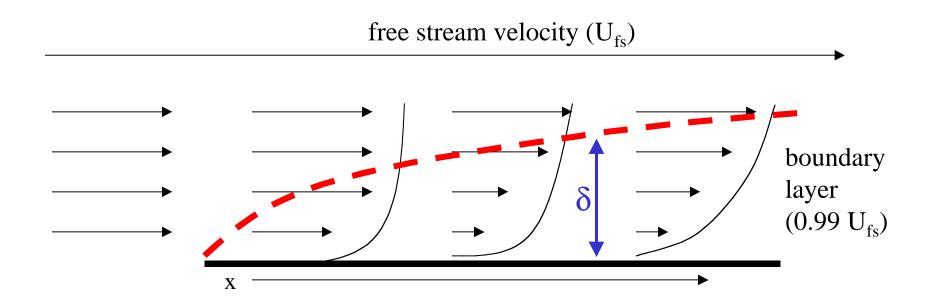


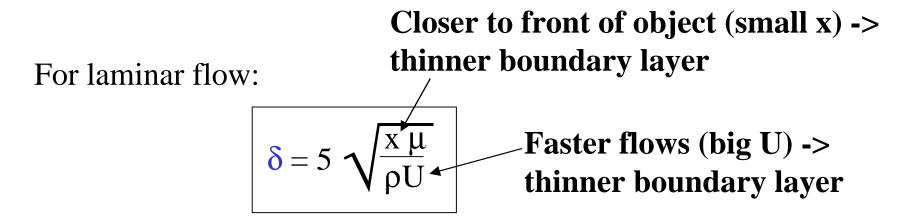


Complex flow fields confound easy predictions of U and tubulence creates an additional "diffusive" mechanism

How can we understand these phenomena?

A boundary layer of slower flow develops over an object due to the "no-slip" condition





But, environmental flows are often turbulent

Turbulence enhances mixing in boundary layers. It thus leads to thicker boundary layers (but very steep gradients at the surface)

$$\delta_{L} = 5 \sqrt{\frac{x \, \mu}{\rho U}}$$

No cross-flow transport (vertical mixing)

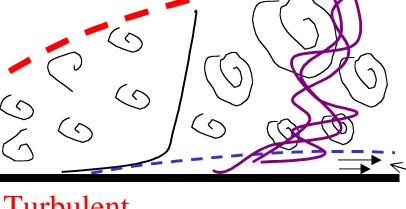
-barrier to exchange of heat and materials

(stagnant zone where wastes accumulate, nutrients and dissolved gases are depleted...)

$$\delta_{\rm T} = 0.376 \, \text{x} \, \sqrt[5]{\frac{\mu}{\rho \text{xU}}}$$

More mixing and cross-flow transport

-but, less of a refuge from forces of the free-stream flow



Turbulent

aminar

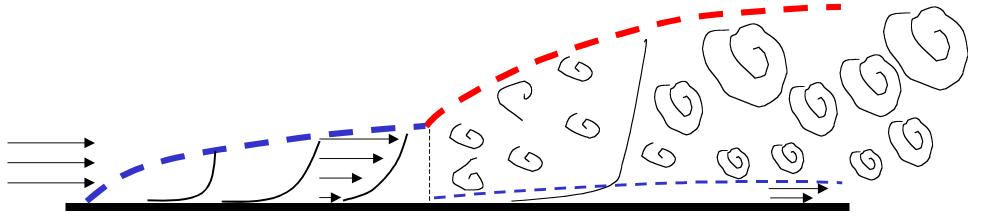
laminar sublayer

Momentum transport is mediated by vortical mixing:

 $\tau = \epsilon d(\rho u)/dz$

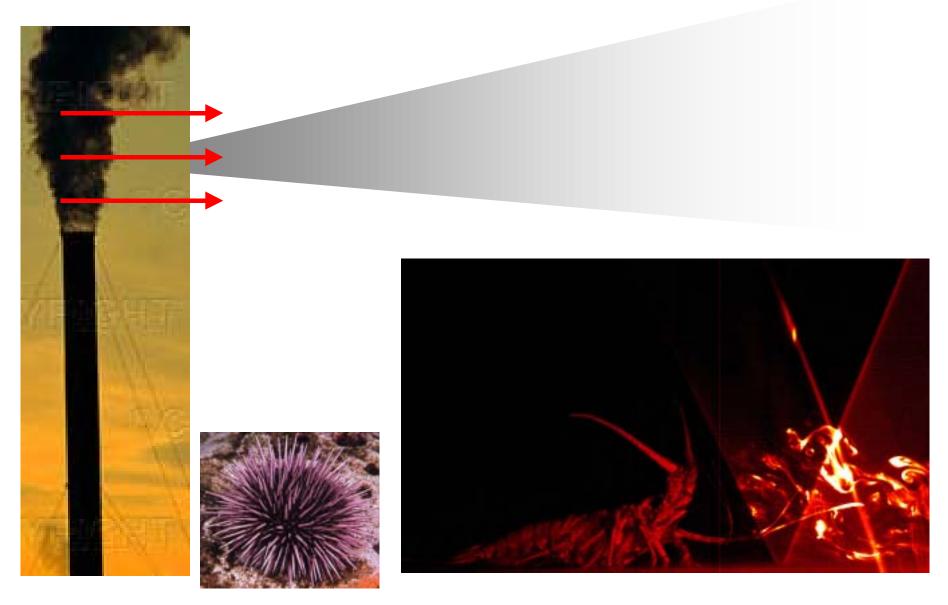
ε is the eddy diffusivity.

Vortex size (ϵ) generally increases with height (z) above the surface. Thus the diffusivity of momentum mediated by vortical mixing increases with height.

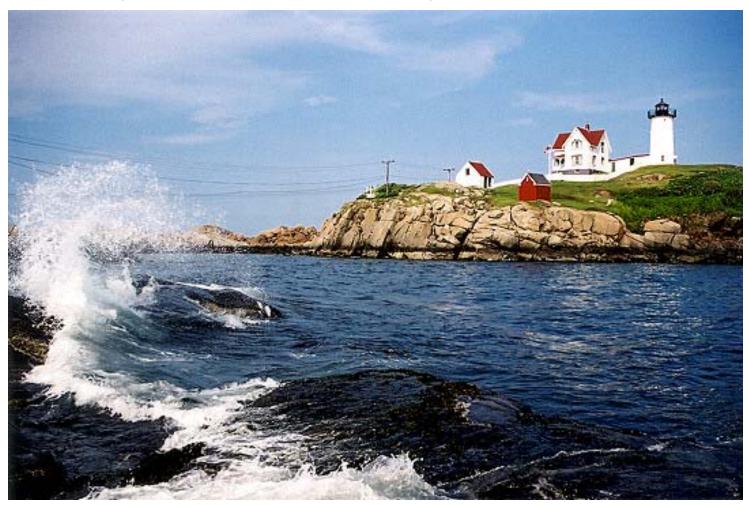


Laminar Turbulent

Flow of materials, chemical signals, etc. will be vastly different in turbulent environments



In many environments, flows are not only turbulent, but also unsteady



(Rocky intertidal zones, shallow reefs....)

High velocities, huge accelerations

Many creatures that live on wave-swept shores are not as large as creatures that live in more

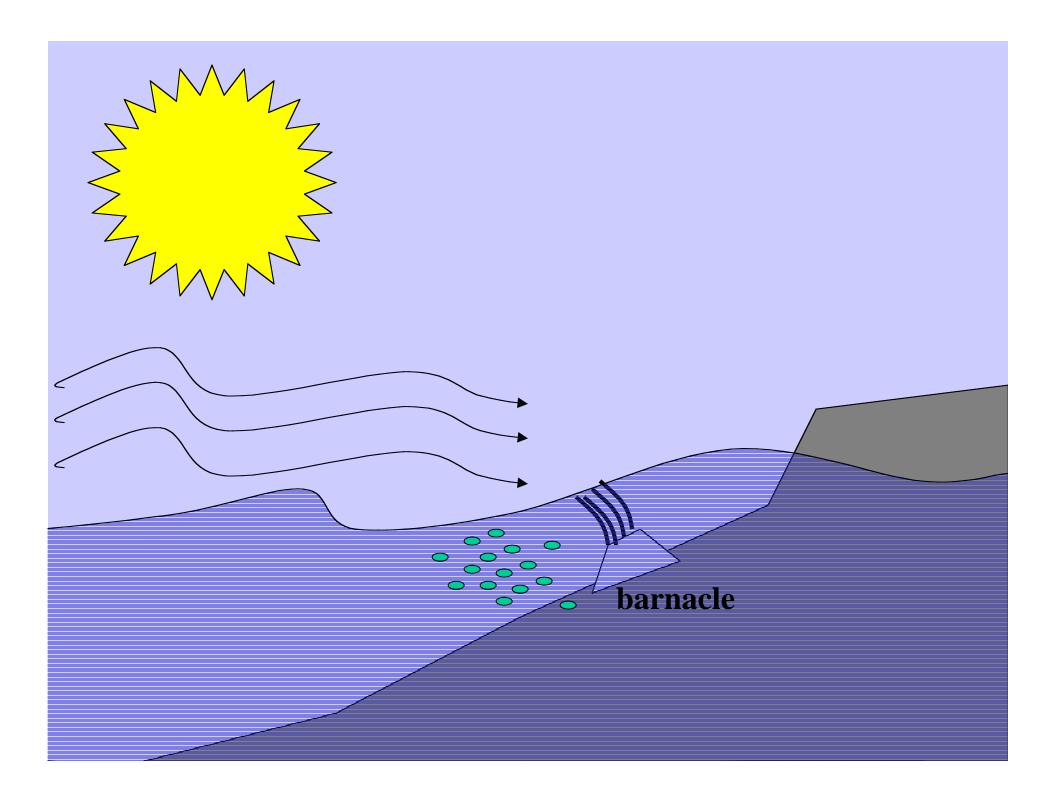
protected habitats

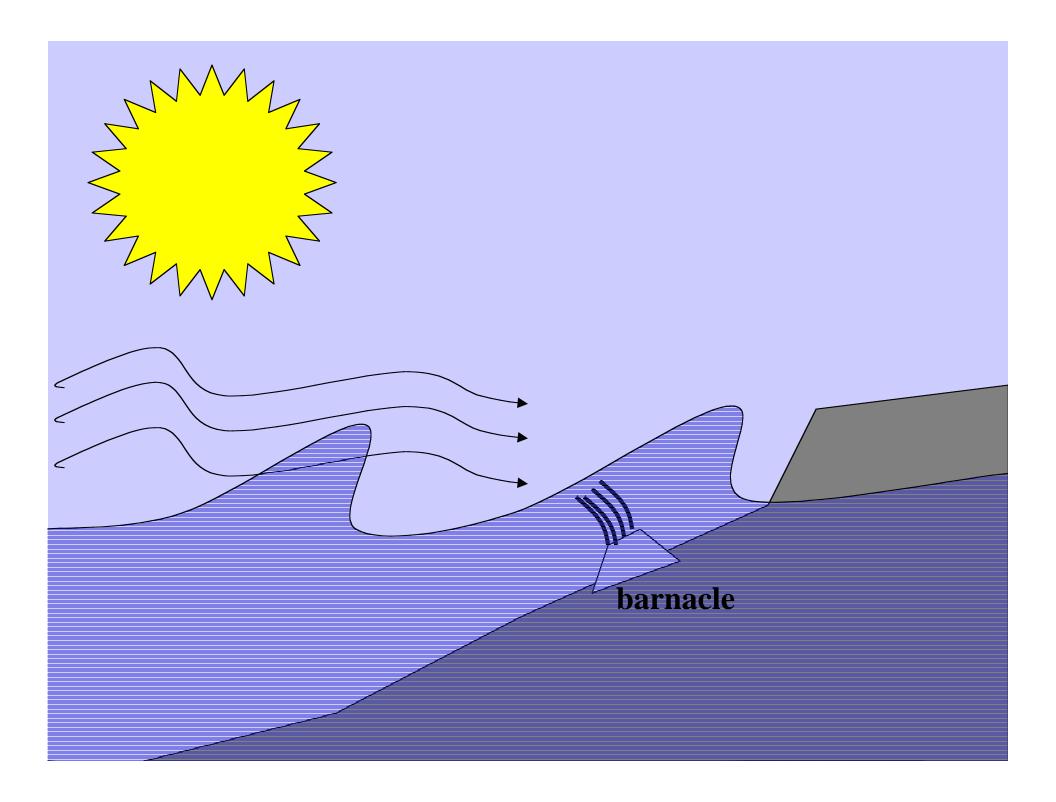


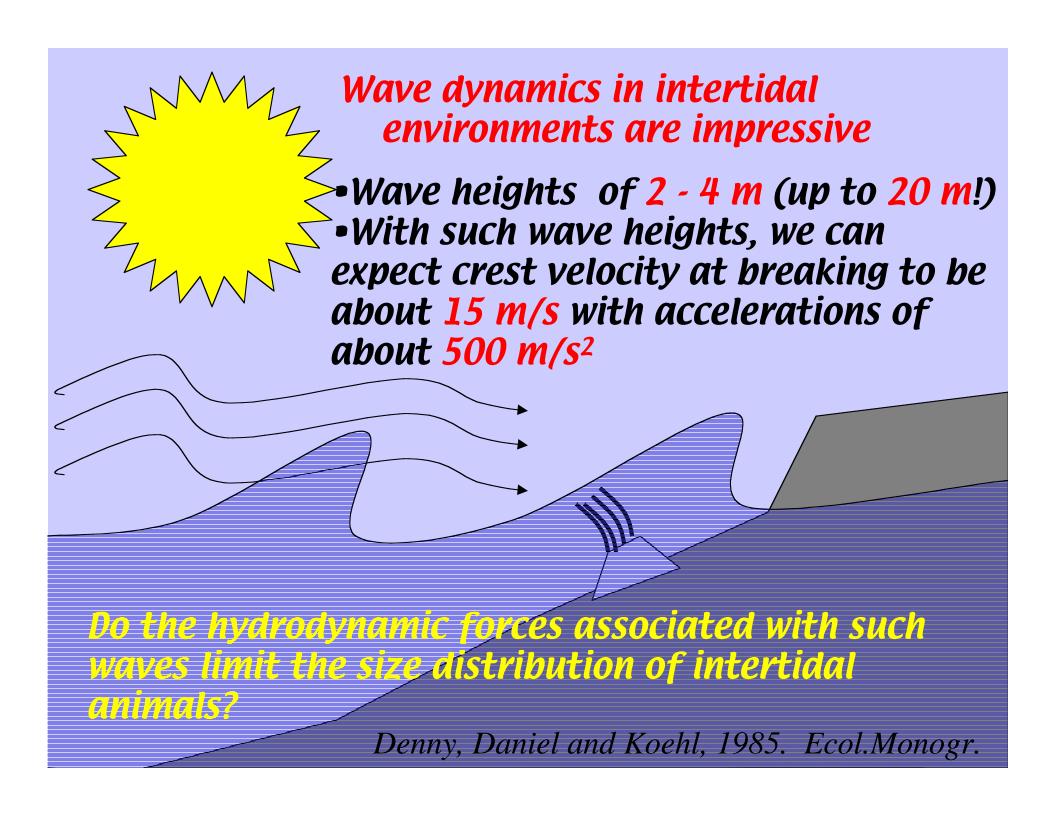
Do the forces imposed upon wave-swept organisms limit maximum body size?

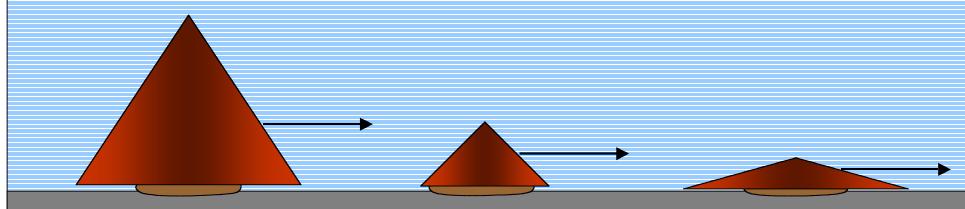












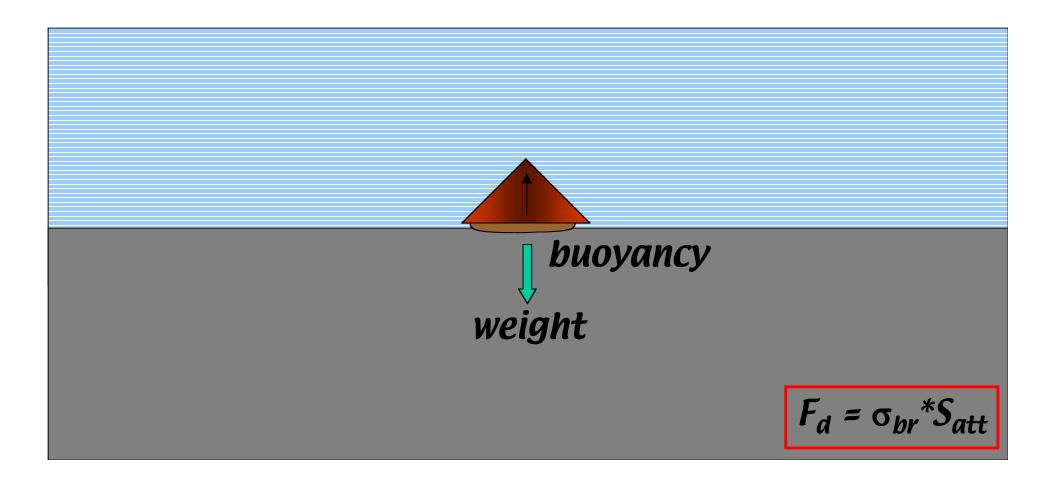
*One key observation: for a host of intertidal creatures, their strength does not depend on size -> only attachment area Strength (σ_{br}) = Dislodgement force/attachment area

What is the force resisting dislodgement? $F_d = \sigma_{br} * S_{att}$

What are the forces acting on this limpet?

weight =
$$mg$$

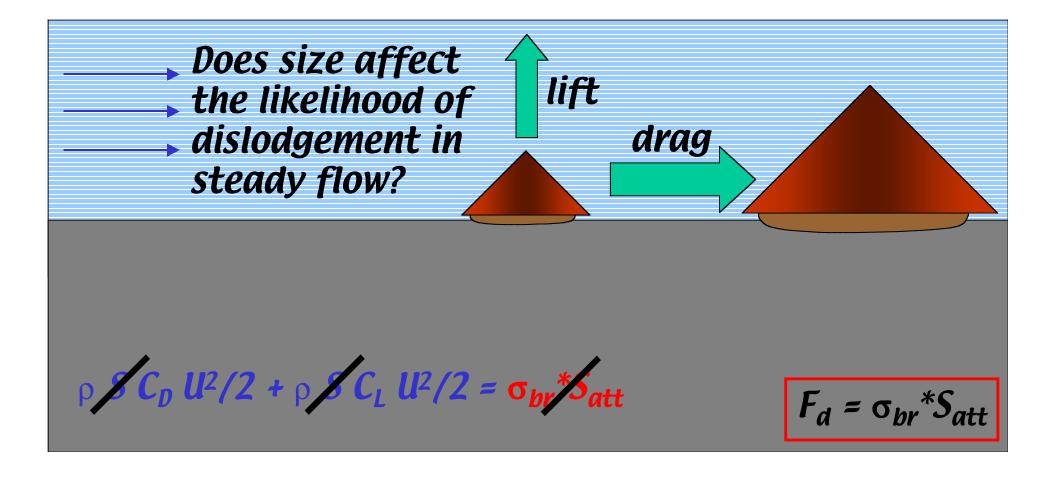
buoyancy = ρVg



What are the forces acting on this limpet?

drag =
$$\rho$$
 S C_D $U^2/2$
lift = ρ S C_L $U^2/2$

Geometrically similar creatures in steady flow cannot explain a size limit!

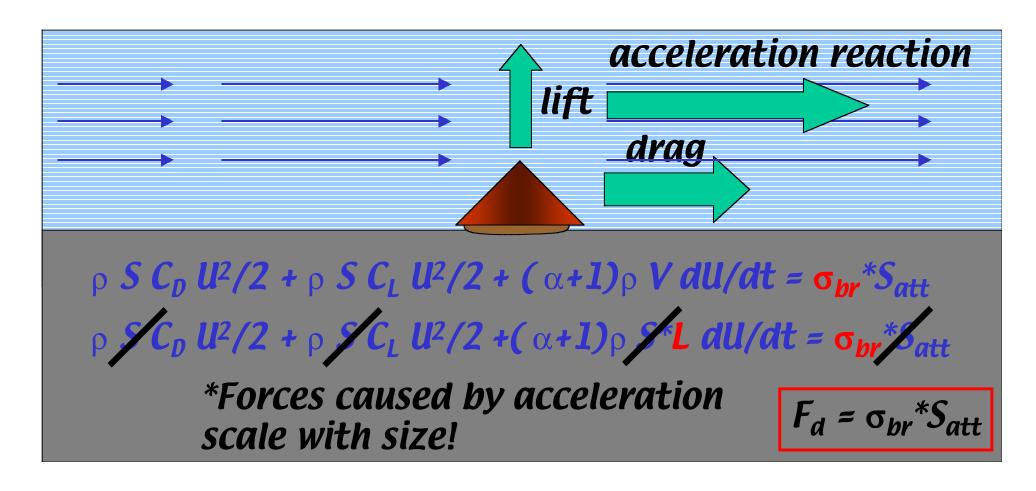


What are the forces acting on this limpet?

drag =
$$\rho$$
 S C_D $U^2/2$
lift = ρ S C_L $U^2/2$

acceleration reaction = αρ V dU/dt

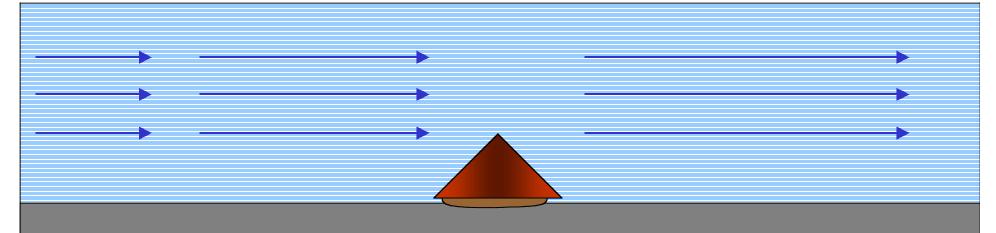
Does size affect the likelihood of dislodgement in unsteady flow?



Why be bigger?

$$\rho S C_D U^2/2 + \rho S C_L U^2/2 + (\alpha+1)\rho V dU/dt = \sigma_{br} *S_{att}$$

volume ∝ reproductive output!



May help: -ward off predators

-overgrow competitors

-survive drying/heating (less surface area/vol)

-survive damage from projectiles, etc.

-be more efficient metabolically

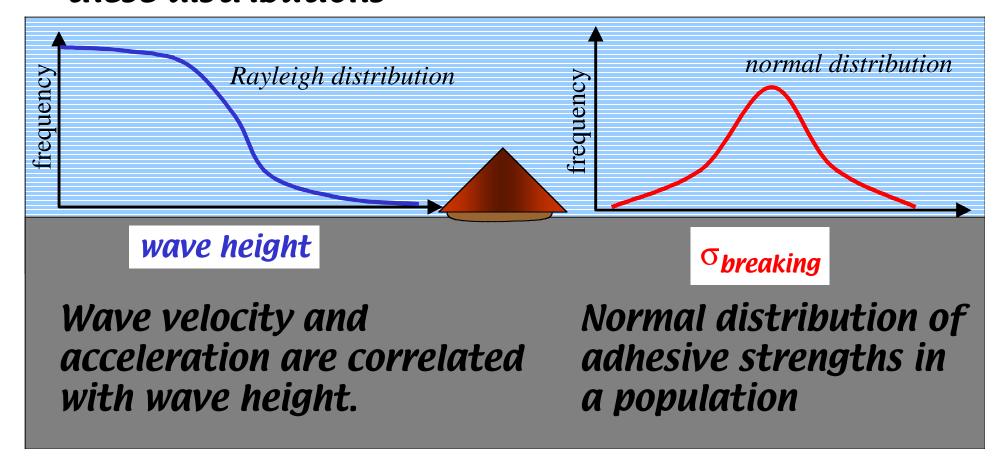
What is the probability of survival?

$$\rho S C_D U^2/2 + \rho S C_L U^2/2 + (\alpha+1)\rho V dU/dt = \sigma_{br} *S_{att}$$

*left hand side cannot exceed right hand side

Probability of survival depends on time and these distributions

 $P_s = f(time, distributions)$

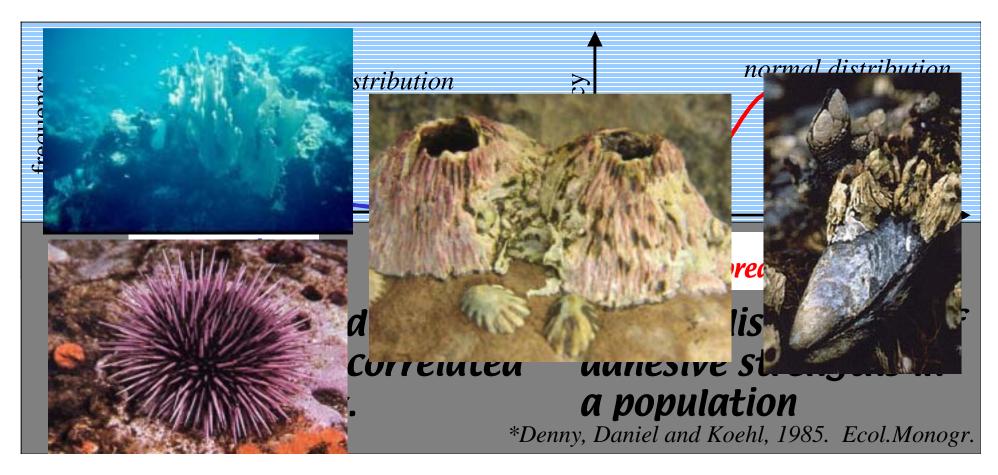


What is the probability of survival?

 $\rho S C_D U^2/2 + \rho S C_L U^2/2 + (\alpha+1)\rho V dU/dt = \sigma_{br} *S_{att}$

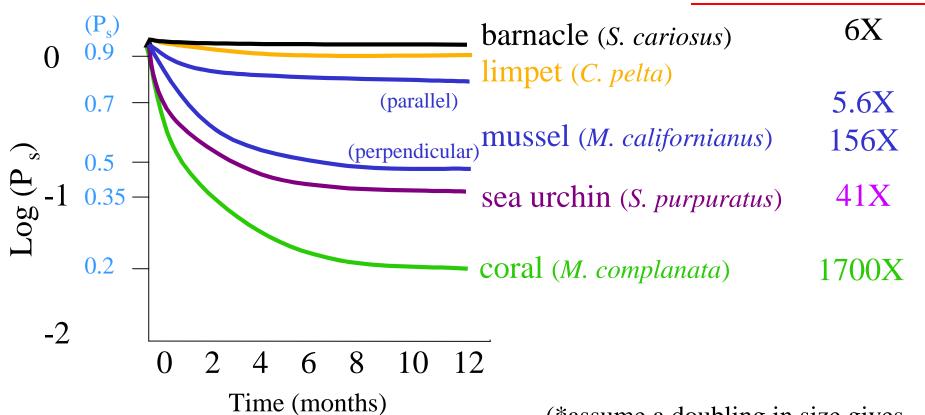
*Measured velocities and accelerations, coefficients of lift and drag, and added mass coefficients of several creatures

 $P_s = f(time, distributions)$



What is the probability of survival?

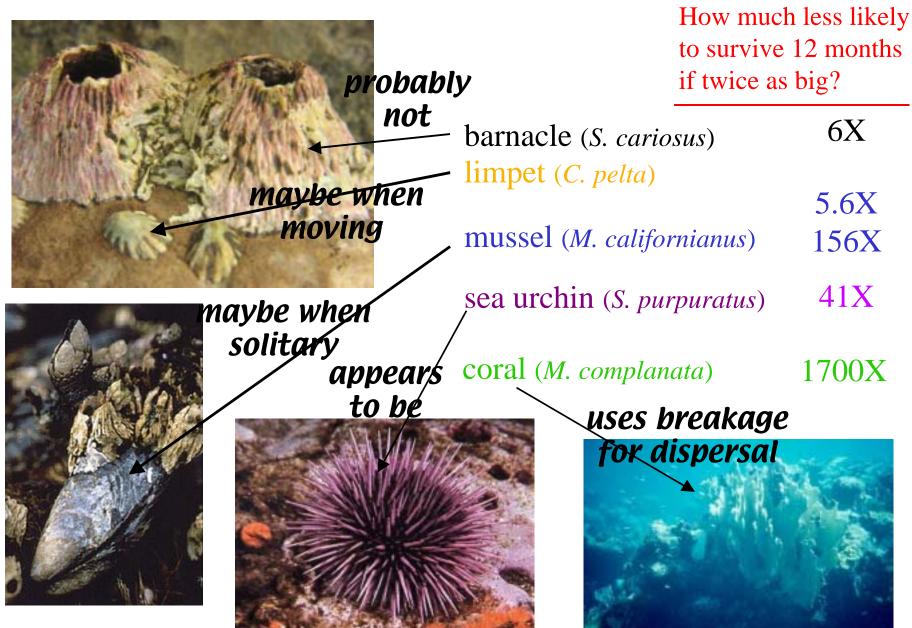
How much less likely to survive 12 months if twice as big?



(*assume a doubling in size gives 8X reproductive capacity per year)

Hand-drawn recreations from Denny, Daniel and Koehl, 1985. Ecol. Monogr.

Which animals may be mechanically size-limited?



Denny, Daniel and Koehl, 1985. Ecol. Monogr.